

3 x1000 ES010 M/F								
1 frazione		2 frazione			3 frazione			Squadra
N°	tempo	N°	tempo tot.	parz.	N°	tempo tot.	parz.	
19	4:03.0	19	8:22.9	4:19.1	19	12:17.0	3:56.6	Varazze A M10
1	4:06.6	3	8:25.7	4:18.1	20	12:44.3	4:02.6	Spezia Marathon A M10
20	4:07.0	10	8:28.5	4:09.6	3	12:49.5	4:23.6	Duferco A F10
3	4:07.6	20	8:41.6	4:34.1	10	12:51.5	4:26.0	Celle A F10
10	4:15.9	40	8:45.9	4:29.1	5	12:53.8	3:58.1	Don Bosco A F10
40	4:16.5	5	8:55.0	4:33.6	40	12:54.6	4:08.6	Trionfo A F10
4	4:16.8	4	8:57.0	4:40.6	4	13:05.7	4:08.1	Don Bosco A M10
5	4:21.2	12	8:58.6	4:32.0	12	13:19.4	4:20.6	Trionfo B F10
13	4:24.1	13	9:16.5	4:52.1	13	13:45.5	4:29.0	Spezia Marathon A F10
12	4:26.6	9	9:25.1	4:47.6	9	14:21.5	4:56.1	CFSSD Cogoleto Atletica F10
6	4:36.6	6	9:43.5	5:06.6	6	14:22.6	4:39.1	Atletica Levante A F10
9	4:37.5	15	10:57.7	5:21.1	15	15:57.8	5:00.1	Spezia Marathon G F10
15	5:36.3							

3 x1500 RAGAZZI/E								
1 frazione		2 frazione			3 frazione			Squadra
N°	tempo	N°	tempo tot.	parz.	N°	tempo tot.	parz.	
15	5:53.9	19	11:58.4	5:49.6	5	18:03.4	6:05.0	CUS GE A
4	6:00.3	28	12:02.9	5:55.0	26	18:04.7	5:57.1	Spezia Marathon A
26	6:04.4	26	12:07.1	6:02.6	28	18:08.8	6:05.6	Spezia Marathon B
28	6:07.9	4	12:22.6	6:22.1	15	18:18.6	5:47.6	Maurina A
19	6:11.5	15	12:30.8	6:36.6	4	18:21.4	5:58.6	Bordighera A
24	6:19.9	5	12:35.1	6:08.6	23	18:24.5	5:48.6	Cogoleto A
10	6:21.2	23	12:35.9	6:12.1	20	18:32.0	5:30.6	Atletica Levante G
14	6:22.2	20	13:01.4	6:29.6	25	19:17.5	6:13.1	Trionfo A
23	6:23.4	25	13:04.1	6:36.6	1	19:33.1	6:09.6	Citta' di Genova A ragazze
11	6:25.7	14	13:06.5	6:44.1	11	19:36.8	6:18.6	Duferco A
5	6:26.5	11	13:17.9	6:52.1	24	19:42.4	6:20.6	Varazze A
25	6:27.2	10	13:18.8	6:57.1	14	19:43.8	6:37.1	Maurina A ragazze
20	6:31.6	24	13:21.7	7:01.6	22	19:55.6	6:18.1	Cogoleto B
1	6:35.9	1	13:23.8	6:47.6	10	19:57.3	6:38.6	Duferco A ragazze
22	6:40.6	18	13:24.2	6:34.1	6	20:08.9	6:20.1	CUS GE A ragazze
6	6:44.2	22	13:37.5	6:57.0	2	20:23.0	6:44.0	Varazze A
3	6:48.8	2	13:39.0	6:44.6	18	20:25.8	7:01.1	Universale A ragazze
27	6:49.4	6	13:48.8	7:04.1	3	21:12.9	6:49.1	Bordighera A ragazze
18	6:50.1	9	13:57.8	6:46.1	27	21:17.9	7:20.1	Spezia Marathon A ragazze
2	6:54.4	27	14:17.3	7:28.1	9	21:29.8	7:32.0	4 Jumps ragazze
9	7:11.3	3	14:23.8	7:35.0	7	21:43.3	6:55.6	Spezia Marathon A ragazze
8	7:14.0	8	14:46.0	7:32.0	8	21:48.9	7:02.1	4 Jump A ragazze
7	7:15.6	7	14:47.4	6:44.6	13	23:49.5	7:58.6	Duferco G ragazze
13	7:48.8	13	15:50.8	8:02.0				

3 x1500 CADETTI/E								
1 frazione		2 frazione			3 frazione			Squadra
N°	tempo	N°	tempo tot.	parz.	N°	tempo tot.	parz.	
24	5:23.8	20	10:36.2	5:18.6	29	15:56.3	5:07.1	Universale D. Bosco A
29	5:31.0	29	10:41.7	5:37.1	20	15:58.6	5:17.1	Duferco A
19	5:33.1	19	10:47.3	5:25.6	30	16:21.6	5:27.6	Ceriale A
20	5:36.9	24	11:07.8	6:07.1	19	16:24.4	5:08:6	Acquirunners A
17	5:37.2	30	11:11.5	5:52.0	24	16:34.5	5:25.6	Maurina A
27	5:47.5	17	12:02.6	6:11.6	17	16:55.0	5:48.0	Bordighera A
22	5:48.3	22	12:32.1	6:39.0	14	17:26.2	5:44.1	Atletica Levante M
23	5:51.2	14	12:37.7	6:27.6	22	17:35.2	6:11.0	Duferco A cadette
18	5:52.2	23	12:53.1	6:37.6	23	17:56.0	6:41.1	Varazze A
14	5:53.6	18	13:18.6	6:25.6	27	18:13.4	6:40.6	RunFinale A
21	5:55.3	27	14:15.8	7:19.0	39	18:26.3	7:24.6	Trionfo A
30	6:03.6	39	15:13.5	7:53.6	40	18:32.1	8:32.0	Spezia Marathon A cadette
40	6:10.5	40	10:36.2	5:18.6	18	18:34.9	5:07.1	Atletica Levante N cadette
39	6:25.4	21	10:41.7	5:37.1	21	19:22.0	5:17.1	Varazze A cadette
16	6:44.4	16	10:47.3	5:25.6	16	21:18.0	5:27.6	Bordighera Cadette
11	7:03.9	25	11:07.8	6:07.1	25	21:49.8	5:08:6	Maurina Cadette
7	7:31.2	11	11:11.5	5:52.0	11	22:13.9	5:25.6	Atletica Levante A cadette
25	7:46.4	7	12:02.6	6:11.6	7	22:53.9	5:48.0	Spezia Marathon B cadette

3 x1500 ASSOLUTI M/F								
1 frazione		2 frazione			3 frazione			
N°	tempo	N°	tempo tot.	parz.	N°	tempo tot.	parz.	
19	4:41.7	19	9:30.5	4:48.4	19	14:15.8	4:48.3	Arcobaleno Savona A
30	4:47.6	17	9:48.7	4:55.6	17	14:28.2	4:39.6	CUS GE A
14	4:48.4	21	9:50.4	4:55.1	30	14:34.8	4:44.0	Trionfo L. A
34	4:52.2	30	9:50.8	5:03.1	21	14:59.4	5:09.0	Duferco A
17	4:52.9	12	10:02.3	5:09.6	20	15:20.1	5:01.6	Trionfo B
12	4:53.5	34	10:16.4	5:24.1	34	15:25.7	5:09.1	Arcobaleno Savona B
21	4:55.1	20	10:18.5	5:22.0	13	15:33.8	5:00.1	Atletica Levante E
20	4:56.5	13	10:33.22	5:24.2	12	15:39.5	5:37.1	Atletica Levante B
13	5:09.7	14	10:35.0	5:46.6	14	16:14.2	5:39.1	Acquirunners C
6	5:39.8	6	11:30.6	5:50.6	1	17:22.3	5:43.0	Duferco A donne
1	5:41.7	1	11:39.3	5:57.6	6	17:25.7	5:46.1	Arcobaleno Savona G donne
2	6:08.0	2	12:05.9	5:57.1	2	17:31.7	5:25.6	Atletica Levante donne H

3 x1500 MASTER M/F								
1 frazione		2 frazione			3 frazione			
N°	tempo	N°	tempo tot.	parz.	N°	tempo tot.	parz.	
30	5:04.2	2	10:36.2	5:18.6	2	15:43.6	5:07.1	Atletica Levante A
19	5:05.1	30	10:41.7	5:37.1	13	16:04.8	5:17.1	Atletica Levante C
2	5:17.7	13	10:47.3	5:26.6	30	16:09.3	5:27.6	Cambiaso R. A
27	5:19.5	19	11:07.8	6:02.1	19	16:16.0	5:08:6	Peralto A
13	5:20.8	27	11:11.5	5:56.0	27	16:37.2	5:25.6	Zena Runners A
12	5:50.8	12	12:02.6	6:11.6	12	17:50.6	5:48.0	Atletica Levante D
14	5:53.1	14	12:32.1	6:39.0	1	18:26.2	5:33.1	Cambiaso R. C
21	6:09.8	21	12:37.7	6:27.6	21	18:48.7	6:11.0	Cambiaso R. B
1	6:15.2	1	12:53.1	6:37.6	14	19:13.5	6:41.1	Maratoneti A
6	6:52.8	6	13:18.6	6:25.6	6	19:59.0	6:40.6	Atletica Levante donne I
17	6:56.8	17	14:15.8	7:19.0	17	21:40.2	7:24.6	Maratoneti Donne
34	7:19.7	34	15:13.5	7:53.6	34	23:54.5	8:32.0	Atletica Levante donne L