

La 10 Km del Golfo dei Poeti Cup

Data
Gara

17/09/2023
Competitiva 10K

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	7	NDIKUMANA CELESTIN		PM	1	A.S.D. ATLETICA FUTURA	BUR	00:29:16			
2	1	MEUCCI DANIELE		SM35	1	C.S. ESERCITO	ITA	00:29:45		+29	
3	5	LATAM ABDELLAH		SM	1	ASD INTERNATIONAL	MAR	00:30:01		+45	
4	3	AMANIEL FREEDOM		SM	2	X-SOLID SPORT LAB ASD	ERI	00:30:11		+55	
5	8	BUKURU LEONCE		PM	2	COSENZA K42	BUR	00:30:45		+1:29	
6	12	ANGELINI SAMUELE		SM	3	ATLETICA ARCOBALENO	ITA	00:31:21		+2:05	
7	6	ZERRAD MOHAMED		SM	4	ASD ATL. VOMANO	ITA	00:31:50		+2:35	
8	31	GRIECO VINCENZO		SM	5	ATL. CASTELLO	ITA	00:32:01		+2:45	
9	4	GEMETTO VALENTINA		SF	1	DK RUNNERS MILANO	ITA	00:33:12		+3:56	
10	9	OMOSA TERESIAH KWAMBOKA		SF	2	CAIVANO RUNNERS	KEN	00:33:20		+4:05	
11	2	SELVA GIOVANNA		SF	3	C.S. CARABINIERI SEZ.	ITA	00:33:26		+4:11	
12	40	BASSO NICOLO'		SM	6	ATLETICA ARCOBALENO	ITA	00:33:49		+4:33	
13	10	MUKANDANGA CLEMENTINE		SF35	1	G.S. ORECCHIELLA	RWA	00:33:55		+4:39	
14	38	CHAKOUR NOUR EDDINE		SM45	1	TEAM 42195	ITA	00:34:35		+5:19	
15	18	SAGRAMONI MARCO		SM40	1	G.P. PARCO ALPI APUANE	ITA	00:34:58		+5:43	
16	35	BERTAGNA MANUEL		PM	3	ASD ATLETICA ALTA TOSCANA	ITA	00:35:08		+5:52	
17	19	CAPORELLO GIUSEPPE PAOLO		SM	7	ATLETICA LEVANTE	ITA	00:35:09		+5:54	
18	15	VANNI NICOLA		SM	8	G.P. PARCO ALPI APUANE	ITA	00:35:26		+6:10	
19	16	ZANO LINO		SM45	2	SPEZIA MARATHON DLF	ITA	00:35:50		+6:34	
20	13	FRANCESCHINI ALICE		SF	4	ASD ATLETICA SPEZIA	ITA	00:35:54		+6:39	
21	34	AIMAR PAOLO		SM	9	DK RUNNERS MILANO	ITA	00:36:14		+6:58	
22	28	TUCCIA PIERLUIGI		SM35	2	AVELLINO RUNNER	ITA	00:36:19		+7:04	
23	21	CIBEI MARGHERITA		SF	5	ASD ATLETICA ALTA TOSCANA	ITA	00:36:37		+7:21	
24	23	MATTEI ADRIANO		SM45	3	G.P. PARCO ALPI APUANE	ITA	00:37:04		+7:48	
25	128	SANTI NICO		SM50	1	G.S. ORECCHIELLA	ITA	00:37:22		+8:07	
26	32	PICCINOTTI LORENZO		SM	10	SPEZIA MARATHON DLF	ITA	00:37:47		+8:32	
27	25	ANCHESI ZIVAGO		SM45	4	G.P. PARCO ALPI APUANE	ITA	00:37:54		+8:38	
28	174	CAZZARO MANUEL		SM	11	RUN CARD	ITA	00:38:00		+8:45	
29	36	ALDROVANDI ANDREA		SM45	5	9.92 RUNNING ASD	ITA	00:38:09		+8:54	
30	27	FERRARI TIZIANO		SM	12	PRO AVIS CASTELNUOVO	ITA	00:38:09		+8:54	
31	22	D'APRILE PIETRO		SM35	3	ASD POD. FAGGIANO V.P.	ITA	00:38:18		+9:03	
32	50	CERVI RICCARDO		SM50	2	A.S. ATLETICA SARZANA	ITA	00:38:30		+9:15	
33	99	PETTIROSSO MARCO		JM	1	ASD ATLETICA SPEZIA	ITA	00:38:33		+9:17	
34	24	FANANI MICHELANGELO		SM55	1	G.S. ORECCHIELLA	ITA	00:38:34		+9:19	
35	33	COPPOLA CARMINE		SM35	4	A.S.D. GOLFO DEI POETI	ITA	00:38:37		+9:21	
36	170	DEL RIO MARIO		SM55	2	SPEZIA MARATHON DLF	ITA	00:38:43		+9:28	
37	106	SAVASTANO MARCO		SM50	3	RUN CARD	ITA	00:39:00		+9:44	
38	181	BECCHETTI MAURO		SM40	2	PODISTICA SAVONESE	ITA	00:39:06		+9:51	
39	184	TOMA MIRCO		SM45	6	G.P. PARCO ALPI APUANE	ITA	00:39:20		+10:04	
40	39	SCANZIANI MARCO		SM35	5	POLISPORTIVA MOVING S.S.D.	ITA	00:39:28		+10:12	
41	125	GARDELLI ELEONORA		SF35	2	POLISPORTIVA MOVING S.S.D.	ITA	00:39:28		+10:12	
42	37	PIZZO FABIO		SM	13	A.S. ATLETICA VIRTUS LUCCA	ITA	00:39:34		+10:18	
43	57	SALOTTI LUCA		SM40	3	G.P. PARCO ALPI APUANE	ITA	00:39:36		+10:21	
44	183	GERMINIASI MASSIMILIANO		SM55	3	RUN CARD	ITA	00:39:49		+10:33	
45	77	MICCHI MARTA		SF	6	G.P. PARCO ALPI APUANE	ITA	00:40:05		+10:49	
46	79	REVERDITO FABIO		SM	14	RUN CARD	ITA	00:40:08		+10:52	
47	107	SERRA PIERPAOLO		SM50	4	ASD ATLETICA SPEZIA	ITA	00:40:10		+10:54	
48	122	ROSSETTI GIANCARLO		SM50	5	RUNNING STATION TEAM ASD	ITA	00:40:18		+11:02	
49	147	SCIMONE ENRICO		SM35	6	A.D. POL ODYSSEUS MESSINA	ITA	00:40:21		+11:05	
50	69	MOGGIA SIMONE		SM35	7	RUN CARD	ITA	00:40:45		+11:30	
51	67	COLTELLI ALICE		SF35	3	G.P. PARCO ALPI APUANE	ITA	00:40:49		+11:33	
52	59	GANGI ANGELO		SM45	7	RUN CARD	ITA	00:40:54		+11:39	
53	20	BRIZZI GIADA		SF	7	ASD ATLETICA ALTA TOSCANA	ITA	00:41:01		+11:46	
54	192	ANDREAZZOLI MAURIZIO		SM50	6	ASD ATLETICA ALTA TOSCANA	ITA	00:41:16		+12:01	
55	112	BASTIANELLI GIANLUCA		SM55	4	RUNNING STATION TEAM ASD	ITA	00:41:18		+12:03	
56	126	DADDOVERI MASSIMO		SM45	8	G.S. ORECCHIELLA	ITA	00:41:19		+12:03	
57	64	FERRARINI FEDERICO		SM50	7	G.P. PARCO ALPI APUANE	ITA	00:41:25		+12:10	

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
58	56	MARGHERITO ANDREA		SM35	8	SPEZIA MARATHON DLF	ITA	00:41:27		+12:11	
59	102	PANETTIERI EMMA		JF	1	ASD ATLETICA SPEZIA	ITA	00:41:32		+12:16	
60	176	RE NICCOLÒ		SM35	9	RUN CARD	ITA	00:41:34		+12:18	
61	75	ALBANI JACOPO		SM35	10	A.S.D. GOLFO DEI POETI	ITA	00:41:43		+12:27	
62	154	MAZZINI TOMMASO ALBERTO		SM40	4	RUN CARD	ITA	00:41:46		+12:30	
63	153	CERVONE ERMANNO		SM60	1	ASD ATLETICA ALTA TOSCANA	ITA	00:41:48		+12:32	
64	142	FARINA GIOVANNI LUCA		SM	15	A.S.D. CAMPOBELLO CORRE	ITA	00:41:56		+12:40	
65	94	RICCI MICHELE		SM40	5	RUN CARD	ITA	00:42:01		+12:45	
66	194	MASONI MATTEO		SM55	5	ATL. CASTELLO	ITA	00:42:05		+12:50	
67	51	BERNARDINI MASSIMILIANO		SM50	8	POLISPORTIVA SANT'ORSO	ITA	00:42:08		+12:53	
68	92	SEGNINI STEFANO		SM40	6	ATL. ARCI FAVARO	ITA	00:42:19		+13:03	
69	144	MICCO MARIO		SM35	11	RUN CARD	ITA	00:42:25		+13:09	
70	82	CASSETTARI FRANCESCO		SM40	7	G.P. PARCO ALPI APUANE	ITA	00:42:27		+13:12	
71	161	BERTOLA ISMAELE		AM	1	ATLETICA CAIRO	ITA	00:42:32		+13:16	
72	90	SISTI GIACOMO		SM35	12	STRACARRARA	ITA	00:42:33		+13:17	
73	78	PANETTIERI LEONARDO		SM50	9	SPEZIA MARATHON DLF	ITA	00:42:44		+13:28	
74	158	ACUNZO VINCENZO		SM45	9	RUN CARD	ITA	00:42:44		+13:28	
75	11	NIYONEMERA ANGELIQUE		JF	2	BURUNDI	BUR	00:42:55		+13:39	
76	84	BIAGIONI DAVIDE		SM45	10	STRACARRARA	ITA	00:42:57		+13:41	
77	131	ISOLA ROBERTO		SM70	1	ASD ATLETICA PISTOIA	ITA	00:42:59		+13:44	
78	167	STURNIOLO SANTINO		SM35	13	RUN CARD	ITA	00:43:03		+13:47	
79	100	GUERRA MASSIMO		SM55	6	ASD ATLETICA SPEZIA	ITA	00:43:10		+13:54	
80	186	GAGLIARDI RODOLFO		SM60	2	CREMONACORRE ASD	ITA	00:43:15		+13:59	
81	74	RICCO NELSON		SM	16	SPEZIA MARATHON DLF	ITA	00:43:40		+14:24	
82	113	BERTELLA EMILIANO		SM45	11	RUNNING STATION TEAM ASD	ITA	00:43:47		+14:32	
83	185	BATTELLI IRIS		AF	1	ASD ATLETICA ALTA TOSCANA	ITA	00:44:25		+15:09	
84	73	BRUNI SIMONE		SM40	8	ASD SAN GIULIANO SPORT	ITA	00:44:28		+15:12	
85	30	PAGANINI LILIANA		SF45	1	ASD GRUPPO CITTA DI	ITA	00:44:40		+15:25	
86	108	PELLEGRINI ISABELLA		SF50	1	ASD ATLETICA SPEZIA	ITA	00:44:54		+15:39	
87	132	BARBERA MATTEO		SM40	9	A.S.D. GOLFO DEI POETI	ITA	00:44:57		+15:42	
88	155	BONATI DEBORAH		SF50	2	STRACARRARA	ITA	00:45:01		+15:46	
89	29	PAOLICCHI MARTINA		SF	8	DK RUNNERS MILANO	ITA	00:45:13		+15:58	
90	118	MALAGNINO RICCARDO		SM	17	RUNNING STATION TEAM ASD	ITA	00:45:23		+16:07	
91	190	PERCOPO MASSIMO		SM55	7	A.S. ATLETICA SARZANA	ITA	00:45:29		+16:13	
92	72	LUPICCOLO TOMMASO		SM60	3	ATL. CASTELNOVO MONTI	ITA	00:45:31		+16:16	
93	137	ANTINOLI GIULIA		SF	9	RUN CARD	ITA	00:45:39		+16:24	
94	41	BARATTA MARTINA		SF45	2	G.P. PARCO ALPI APUANE	ITA	00:45:51		+16:36	
95	157	MONDINI PAOLO		SM50	10	CAMBIASO RISSO RUNNING	ITA	00:45:57		+16:41	
96	53	FABBRI MASSIMO		SM45	12	RUN CARD	ITA	00:46:15		+17:00	
97	134	TORPIA PAOLO		SM50	11	A.S.D. GOLFO DEI POETI	ITA	00:46:26		+17:11	
98	162	GARRITANO SALVATORE		SM45	13	SPEZIA MARATHON DLF	ITA	00:46:29		+17:14	
99	151	CANTARELLI MARIO		SM50	12	SPEZIA MARATHON DLF	ITA	00:46:33		+17:17	
100	121	PUNTELLI EURO		SM70	2	RUNNING STATION TEAM ASD	ITA	00:46:34		+17:18	
101	62	TIMELLI DANILO		SM40	10	C.U.S. PARMA	ITA	00:46:49		+17:34	
102	196	DEL GIUDICE DAVIDE		SM50	13	G.S. ORECCHIELLA	ITA	00:46:51		+17:35	
103	160	ANTONINI LORENZO		SM55	8	A.S.D. GOLFO DEI POETI	ITA	00:46:58		+17:42	
104	187	TORRI LUCIANO		SM55	9	ASD POLISPORTIVA	ITA	00:47:01		+17:46	
105	80	GNETTI BENEDETTA		SF45	3	STRACARRARA	ITA	00:47:01		+17:46	
106	188	CAPETTA FABRIZIO		SM55	10		ITA	00:47:03		+17:47	
107	168	GIAVARINI CARLO		SM55	11	STRACARRARA	ITA	00:47:04		+17:48	
108	171	LEONE ROBERTO		SM35	14	SPEZIA MARATHON DLF	ITA	00:47:07		+17:51	
109	103	STRAISTARU DIANA		JF	3	ASD ATLETICA SPEZIA	ITA	00:47:13		+17:58	
110	163	PORTUNATO RENATO		SM45	14	SPEZIA MARATHON DLF	ITA	00:47:37		+18:21	
111	81	RADATTI SIMONA		SF	10	G.S. ORECCHIELLA	ITA	00:47:46		+18:30	
112	76	PETRALLI IACOPO		SM45	15	ASD SAN GIULIANO SPORT	ITA	00:47:46		+18:30	
113	164	CIAMPI ANTONIO		SM50	14	RUN CARD	ITA	00:47:48		+18:32	
114	189	CAMAÏORA ACHILE IVANO		SM60	4	A.S. ATLETICA SARZANA	ITA	00:47:54		+18:38	
115	63	RUSSO ANDREA		SM50	15	MARATONETI GENOVESI	ITA	00:47:59		+18:43	
116	65	BANCAROTTA MARCELLO		SM50	16	G.S. ORECCHIELLA	ITA	00:48:00		+18:45	
117	115	COLOMBAN ADRIANO		SM45	16	RUNNING STATION TEAM ASD	ITA	00:48:33		+19:17	
118	173	GILBERTO GIUSEPPE		SM45	17		ITA	00:48:50		+19:35	
119	197	BUONRIPOSI SIMONE		SM	18	RUN CARD	ITA	00:48:52		+19:36	
120	88	GAMBA FABRIZIO		SM50	17	RUN CARD	ITA	00:48:52		+19:36	

Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
121	110	ALBANI DAVIDE		SM55	12	RUNNING STATION TEAM ASD	ITA	00:48:53		+19:37	
122	139	CHIAVACCI ANDREA		SM50	18	RUNNING STATION TEAM ASD	ITA	00:48:54		+19:38	
123	130	SIMONCINI STEFANO		SM45	18	A.S.D. GOLFO DEI POETI	ITA	00:48:55		+19:39	
124	165	ZAVANELLA VITTORIO		SM65	1	CAMBIASO RISSO RUNNING	ITA	00:48:59		+19:43	
125	120	MASSARO GIUSEPPE		SM35	15	RUNNING STATION TEAM ASD	ITA	00:49:02		+19:46	
126	177	NASTELLI CIRO		SM40	11	RUN CARD	ITA	00:49:02		+19:47	
127	58	INGLESE LAURENT		SM40	12	RUN CARD	ITA	00:49:16		+20:00	
128	152	GIUGNI LUISA		SF50	3	CAMBIASO RISSO RUNNING	ITA	00:49:24		+20:08	
129	143	BRIZIOLI ANNA		SF65	1	MARATONETI GENOVESI	ITA	00:49:41		+20:25	
130	166	PERTOSA GIUSEPPE		SM45	19		ITA	00:50:04		+20:48	
131	55	BUONOMO PINA		SF50	4	A.S. ATLETICA SARZANA	ITA	00:50:15		+21:00	
132	83	GIANNESE GINO		SM60	5	G.P. MARCIATORI COGLIATE	ITA	00:50:24		+21:08	
133	180	GUASTINI ALESSIO		SM35	16	RUN CARD	ITA	00:51:04		+21:48	
134	149	BIAGIONI CRISTINA BARBARA		SF55	1	G.S. ORECCHIELLA	ITA	00:51:34		+22:18	
135	114	BIGARELLA LUCIA		SF60	1	RUNNING STATION TEAM ASD	ITA	00:51:39		+22:23	
136	179	FANTOZZI MARCO		SM45	20	9,92 RUNNING ASD	ITA	00:51:45		+22:29	
137	198	CECCHINELLI TIZIANA		SF50	5	ATL. ARCI FAVARO	ITA	00:52:04		+22:48	
138	119	MANZO DAVIDE		SM40	13	RUNNING STATION TEAM ASD	ITA	00:52:07		+22:51	
139	101	HINRICHSEN ILARIA		SF	11	ASD ATLETICA SPEZIA	ITA	00:52:07		+22:51	
140	111	ALBANI MASSIMO		SM50	19	RUNNING STATION TEAM ASD	ITA	00:52:23		+23:08	
141	52	BOLOGNESI RICCARDO		SM45	21	ATLETICA CASCINA	ITA	00:52:43		+23:28	
142	127	BENACCI FRANCESCO		SM45	22	A.S.D. GOLFO DEI POETI	ITA	00:52:46		+23:31	
143	193	SARDO GIOVANNI		SM65	2	G. P. DILETT. TAPPOROSSO	ITA	00:53:23		+24:07	
144	71	CECCHINELLI MANUEL		SM55	13	A.S.D. GOLFO DEI POETI	ITA	00:53:41		+24:26	
145	70	GIUMELLI ANDREA		SM40	14	A.S.D. GOLFO DEI POETI	ITA	00:53:48		+24:33	
146	182	LUVIE MARCO		SM	19	RUN CARD	ITA	00:54:18		+25:03	
147	68	VALENTINI FRANCESCO		PM	4	ASD ATLETICA SPEZIA	ITA	00:54:31		+25:15	
148	61	TAVONI VALENTINA		SF45	4	RUN CARD	ITA	00:54:33		+25:18	
149	178	TESTAI HYUN SOOK VERONI		SF55	2	9,92 RUNNING ASD	ITA	00:54:38		+25:23	
150	124	GUIDOTTI FIORENZA		SF70	1	RUNNING STATION TEAM ASD	ITA	00:54:47		+25:31	
151	95	MERGOTTI MASSIMO		SM50	20	RUN CARD	ITA	00:54:55		+25:40	
152	159	ROMANO STEFANO		SM55	14	RUNNING STATION TEAM ASD	ITA	00:55:08		+25:53	
153	60	LOBASCIO VALENTINA		SF35	4	RUN CARD	ITA	00:55:18		+26:02	
154	140	MARIOTTI MARCO		SM35	17	A.S.D. GOLFO DEI POETI	ITA	00:55:19		+26:04	
155	141	SCAPPAZZONI MASSIMO		SM55	15	SPEZIA MARATHON DLF	ITA	00:55:46		+26:31	
156	195	SANTINI CHIARA		SF55	3	ATL. ARCI FAVARO	ITA	00:56:00		+26:45	
157	172	ORZINCOLO MATTEO		SM35	18	RUN CARD	ITA	00:56:08		+26:52	
158	138	BIANCHI SILVIA		SF50	6	RUNNING STATION TEAM ASD	ITA	00:56:28		+27:12	
159	54	TARTARINI CARLO		SM55	16	RUN CARD	ITA	00:56:29		+27:14	
160	89	NEGRI PATRIZIA		SF65	2	MARATHON CLUB IMPERIA	ITA	00:56:39		+27:24	
161	150	BINI LUCA GIOVANNI		SM55	17	G.S. ORECCHIELLA	ITA	00:56:51		+27:35	
162	191	MENGHINI FRANCESCO		SM55	18	ATL. ARCI FAVARO	ITA	00:56:56		+27:41	
163	123	TREZZI LUCIANO		SM70	3	RUNNING STATION TEAM ASD	ITA	00:58:47		+29:32	
164	104	VERGASSOLA ELENA		SF40	1	ASD ATLETICA SPEZIA	ITA	00:58:55		+29:40	
165	117	FIORITO ALBERTO		SM60	6	RUNNING STATION TEAM ASD	ITA	00:59:20		+30:05	
166	66	DI MATTIA DAVIDE		SM40	15	PASSO CAPPONI ASD	ITA	01:01:04		+31:48	
167	91	ORLANDI MARTINA		SF35	5	RUN CARD	ITA	01:01:18		+32:03	
168	169	AMBROSINI ROSANNA		SF55	4	STRACARRARA	ITA	01:01:27		+32:12	
169	146	BENEDETTO MARCO		SM80	1	ATLETICA SETTIMESE	ITA	01:04:22		+35:06	
170	96	CARLINI VALENTINA		SF55	5	G.A.U. GIOVANI AMICI UNITI	ITA	01:12:51		+43:35	
171	135	ROMANO RICCARDO		SM55	19	A.S.D. GOLFO DEI POETI	ITA	01:12:57		+43:42	
172	97	CARLINI ILARIA		SF55	6	G.A.U. GIOVANI AMICI UNITI	ITA	01:16:26		+47:11	