

Under-20 Women's Race

10:03

89 Entrants

26 Countries

Six to run, three to score

3812m – Start + 1 short lap + 2 long laps + Finish

(10m+970m+1440m+1346m+46m)

Age

- 504 BILO Marie BEL** 18y
1500 pb: 4:18.64 -22. 800 pb: 2:07.72 -22. ht WJC 1500 2022. 1 Belgian junior 1500 2021
In 2022: 3 Ciney 1500; 2 Antwerp 1500; 5 Oordegem IFAM national 800; 1 Oordegem Buyle 1500; 5 Belgian 800; 3 Heusden Night of Athletics national 800; 2 Huizingen Flanders Cup 1500; 14ht WJC 1500
- 507 ENKELS Hannah BEL** 17y
1500 pb: 4:31.33 -21. 3000 pb: 9:49.15 -22
In 2022: 13 Oordegem IFAM national 1500; 10 Oordegem Buyle 1500; 5 Sint-Niklaas 3000; 8 Heusden Night of Athletics national 800 'B'; 7 Ninove Flanders Cup 1500 'C'; 5 Brussels Diamond youth 1000
- 511 PENNEMANN Charlotte BEL** 17y
3000 pb: 9:29.96 -21. 1500 pb: 4:26.30 -21. 11 EJC 3000 3000 2021; 8 European Youth 3000 2022
In 2022: 3 Herentals 3000; 4 Mol 1500; 8 Antwerp 1500; 1 Vught Schulting Games 3000; 14 Oordegem Buyle 1500; 2 Sint-Niklaas 3000; 9 Belgian 1500; 8 European Youth 3000; 8 Kessel-Lo 1500; 1 Sint-Niklaas youth 1500; 1 Brussels Diamond youth 1000; 1 Belgian youth 3000; 2 Lyon 10K
- 517 VOET Julie BEL** 19y
10K pb: 35:04 -22. 5000 pb: 17:02.05 -22. 3000 pb: 9:54.44 -22. 1 Belgian junior 5000 2022
In 2022: 58 European Clubs Cup XC; 8 Lille 10K; 14ht Belgian 1500; 2 Heusden Night of Athletics national 1500 'C'; 5 Evergem 3000; 1 Belgian junior 5000; 1 Lille 5K; 2 Halluin 10K
- 521 BARTAKOVIC Lorena CRO** 18y
3000 pb: 9:52.30 -21. 1500 pb: 4:29.67 -21. 2 Balkan junior 1500 2022; At EXC: 2021-92J. 1 Croatian junior 1500 2021/2022
In 2022: 1 Croatian under-23 indoor 3000; 5 Balkan junior indoor 3000 (7 1500); 3 Croatian indoor 3000; 1 Zagreb 800 'B' (May 14); 3 Zagreb 800 (May 21); 3 Croatian 1500 (5 800); 1 Croatian junior 1500; 2 Balkan junior 1500; 10 Croatian 10K
- 524 HOSTKOVA Eliška CZE** 18y
5000 pb: 17:20.83 -22
In 2022: 2 Czech under-23 5000; 2 Sušice 3000 2022; 16 Oderzo 5K 2022; 1 Czech Junior Clubs 3000; 9 Czech 10K
- 528 HANSEN Klara DEN** 19y
5000 pb: 16:48.97 -22. 9 EJC 5000 2021. At EXC: 2019-72J
In 2022: 1 Copenhagen 10K; 1 Hillerød 5K; 2 Danish junior 5K; 1 Ronne 5000; 3 Danish 5000; 3 Nordic under-23 5000; 8 Tårnby 1500 'B'; 3 Danish junior XC
- 530 JØRGENSEN Marie-Louise DEN** 19y
5000 pb: 16:49.58 -22. 1500 pb: 4:35.65 -22. At EXC: 2021-86J. Danish junior 1500/5000/XC 2022
In 2022: 5 Danish indoor 1500 (6 3000); 2 Danish junior indoor 3000; 3 Esbjerg 3000; 5 Nordic junior 3000; 6 Nordic junior XC
- 531 KIPLAGAT KONDRUP Emma DEN** 18y
1500 pb: 4:30.54 -19. 800 pb: 2:13.10 -17. 1 Danish (senior) indoor 1500 2020. Father-Robert Kiplagat Andersen (1500m pb 3:31.17) transferred allegiance from Kenya to Denmark in the 1990s and famously defeated Hicham El Guerrouj over One Mile at the 1997 Grand Prix Final
In 2022: 3 Danish indoor 800; 3 Danish 800; 8 Mannheim Junior Gala 800; 8 Nordic junior 800; 4 Danish junior XC
- 532 KRISTENSEN Astrid My Rønde DEN** 18y
Half Mar pb: 72:03 -22. 5000 pb: 16:51.90 -22. At EXC: 2021-41J
In 2022: 3 Danish junior indoor 3000; 2 Hillerød 5K; 4 Danish 5000; dnf Nordic under-23 5000; 7 Copenhagen 5000; 20 Copenhagen Half Mar; 4 Danish junior 1500/500; dnf Nordic junior XC; 2 Danish junior XC
- 538 THØGERSEN Sofia DEN** 17y
2022 European Youth Champion at 3000m // 3000 pb: 9:16.43 -21. 1500 pb: 4:16.60 -22. 2 EJC 3000 2021; 1 European Youth 3000 2022 (3 2000SC). At EXC: 2021-15J. 1 Nordic junior XC 2022. 1 Danish [senior] 1500 2021/20221 (at age 15/16)
In 2022: 1 Danish indoor 1500/3000; 1 Danish youth indoor 800/1500; 1 Danish junior 5K; 4 Karlsruhe 'Long Run Night'; 2 Copenhagen Road Mile; 10 Copenhagen Games 3000; 1 Danish 1500; 1 European Youth 3000 (3 2000SC); 14 Tårnby 1500; 7 Copenhagen 1500; 5 Loughborough BMC 1500; 1 Odense 800; 1 Danish youth 2000SC; 2 Herlev 3000; 1 Nordic junior XC
- 546 CASTRO Antía ESP** 19y
(It is Antia not Anita)
Full name-Antia Castro Perez // 5000 pb: 17:03.94 -22. 3000 pb: 9:34.99 -22. 2 Spanish junior indoor 3000 2022 (3 outdoors). Coaches-Juan del Campo & Luis Miguel Martín Berlanas
In 2022: 15 Spanish junior XC; 2 Galician indoor 1500; 2 Spanish junior indoor 3000; 4 Fuenlabrada 1500; 6 Los Corrales de Buelna 5000; 1 Gijón 3000; 10 Ordizia 1500; 1 Cáceres 3000; 3 Spanish junior 3000
- 548 DOCAMPO Ines ESP** 19y
Full name-Ines Docampo Gamarra // 1500 pb: 4:36.42 -22. 5 Spanish junior 1500 2022. Coaches-Juan del Campo & Luis Miguel Martín Berlanas
In 2022: 5 Spanish junior 1500
- 550 FORERO Maria ESP** 19y
Full name-Maria Forero Pèrez
Fifth at 2022 World Junior 5000m // 5000 pb: 16:17.31 -22. 3000 pb: 9:25.14 -22. 3 European Youth Olympic Festival 3000 2019; 15 EJC 5000 2021; 5 WJC 5000 2022. At EXC: 2019-56J, 2021-13J. 1 Spanish junior 3000 2022. Coach-José Enrique Villacorta
In 2022: 4 Oeiras junior XC; 1 Iberian Trophy 5000; 10 Castellón 1500 'B'; 8 Spanish 5000; 1 Spanish junior; 5 WJC 5000
- 555 MENDIA Iraia ESP** 19y
Full name-Iraia Mendia Arrieta // 3000SC pb: 10:26.27 -22. 2 Spanish junior 3000SC 2022. Coach-Etor Mendia
In 2022: 8 Spanish junior XC; 8ht Spanish indoor 1500; 1 Spanish junior indoor 3000; 2 San Sebastián 3000; 1 Basque Country Champs 1500; 6 La Nucia Spanish Clubs 'Iberdrola' Division of Honour 3000SC; 12 Ordizia 1500; 2 Spanish junior 3000SC
- 564 SERRANO Marta ESP** 19y
Full name-Marta Serrano Azpiazu
World & European junior Steeplechase finalist
3000SC pb: 9:48.64 -22. 3000 pb: 9:26.83 -22. 1500 pb: 4:18.78 -22. Heptathlon pb: 4405 -20. 8 EJC 3000SC 2021; 6 WJC 3000SC 2021 (2022 -7). At EXC: 2021-19J. 1 Spanish junior 3000SC 2022. Coach/father-Antonio Serrano
In 2022: 2 Spanish junior XC; 1 Madrid City junior indoor 1500; 2 Nerja 1500; 1 Spanish Universities 1500; 1 L'Hospitalet de Llobregat 3000SC; 1 Madrid 2000SC; 2 La Nucia Spanish Clubs 'Iberdrola' Division of Honour 3000SC; 5 Castellón 1500 'B'; 3 Spanish 3000SC; 3 Spanish Autonomous 3000; 1 Spanish junior 3000SC; 7 WJC 3000SC
- 567 VICIOSA María ESP** 16y
Full name-María Viciosa Villa // 3000 pb: 9:49.87 -22. 1500 pb: 4:35.14 -22. 4 European Youth 2000SC 2022. She is one of eight children, seven of which are athletes. "It's like having a High Performance Centre at home" says father Isaac Viciosa (1 ECH 5000 98, former European record holder at 3000m). Coach-Eladio Barredo
In 2022: 2 Durango 3000; 3 Valladolid 800 (May 14); 1 Valladolid 1500 (May 28); 1 Valladolid Autonomous youth 3000 (Jun 4); 2 Spanish youth; 4 European Youth 2000SC; 1 Valladolid Road Mile (her elder sister Angela 2nd)
- 571 MONONEN Ilona FIN** 18y
2021 European Junior Champion at 3000m. In 2021/2022 she achieved the improbable feat of placing 5th and 3000m and 8th at 1500m for two consecutive World Junior Championships
5000 pb: 15:43.20 -22. 3000 pb: 9:02.00 -22. 1500 pb: 4:16.17 -22. 1 EJC 3000 2021; 5 WJC 3000 2021 (8 1500); 5 WJC 3000 2022 (8 1500). At EXC: 2021-4J. 1 Finnish 1500 2021. 1 Finnish indoor 1500/3000 2022. Coach-Mikko Rajaniemi says "Ilona is incredibly easy to train"
In 2022: 1 Finnish indoor 1500/3000; 1 Finnish junior indoor 800/3000; 1 Lahti 3000; 9 Manchester International 5000; 3 Espoo; 3 Kuortane Games 3000; 2 Oulu 5000; 2 Nordic junior; 5 WJC 3000 (8 1500); 18 ECH 5000; 1 Finnish junior 3000/5000; 4 SWE v FIN 5000; 1 Oderzo 'European U20' 5K
- 578 BURIDON Jade FRA** 18y
3000 pb: 10:29.93 -21. 1500 pb: 4:36.80 -21. 800 pb: 2:06.97 -22. 1 French junior indoor 800 2022. Coach-Jean-Marc Ducret
In 2022: 1 French junior indoor 800; 6 French junior CC XC; 1 Haguenau 400; 7 Montgeron 800; 3 Sarreguemines 400; 1 Forbach 800; 4 Montreuil 800; 7 Troyes 800; 4 Strasbourg 800; 6ht French 800; 3 Mannheim Junior Gala 800; 4 French junior 800
- 579 CHABOCHE Faustine FRA** 18y
5000 pb: 16:46.60 -22. 3000 pb: 9:41.68 -22. 1500 pb: 4:28.33 -22. 3 French junior 1500/3000 2022
In 2022: 9 Oeiras junior XC; 2 French junior XC; 1 Vénissieux 3000; 5 International Schools Gymnasiade 1500; 6 French Elite Club Championships 1500; 4 Oordegem IFAM national 1500; 1 Aubière 3000; 7 Décines-Charpieu 5000; 1 Aubière 3000; 7 Bron 800; 1 Clermont-Ferrand 1500; 1 Aubière 1000; 3 French junior 1500/3000; 11 Oderzo 'European U20' 5K; 1 Aubière 1000; 1 Saint-Etienne 1500; 1 Dijon 3000
- 582 DAJOUX Margot FRA** 17y
10K pb: 36:25 -22. 3000 pb: 9:49.30 -22. 1500 pb: 4:30.14 -22. 12 European Youth 2000SC 2022. At EXC: 2021-26J. Coach-Patrick Bringer
In 2022: 3 Oeiras junior XC; 2 French youth XC; 4 Vénissieux 1500; 5 International Schools Gymnasiade 2000SC; 5 French Elite Club Championships 3000; 1 French Middle Schools 1500; 1 Franconville Youth International 2000SC; 2 Aubière 3000; 12 European Youth 2000SC; 1 French youth 2000SC; 2 Vénissieux 5K; 2 Saint-Etienne 3000; 1 Dijon 2000SC; 2 Aubière 10K
- 585 LE CORRE Jade FRA** 17y
3000 pb: 9:37.47 -22. 1500 pb: 4:23.07 -22. 7 European Youth 1500 2022. At EXC: 2021-27J (where she was the youngest competitor). Coach-Cedric Beaurain
In 2022: 1 French youth XC; 1 Versailles 800 (2 3000); 3 Le Plessis Robinson 1500; 2 French Middle Schools 800; 6 Troyes 800; 13 Décines-Charpieu 1500; 1 Franconville Youth International 1500; 7 European Youth 1500; 1 French youth 1500; 1 Montreuil 3000; 13 Oderzo 'European U20' 5K

- 590 PARIS Thaïs FRA 19y**
3000 pb: 9:53.56 -22. 1500 pb: 4:29.92 -20. 1 French junior 3000 2021
In 2022: 10 Décines-Charpieu 1500 'C'; 9 Strasbourg 3000; 1 Epinal 1500; 2 French junior 3000; 1 Epinal 1500
- 594 TEMPLIER Fleur FRA 17y**
3000 pb: 9:38.50 -22. 1500 pb: 4:30.38 -22. 6 European Youth 3000 2022
In 2022: 4 French youth XC; 1 Montfort sur Meu 3000; 2 French Middle Schools 1500; 8 Carquefou 1500; 1 Franconville Youth International 3000; 6 European Youth 3000; 2 French youth 1500; 5 Oderzo 'European U20' 5K
- 598 BATES Alice GBR 17y**
3000 pb: 9:41.15 -22. 1500 pb: 4:25.66 -22. 12 European Youth 1500 2022. Coach-Shane Smith
In 2022: 8 Lee Valley BMC 3000; 14 English Schools XC; 1 Watford open 3000; 4 Birmingham University BMC Grand Prix 'B'; 8 Watford BMC Gold Standard; 6 Watford International BMC 'C'; 1 Kettering 800 (Jun 14); 1 Kettering 1000 (Jun 28); 12 European Youth; 4 Cardiff junior XC; 1 Milton Keynes junior XC; 1 Liverpool junior XC
- 601 FITZGERALD Innes GBR 16y**
Win 8:59.67 in 2022 she became UK under-17 record holder at 3000m and the youngest British woman to go sub-9 for the distance
3000 pb: 8:59.67 -22. 1500 pb: 4:19.35 -22. 1 English Schools under-17 3000 2022; 1 English under-17 3000 2022. Coach-Gavin Pavvey
In 2022: 2 English Schools under-17 XC; 1 Exeter 1500; 2 Street BMC Classic 3000 'C'; 1 Devon Schools under-17 3000; 1 South-West Schools under-17 3000; 1 English Schools under-17 3000; 1 UK & Irish Schools International 3000 (8:59.67); 3 UK South West Inter-Counties 1500; 1 Exeter BMC Regional 1500; 1 English under-17 3000; 1 London 'Mini' Marathon; 1 Cardiff junior XC. Plus 6/6 parkrun wins in Seaton, Devon
- 602 FLAHERTY Rebecca GBR 16y**
2022 World Junior Mountain Running silver medallist // 10K pb: 35:01 -22. 3000 pb: 9:37.47 -22. 2 World Junior Mountain Running Champs 2022. 1 Yorkshire under-17 3000 2022. Coach-Karen Glerum
In 2022: 10 English Schools under-17 XC; 1 Yorkshire under-17 3000; 1 Leeds 5K; 1 York 3000; 2 Hawksworth 'Up The Odda' 10K; 3 English Schools under-17 3000; 3 UK Schools Games 2000; 2 Bradford 10K; 2 World Mountain Junior Running Champs; 4 Liverpool junior XC
- 607 HARRIS Megan GBR 18y**
3000 pb: 9:40.191 -22. 1500 pb: 4:28.83 -22. 1 Essex junior 3000 2021. Coach-Hayley Hemmings
In 2022: 6 Lee Valley BMC 3000; 3 English 'National' under-20 XC; 1 Cambridge; 17 English Schools 3000; 3 Bedford 3000; 2 Chelmsford 1500; 10 Cardiff junior XC; 3 Milton Keynes junior XC; 2 Liverpool junior XC
- 622 WOOD Beatrice GBR 19y**
Multiple English Schools Champion // 3000 pb: 9:32.4 -19. 1500 pb: 4:25.86 -19. At EXC: 2021-44J. 1 English Schools under-15 1500 2018; 1 English Schools under-17 1500 2019; 1 UK Inter-Counties under-17 XC 2020; 1 English Schools under-17 XC 2020. Coach-Dave Amey
In 2022: 4 Elgoibar junior XC; 2 Milton Keynes junior XC; 3 Liverpool junior XC
- 623 WRIGHT Alice GBR 19y**
3000 pb: 9:51.37 -22. 1500 pb: 4:18.74 -22. 800 pb: 2:07.46. Coaches-Jon Bigg & Dan Stepney
In 2022: 1 Tonbridge 1500; 1 London 800; 3 Birmingham University BMC Grand Prix 1500 'B'; 4 Watford International BMC 1500 'C'; 3 Watford BMC Gold 1500; 11 Stretford BMC Grand Prix 1500 'B'; 5 Watford BMC 1500; 1 Eltham BMC 800; 4 Milton Keynes junior XC; 5 Liverpool junior XC
- 624 BENFARES Sofia GER 18y**
10K pb: 34:45 -21. 3000 pb: 9:18.01 -22. 13 WJC 3000 2022. Her elder sisters Selma & Sara are both international and transferred from France to Germany, Selma in 2021 & Sara in 2022. Their father-Samir Benfarès (1 French 1500 94/95, sf WCH 1500 95). Mother-Béatrice Röth was also a 1500m runner
In 2022: 2 German junior indoor 3000; 5 Lille 5K; 1 Louvain-la-Neuve 3000; 5 German junior 3000; 13 WJC 3000; 2 Trier 2000; 14 German 10K; 4 German junior XC
- 636 MERKEL Lisa GER 19y**
3000 pb: 9:20.00 -21. 1500 pb: 4:24.49 -21. 7 EJC 3000 2021
In 2022: 2 German junior XC; 15 German 10K
- 638 PULTE Johanna GER 19y**
Junior team gold at 2021 European Cross Country Championships // 5000 pb: 16:29.89 -21. 3000 pb: 9:17.10 -21. 1500 pb: 4:22.92 -21. 5 EJC 3000 2021. At EXC: 2021-9J. 1 German junior 3000 & 5000 2021
In 2022: 3 German junior indoor 3000
- 640 SCHAFER Carolina GER 18y**
5000 pb: 16:52.45 -22. 3000 pb: 9:39.85 -22. 1 German under-23 5000 2022
In 2022: 4 German junior indoor 3000; 3 German junior 5000; 2 Mainz 3000; 1 Pfungstadt 3000 (Jun 18); 4 Pfungstadt 1500 (Jul 6); 3 German junior 3000; 1 German under-23 5000; 3 German junior XC
- 642 WEIS Kira GER 18y**
5000 pb: 16:20.21 -22. 3000 pb: 9:29.26 -21. 12 WJC 5000 2022. 1 German junior 3000 & XC 2022; 1 German junior indoor 3000 2022
In 2022: 1 German junior indoor 3000; 1 German junior 3000; 12 WJC 5000; 21 German 10K; 1 Hockenheim 10K; 1 German junior XC
- 644 KALLIMOYIANNI Vasiliki GRE 18y**
Greek junior steeplechase record holder // 3000SC pb: 10:31.72 -21. 3000 pb: 10:12.86 -20. 11 EJC 3000SC 201; ht WJC 3000SC 2022. 1 Greek junior 3000SC 2022
In 2022: 6 Balkan junior indoor 1500; 1 Thessaloniki & South Macedonian Clubs 3000SC; 1 Thessaloniki 1500; 4 Greek 3000SC; 1 Greek junior 3000SC; 10ht WJC 3000SC; 21 Oderzo 'European U20' 5K
- 645 KASSOU Maria GRE 18y**
Two top 10 finishes at 2022 World Junior Championships // 5000 pb: 16:22.13 -22. 3000 pb: 9:26.16 -22. 1 Balkan junior indoor 3000 2022; 8 WJC 3000 2022 (9 5000). At EXC: 2021-40J. 1 Greek (senior) 5000 2022. 1 Greek junior 1500/3000 2022
In 2022: 1 Balkan junior indoor 3000; 2 Greek indoor 3000; 1 Greek Cyclades Islands Clubs 1500/3000; 1 Chalkida 3000; 1 Greek 5000; 1 Greek junior 1500/3000; 8 WJC 3000 (9 5000)
- 654 VARGA Gréta HUN 18y**
2021 European junior steeplechase silver. Holds European junior best for 2000m steeplechase (6:19.23 in 2020)
3000SC pb: 9:50.63 -21. 5000 pb: 16:28.44 -20. 3000 pb: 9:19.18 -20. 1500 pb: 4:16.21 -21. 5000 pb: 16:28.44 -20. 2 European Youth Olympic Festival 2000SC 2019; 2 EJC 3000SC 2021; 5 WJC 3000SC 2021 (2022-8). At EXC: 2019-7J (at age 15y), 2021-28J. 1 Hungarian 1500 2021 & 3000SC 2022
In 2022: 1 Hungarian junior indoor 1500; 1 Hungarian indoor 1500; 1 Győr 1500 (May 14); 1 Hungarian Schools 1500; 2 Pápa 800 (Jun 1); 1 Székesfehérvár Honvéd Cup 1500; 1 Hungarian 3000SC (3 1500); 1 Balaton 800; 1 Hungarian junior 3000SC; 1 Pápa 2000SC (Jul 13); 1 Maribor 1500; 8 WJC 3000SC; 7 Győr 800 (Sep 11); 1 Debrecen 3000SC (2 5000)
- 655 BUCKLEY Jane IRL 19y**
3000 pb: 9:51.30 -22. 1500 pb: 4:35.65 -21. At EXC: 2021-30J. Attends Providence College. 1 Irish junior XC 2021
In 2022: 2 Munster junior; 1 Irish Schools under-18 3000; 7 Bethlehem PA 'Gold' XC; 38 Wisconsin Invitational XC; 1 'Big East' Conference 5K XC; 3 NCAA Northeast Regional XC; 49 NCAA XC
- 661 GARDINER Anna IRL 16y**
2022 Northern Irish under-17 Cross Country Champion // 1500 pb: 4:54.67 -19. 1 Northern Irish under-15 1500 2019; Northern Irish under-17 XC 2022
In 2022: 4 Leinster under-17 indoor 1500 (9 800); 7 Tullamore 1500; 1 Northern Irish under-17 XC; 19 Milton Keynes junior XC; 2 Irish junior XC
- 664 HAWKINS Fiona IRL 19y**
5000 pb: 16:07.55 -22. 3000 pb: 9:26.56 -22. Attends Adams State University in Alamosa, Colorado
In 2022: 6 NCAA div 2 indoor 3000; 3 Grand Junction Maverick Invite 1500; 6 Azusa Clay Invitational 5000; 6 Pueblo Rocky Mountain Conference 1500; 19 NCAA div 2 5000; 1 Durango XC
- 666 KEHOE Hannah IRL 18y**
3000 pb: 9:49.27 -22. 1500 pb: 4:31.27 -22
In 2022: 2 Leinster under-19 indoor 1500; 1 Irish under-19 indoor 1500; 1 Leinster 800; 1 Irish Schools under-18 1500; 24 European Junior 'Up & Down' Mountain Running Champs; 1 Tullamore 1500/3000; 4 Irish junior XC
- 678 ROBERTS Roise IRL 18y**
3000 pb: 9:59.63 -22. At EXC: 2021-77J. Club-North Belfast Harriers. Coach-Jim McGuinness
In 2022: 3 Irish Schools under-18 3000; 5 Northern Irish junior 3000; 2 Irish junior 3000; 9 Belfast Mile; 3 Irish junior XC
- 681 THOMPSON Anika IRL 19y**
10,000 pb: 34:57.60 -22. 5000 pb: 16:46.28 -22. 1 Irish junior XC 2022. Attends the University of Oregon
In 2022: 6 Corvallis Oregon State University Invite; 5 Eugene Hayward Premiere 5000; 8 Oregon Relays 5000; 4 Oregon State High Performance Meet 10,000; 1 Irish junior XC
- 683 AZRAN Hilla ISR 18y**
Full name-Hilla Bbracha Azran // 3000 pb: 10:17.64 -22. 1500 pb: 4:47.94 -22. 4 Balkan youth 2000SC 2021. 1 Israeli junior 1500/3000 2022
In 2022: 4 Tel Aviv 15K (Jan 14); 4 Tel Aviv 10K (Feb 25); 5 Israeli 10,000; 4 CYP v ISR v ROU v UKR junior 800; 1 Israeli junior 1500/3000; 3 Tel Aviv 3000SC
- 685 HARRIS Ayala ISR 16y**
1500 pb: 4:40.30 -22
In 2022: Tel Aviv 1500 (May 23); 11ht European Youth 1500; 12 European Youth Olympic Festival 1500
- 686 KUIINT Tamar ISR 17y**
- 691 ARNOLDO Lucia ITA 17y**
3000 pb: 10:37.40 -21. In 2022: 3 Turin La Mandria 'Test' junior XC
- 694 CASAGRANDE Beatrice ITA 18y**
5000 pb: 17:13.48 -22. 1500 pb: 4:34.69 -20. Father-Mauro Casagrande was also an international cross country runner (99 WXC short course 2001)
In 2022: 2 Italian junior XC; 2 Milan 2M; 5 Italian junior 5000; 18 Oderzo 'European U20' 5K; 3 Modena 5000; 2 Turin La Mandria 'Test' junior XC
- 697 COPPA Nicole ITA 19y**
10,000 pb: 37:06.24 -22. 5000 pb: 17:09.17 -22. 3 Italian junior 5000 & XC 2022
In 2022: 25 San Vittore Olona XC; 3 Italian junior XC; 2 Brescia 10,000; 4 Rodengo Saiano 3000; 3 Carugate 1500; 6 Zogno 5000; 9 Milan Mile; 3 Italian junior 5000; 11 Italian junior 1500; 10 Oderzo 'European U20' 5K; 6 Turin La Mandria 'Test' junior XC

- 704 RIBIGINI Laura ITA** 17y
1500 pb: 4:51.39 -22. In 2022: 4 Turin La Mandria 'Test' junior XC
- 705 ROATTA Adele ITA** 18y
5000 pb: 17:17.94 -22. 1500 pb: 4:43.22 -22. 1 Italian junior 3000 2021
In 2022: 4 Italian junior XC; 9 Rodengo Saiano 3000; 2 Turin 3000; 4 Mondovi 3000; 2 Biella 5000; 4 Italian junior 5000; 26 Italian 10K; 12 Pettinengo 9.6K; 5 Turin La Mandria 'Test' junior XC
- 708 SIDENIUS Sofia ITA** 16y
3000 pb: 10:01.65 -22. 1500 pb: 4:34.31 -22
In 2022: 1 Italian youth indoor 1500; 1 Mantova 800; 12 Rodengo Saiano 3000; 10 Milan Walk & Middle Distance Night 1500; 7 Milan 800; 5 Bergamo 1500; 2 Bressanone 1500; 2 Villasanta 800; 5 Italian (under-18) Student Champs 1500 race 3; 1 Turin La Mandria 'Test' junior XC
- 712 BLIUJUTE Karolina LTU** 18y
5000 pb: 17:50.20 -22. 3000 pb: 10:18.23 -22. 1 Lithuanian junior 3000/5000 2022
In 2022: 2 Palanga 3000; 3 Lithuanian 5000; 1 Lithuanian junior 3000/5000
- 714 VISNEVSKYTE Eleonora LTU** 17y
3000 pb: 10:20.81 -22. 1 Lithuanian youth indoor 3000 2022
In 2022: 1 Lithuanian youth indoor 3000; 3 Palanga 3000; 2 Lithuanian youth 3000 (3 1500); 7 Lithuanian 1500; 2 Lithuanian junior 3000
- 718 SCHIPPER Dione NED** 18y
5000 pb: 18:45.53 -22. 3000 pb: 10:41.80 -22
In 2022: 2 Dutch junior 5000
- 721 HAUGEN Ina Halle NOR** 19y
2021 European junior 3000m bronze // 10K pb: 34:11 -20. 5K pb: 16:13 -21. 3000 pb: 9:11.81 -21. 1500 pb: 4:16.82 -21. 800 pb: 2:06.78 -21. 2 European Youth Olympic Festival 3000 2019; 3 EJC 3000 2021; 9 WJC 3000 2022. At EXC: 2021-31J. 1 Norwegian junior 3000 2021/2022; 1 Norwegian indoor 1500/3000 2022
Twin sister Maren Halle Haugen (1 Norwegian under-17 3000 2019)
Coach/mother-Gunhild Haugen (2 EJC 3000 91; 14 WCH 5000 97), elder brother Simen Halle Haugen (5 EXCJ 2018), grandfather-Per Halle Haugen (7 OLY 5000 72)
In 2022: 1 Norwegian indoor 1500/3000; 5 Uppsala Nordenkampen 1500; 7 Tønsberg 3000; 10 Jessheim 1500; 6 Copenhagen Games 3000; 5 Norwegian 1500; 5 Oslo 1500 (Jul 13); 3 Nordic junior 1500; 1 Oslo 'Sommerstevnet' 1500; 9 WJC 3000 (ht 1500); 2 Nittedal 800; 1 Norwegian junior 3000 (2 1500, 3 800); 3 Jessheim 5K; 1 Drammen 5K; 3 Nordic junior XC
Her younger brother Per August Halle Haugen (12y) sensationally clocked 33:19 for 10K at the Hytteplanmila 10K in Hole, Norway on October 22, 2022
- 722 HAUGEN Maren Halle NOR** 19y
10K pb: 34:31 -20. 3000 pb: 9:24.40 -20. 1500 pb: 4:19.82 -21. ht EJC 3000 2021. 1 Norwegian under-17 3000 2019
Twin sister Ina Halle Haugen (3 EJC 3000 2021)
Coach/mother-Gunhild Haugen (2 EJC 3000 91; 14 WCH 5000 97), elder brother Simen Halle Haugen (5 EXCJ 2018), grandfather-Per Halle Haugen (7 OLY 5000 72)
In 2022: 6 Jessheim 5K 5 Nordic junior XC
Her younger brother Per August Halle Haugen (12y) sensationally clocked 33:19 for 10K at the Hytteplanmila 10K in Hole, Norway on October 22, 2022
- 724 ØSTGARD Ingeborg NOR** 19y
2021 European Junior Champion at 1500m, then cross country silver
3000 pb 9:18.04 -20. 1500 pb: 4:09.91 -22. 800 pb: 2:03.30 -21. 1 EJC 1500 2021; 7 WJC 1500 2022; ht ECH 1500 2022. At EXC: 2021-2J. 1 Nordic junior XC 2019/2021. 1 Nordic junior 800/1500 2022; 1 Norwegian 1500 2021/2022
In 2022: 1 Tønsberg 800; 6 Jessheim 1500; 4 Bergen Games 800; 1 Oslo Diamond National 1500; 1 Norwegian 1500; 1 Nordic junior 800/1500; 7 WJC 1500; 13ht ECH 1500; 1 Norwegian junior 800/500; 1 Moelv Mile; 1 Trondheim 3000; 2 Nordic junior XC
- 726 SIREVÅG Anna Marie Nordengen NOR** 18y
10K pb: 34:34 -20. 5000 pb: 16:54.72 -20. 3000 pb: 9:30.00 -20. 3000SC pb: 10:31.62 -21. At EXC: 2021-29J. 1 Norwegian junior 3000SC 2022
In 2022: 8 Tønsberg 3000; 7 Jessheim 'B'; 6 Bergen Games 5000; dnf Oslo 5000; 3 Nordic junior 3000; dnf WJC 3000; 1 Norwegian junior 3000SC; 19 Hole 10K; 8 Nordic junior XC
- 729 NAPIORKOWSKA Katarzyna POL** 18y
3000 pb: 9:47.55 -22. 1500 pb: 4:31.38 -22. 1 Polish youth XC 2021
In 2022: 3 Polish junior indoor 3000; 1 Piaseczno 800 'C'; 9 Łódź 800; 2 Warsaw 1500; 6 Gliwice 1500; 4 Polish junior 3000 (7 1500); 1 Maribor 3000; 1 Warsaw 1000 (Sep 4); 4 Warsaw 800 (Sep 10); 1 Warsaw 1500 (Sep 18); 2 Polish junior XC
- 732 COSTA Lara POR** 16y
3000 pb: 9:49.23 -22. 1500 pb: 4:36.99 -21. 1 Portuguese youth 3000 2022
In 2022: 2 Portuguese junior indoor 3000; 5 Guimarães; 7 Braga 3000; 7 Maia Ribeiro Gala; 1 Portuguese youth 3000 (4 1500); 4 Portuguese junior 3000; 5 European Youth Olympic Festival 3000
- 733 FERNANDES Beatriz POR** 18y
3000 pb: 9:53.26 -21. 1500 pb: 4:31.59 -21. At EXC: 2021-60J. Attends Syracuse University in Syracuse, New York
In 2022: 1 Portuguese junior indoor 3000 (2 1500); 6 Portuguese under-23; 3 Portuguese junior 1500/3000; 10 Penn State U Invitational XC
- 734 FERNANDES Diana POR** 18y
5000 pb: 16:59.53 -22. 1500 pb: 4:31.49 -22. 1 Portuguese junior 5000 2022
In 2022: 6 Braga 3000; 1 Maia 5000; 4 Maia Ribeiro Gala 1500; 2 Braga 5000; 3 Portuguese under-23 5000; 1 Portuguese junior 5000; 6 Maia 1500; 2 Portuguese 10K
- 735 FIGUEIREDO Rita POR** 19y
1500 pb: 4:24.49 -21. 800 pb: 2:06.37 -21. ht WJC 1500 2021/2022. At EXC: 2021-46J. 1 Portuguese junior XC 2021 & 1500 2021/2022 (1 800 2020)
In 2022: 1 Portuguese junior indoor 1500 (2 800); 2 Portuguese under-23 indoor 1500; 2 Braga 1500; 6 Portuguese 800/1500; 2 Portuguese under-23 800/1500; 1 Portuguese junior 800/1500; 7ht WJC 1500; 11 Portuguese 10K
- 738 MARINHO Ana POR** 19y
3000 pb: 9:48.95 -22. 1500 pb: 4:33.35 -22. 1 Portuguese junior 3000 2022
In 2022: 5 Maia Ribeiro Gala 1500; 2 Braga 1500; 7 Braga 1500; 1 Braga 1500; 3 Braga 1500; 1 Portuguese junior 3000 (4 1500); 15 Portuguese 10K
- 741 BLAGA Mihaela Maria ROU** 18y
3000SC pb: 10:32.48 -22. 1500 pb: 4:40.32 -20. 2 Balkan youth 2000SC 2021; 14 WJC 3000SC 2022. At EXC: 2021-61J. 1 Romanian junior 5000 2022
In 2022: 8 Oeiras junior XC; 8 Romanian indoor 1500; 3 Bucharest 1500/3000; 1 Bucharester Municipal Cup 2000SC; 3 Romanian 3000SC; 1 Romanian junior 5000 (2 3000); 14 WJC 3000SC; 18 Oderzo 'European U20' 5K; 21 Romanian 5K
- 742 HUDEA Alexandra Maria ROU** 16y
5K pb: 16:49 -22. 3000 pb: 9:41.71 -22. 5 European Youth 3000 2022. 1 Romanian junior 5000 2021
In 2022: 1 Romanian youth indoor 3000 (2 1500); 4 Romanian 5000; 1 Bucharester Municipal Cup 1500; 1 Romanian youth 3000 (2 1500); 2 Balkan youth 3000; 5 European Youth 3000; 7 European Youth Olympic Festival 3000; 20 Oderzo 'European U20' 5K; 12 Romanian 5K
She is the youngest athlete entered for Turin 2022
- 743 MARGINEAN Iulia Florina ROU** 18y
5000 pb: 16:49.88 -22. 3000 pb: 9:38.69 -22. 1500 pb: 4:29.81 -21. At EXC: 2021-80J. 1 Romanian youth 1500/3000 2021
In 2022: 2 Romanian indoor 3000 (7 1500); 4 Romanian 10K; 3 Romanian 5000; 2 International Schools Gymnasiade 3000 (6 1500); 9 Balkan 5000; 3 Romanian junior 1500/3000; 3 Balkan junior 5000; 8 Oderzo 'European U20' 5K; 9 Romanian 5K
- 746 SFARGHIU Maria Talida ROU** 19y
Twice Romanian [senior] Champion at 1500m // 1500 pb: 4:14.22 -21. 800 pb: 2:05.92 -21. 4 EJC 1500 2021; 7 WJC 1500 2021 (2022-ht). 1 Balkan junior 1500 2021. At EXC: 2021-78J. 1 Romanian 1500 2020/2021
In 2022: 6 Oeiras junior XC; 1 Balkan junior indoor; 5 Romanian indoor 1500; 7 Balkan indoor 1500; 2 Craiova 1500; 1 Romanian junior 800 (2 1500); dnf Balkan junior 1500; dnf/ht WJC 1500
- 747 SIRBU Madalina Elena ROU** 19y
5000 pb: 16:57.90 -21. 3000 pb: 9:33.42 -22. 1 Balkan junior 5000 2021 & 3000 2022. At EXC: 2019-67J, 2021-20J. 1 Romanian junior 3000 2021/2022 & 1500 2022
In 2022: 2 Oeiras junior XC; 2 Balkan junior indoor 3000; 5 Romanian indoor 3000; 5 Romanian 10K; 1 CYP v ISR v ROU v UKR junior 3000; 1 Craiova 3000/5000; 6 Balkan 3000; 6 Romanian; 1 Romanian junior 1500/3000; 1 Balkan junior 3000 (2 5000); 15 Romanian 5K
- 749 SADEK Veronika SLO** 19y
Fourth in 2021 World junior 800m, then fifth in 2022 // 1500 pb: 4:18.27 -22. 800 pb: 2:01.52 -22. 400 pb: 54.58 -22. 1 Balkan junior indoor 800 2021/2022; 4 WJC 800 2021 (2022-5); ht ECH 800 2022. At EXC: 2021-93J
In 2022: 1 Slovenian junior 400; 1 Balkan junior indoor 800; 1 Balkan indoor 4x400; 5ht WIC 4x400; dnf Padua Pettinella; 2 Maribor 600; 1 Slovenian junior 2000SC; 2 Ptuj 1500; 1 Trieste 800; 1 Celje 2000SC; 1 Ljubljana 1000; 2 Slovenian 400/800; 2 Liège 800; 6 Heusden Night of Athletics 800; 3 Novo Mesto; 5 WJC 800; 7ht ECH 800; 1 Pordenone 400; 2 Ljubljana 800
- 751 GRUJIC Natalija SRB** 16y
3000 pb: 10:11.50i, 10:27.11 -22. 1 Serbian indoor 3000 2022
In 2022: 1 Serbian indoor 3000; 7 Balkan junior indoor 3000; 4 Sremska Mitrovica; 4 Balkan youth; 2 Serbian 800 (5 1500); 13ht European Youth
- 752 MARIC Sanja SRB** 16y
3000 pb: 10:29.62 -22. 1500 pb: 4:47.20 -21. 800 pb: 2:10.40 -21
In 2022: 5 Cuprija Vera Nikolić Memorial 800; 1 Novi Sad 400; 1 Kraljevo 800; 1 Sremska Mitrovica 800; 4 Serbian youth 800; 5 Balkan youth 800; 7ht European Youth 800; 3 Serbian Team Champs 800
- 753 MEHMEDOVIC Mejra SRB** 16y
3000 pb: 9:58.82 -22. 1500 pb: 4:29.79 -21. 1 Serbian junior indoor 3000 2021/2022; 3 Serbian 1500/3000 2022
In 2022: 1 Serbian junior indoor 3000 (2 1500); 4 Balkan junior indoor 3000; 3 Cuprija Vera Nikolić Memorial 1500; 4 Zagreb 3000; 3 Sremska Mitrovica 1500; 1 Serbian youth 2000SC; 4 Zenica 1500; 1 Balkan youth 2000SC; 3 Serbian 1500/3000; 14ht European Youth 2000SC; 5 European Youth Olympic Festival 2000SC; 24 Oderzo 'European U20' 5K
- 754 MURIC Saima SRB** 16y
10K pb: 37:25 -19. 3000 pb: 9:50.12 -21. 1500 pb: 4:25.90 -22. 1 Serbian junior 1500 2020/2022. 1 Serbian 800 2022
In 2022: 1 Serbian junior indoor 1500; 3 Serbian indoor 1500; 5 Balkan junior indoor; 2 Cuprija Vera Nikolić Memorial 1500; 7 Zagreb; 1 Sremska Mitrovica 1500; 1 Serbian youth 1500 (3 800); 3 Zenica 1500; 2 Balkan youth 1500; 1 Serbian 800 (2 1500); 7ht European Youth 1500; 1 Serbian junior 1500 (3 800); 4 European Youth Olympic Festival 1500

- 755 BLATTER Tabea SUI 19y**
1500 pb: 4:28.73 -22. 1 Swiss junior 1500 2022
In 2022: 4 Swiss indoor; 19 Swiss 10K; 1 Geneva 1500; 2 Sarreguemines 1500; 5 Langenthal 1500; 1 Geneva 1500; 4 Basle 1500; 8 Mannheim Junior Gala 1500; 5 French junior 1500; 1 Lausanne Diamond junior 1500; 12 Lucerne 1500; 1 Swiss junior 1500
- 757 HEILIG Emily SUI 16y**
1500 pb: 4:39.95 -22. 800 pb: 2:18.71 -22
In 2022: 2 Geneva 1500; 7ht European Youth Olympic Festival 1500
- 758 KERBER Shirin SUI 16y**
2022 European Youth 1500m bronze // 1500 pb: 4:24.28 -22. 800 pb: 2:11.19 -22. 3 European Youth 1500 2022. 1 Swiss youth 1500 2022
In 2022: 2 Riehen 600; 2 Horw 800; 1 Ibach 1500; 3 Langenthal 800; 10 Rehlingen 1500; 1 Thun 1500; 3 European Youth 1500; 4 Regensdorf 1500; 1 Lugano 800; 1 Swiss youth 1500
- 760 NAGELI Lilly SUI 19y**
3000 pb: 9:50.08 -19. 1500 pb: 4:15.01 -22. 800 pb: 2:06.88 -21. 8 EJC 1500 2021; ht WJC 1500 2022. At EXC: 2021-49J. 1 Swiss junior 800 2021
In 2022: 7 Pliezhausen 1000; 4 Karlsruhe 'Long Run Night' 1500; 2 Langenthal 800; 6 Geneva 800 'B'; dnf Berne 800; 2ht Swiss 1500; 4 Swiss 1500; 4 Tomblaine 1500; 6ht WJC 1500
- 761 SLITS Danika SUI 17y**
1500 pb: 4:36.50 -22. 800 pb: 2:14.18 -21
In 2022: 2 Geneva 1500; 2 Swiss youth 1500
- 770 SUNDQVIST Elsa SWE 17y**
3000 pb: 9:57.16 -22. 1500 pb: 4:44.40 -22. 1 Swedish youth XC 2022
In 2022: 4 Uppsala Games youth 1500; 4 Uppsala 5K (May 31); 1 Uppsala 1500 (Aug 14); 2 Swedish youth 3000; 1 FIN v SWE youth 3000; 2 Huddinge 3000; 1 Swedish youth XC; 4 Nordic junior XC
- 771 ATA Sila TUR 18y**
5000 pb: 17:11.97 -22. 3000 pb: 10:05.02 -22. 1 Balkan junior 5000 2022 (2 3000)
In 2022: 5 Turkish junior indoor 3000; 3 Turkish junior 3000; 2 Turkish 5000; 1 Balkan junior 5000 (2 3000)
- 773 FIDANOGLU Ayça TUR 16y**
2022 European Youth silver at 1500m // 1500 pb: 4:20.71 -22. 800 pb: 2:06.64 -22. 2 European Youth 1500 2022; 1 European Youth Olympic Festival 1500 2022
In 2022: 1 Turkish junior indoor 1500; 1 International Schools Gymnasiae 1500; 3 Bursa 800; 2 Turkish Super League #1 1500 (4 800); 2 Denizli 800/1500; 2 European Youth 1500; 1 European Youth Olympic Festival 1500; 3 Bursa 800 (4 1500) (Aug 25/26); 2 Bursa 800/1500 (Aug 28/29); 1 Castellón 800
- 777 ŞAHIN Pelinsu TUR 19y**
5000 pb: 17:02.39 -22. 3000 pb: 9:37.70 -22. 1500 pb: 4:25.10 -22. 14 EJC 2000SC 2021; ht WJC 3000SC 2022. 1 Turkish 3000 2022; 1 Turkish junior 3000SC 2021/2022 & 5000 2022
In 2022: 2 Turkish junior indoor 3000; 1 Istanbul Festival junior; 7 Turkish indoor; 1 Turkish junior 5000/3000SC; 1 Turkish 3000 (4 1500); 1 Denizli 2000SC; 1 Balkan junior 1500/3000SC; 9ht WJC 3000SC; 1 Bersa 2000SC (2 3000)
- 778 YAGIZ Edibe TUR 16y**
2022 European Youth bronze at 3000m // 3000 pb: 9:25.83 -22. 1500 pb: 4:33.01 -22. 3 European Youth 3000 2022
In 2022: 3 Turkish junior indoor 3000; 1 Turkish youth indoor 3000 (2 1500); 1 Turkish youth; 3 Bursa 3000; 3 Balkan youth; 3 European Youth 3000; 2 European Youth Olympic Festival 3000; 1 Bursa 3000
- 779 CHORNOVOL Tetiana UKR 19y**
1500 pb: 4:22.29 -22. 800 pb: 2:09.84 -22. ht WJC 1500 2022. 1 Ukrainian junior 1500 2022
In 2022: 3 Ukrainian junior indoor 1500; 1 Conegliano 1500; Padua 800; 2 Vittorio Veneto 800; 2 Conegliano 1500; 8 San Vendemiano 800; 1 Montebelluna 1500; 9ht WJC 1500; 3 Ukrainian 1500; 1 Ukrainian junior 1500
- 780 KOHUT Tetiana UKR 19y**
3000SC pb: 10:19.54 -22. 3000 pb: 10:24.49 -20. 1500 pb: 4:30.21 -22. 1 Ukrainian junior indoor 2000SC 2022
In 2022: 1 Ukrainian junior indoor 2000SC; 7 Conegliano 1500; 1 Bergamo 3000SC; dnf/ht WJC 3000SC; 2 Ukrainian 3000SC; 1 Ukrainian Team Champs 1500; 4 Oderzo 'European U20' 5K
- 784 RACHYNSKA Ulyana UKR 19y**
3000 pb: 9:58.61 -21. 1500 pb: 4:26.19 -22. ht WJC 1500 2022. At EXC: 2021-73J. 1 Ukrainian junior 1500 2021
In 2022: 1 Ukrainian junior indoor 1500; 3 Ukrainian Clubs indoor 1500; 2 Balkan junior indoor 1500; 2 Lutsk 1500 (Jun 24); 1 Lutsk 1500 (Jul 13); 4 Nové Mesto nad Metují; 6ht WJC 1500

Under-23 Women's Race

12:03

61 Entrants
22 Countries

Six to run, three to score

5772m – Start + 4 long laps + Finish

(10m+1440m+1440m+1440m+1346m+46m)

Age

- 505 CLEPPE Roxane BEL 21y**
10,000 pb: 35:52.39 -22. 5000 pb: 16:56.03 -22
In 2022: 22 Hannut XC; 17 Brussels XC; 9 Valenciennes 10K; 1 Rixensart 3000; 7 Belgian 10,000; 1 Woluwe 3000; 2 Brussels 20K; 1 Ninove 5000; 6 Sint-Niklaas 3000; 5 Belgian 5000; 9 Huizingen Flanders Cup 5000; 7 Deinze 3000; 3 Belgium under-23 5000; 3 Lille 5K; 18 Mol XC
- 509 NIJSSEN Annelies BEL 20y**
2021 World junior 800m finalist // 1500 pb: 4:24.10 -22. 800 pb: 2:04.10 -22. 8 WJC 800 2021. At EXC: 21-36J
In 2022: 4 Belgian short course CC XC; 1 Mol 1500; 3 Karlsruhe 'Long Run Night' 800; 8 Oordegem IFAM 800
- 514 THOMAS Juliette BEL 22y**
10K pb: 33:27 -22. 10,000 pb: 34:41.54 -21. 5000 pb: 16:35.37 -22. 1500 pb: 4:28.47 -20. 16 under-23 ECH 10,000 2021; 2 Belgian XC 2021
In 2022: 1 Saint-Grégoire 10K; 20 Hannut XC; 14 Brussels XC; 6 Lille 10K; 2 Bertrix 3000; 2 Korschenbroich 5K; 2 Belgian under-23 5000; 1 Saint Laurent 10K; 2 Montpellier 10K; 5 Roeselare XC
- 515 VAN LENT Jana BEL 21y**
10,000 pb: 34:54.07 -22. 5000 pb: 16:38.87 -22
In 2022: 4 Belgian 10,000; 1 Ciney 3000; 17 Karlsruhe 'Long Run Night' 5000; dnf Dutch 10,000; 4 Belgian 5000; 2 Liège 1500; 1 Bertrix 3000; 16 Mol XC
- 519 AVRAMOVA Devora BUL 22y**
Half Mar pb: 75:41 -22. 10,000 pb: 36:47.34 -21. 5000 pb: 16:33.41 -22. 2 Balkan junior 3000 2019. At EXC: 2021-41u23. 1 Bulgarian indoor 1500 2021
In 2022: 4 Stara Zagora Half Mar; 6 Bucharest Half Mar; 1 Sofia 3000; 2 Bulgarian 1500 (4 5000); 4 Balkan 3000 (5 5000); 11 Brasov 10K
- 525 SASYNOVA Karolína CZE 20y**
3000 pb: 9:40.48 -20. 1500 pb: 4:28.79 -20. 1 Czech junior 1500/3000 2020; 1 Czech junior indoor 1500 2021
In 2022: 1 Prague 'Adult'; 4 Czech indoor 1500/3000; dnf Czech Clubs 5000; 2 Czech XC
- 526 ASTRUP Laura DEN 22y**
3000SC pb: 10:27.06 -21. 5000 pb: 16:52.91 -22. 3000 pb: 10:03.12 -21. At EXC: 2019-75J, 2021-53u23. 1 Danish 3000SC 2020
In 2022: 3 Aarhus 3000 'B'; 5 Viby 1500 'B'; dnf Aalborg 1500; 3 Danish 3000SC; 1 Skive 5000; 1 Aarhus 3000SC; 5 Danish XC
- 544 BERZOSA Alicia ESP 22y**
Full name-Alicia Berzosa Martin // 5000 pb: 16:22.61 -22. 10K pb: 34:45 -20. Coach-Javier Cañadillas
In 2022: 4 Spanish under-23 XC; 2 San Sebastián 10K; 20 WSG XC; 2 Burgos 10K; 10 Iberian Trophy 10,000; 12 Nerja 5000; 1 Fuenlabrada 3000; 1 Los Corrales de Buelna 5000; 6 Guadalajara; 11 Spanish 5000; 8 Spanish Autonomous 3000; 3 Spanish under-23 5000; 8 Pontevedra; 2 Guadalajara Road Mile; 12 Amorebieta XC; 32 Atapuerca XC
- 552 GONZALEZ María ESP 21y**
Full name-María González Cuevas // 3000SC pb: 10:56.79 -19. 4 European Youth 2000SC 2018; 9 Youth Olympic 2000SC/XC 2018. Coach-Antonio Serrano
In 22: 4 Atapuerca under-23 XC
- 559 RIANO Carmen ESP 21y**
Full name-Carmen Riaño Aransay // 5000 pb: 16:00.30 -22. 3000SC pb: 9:46.91 -22. 9 European Youth 2000SC 2018. 1 Spanish under-23 5000/3000SC 2023. Student of Biomedical Engineering at Miami University. Coach-José Antonio Sádaba
In 2022: 1 Oxford OH 5000; 1 Stanford Invitational invitational; 2 Athens OH 1500 (8 800); 1 Bloomington Indiana Invitational 5000; 3 Penn Relays Championship; 1 Mid-American Conference 5000/3000SC; 8sf NCAA 3000SC; 4 Spanish 3000SC; 1 Spanish under-23 5000/3000SC; 3 Mediterranean under-23 5000; 3 Louisville 'Gold' XC; 1 Mid-American Conference XC; 15 NCAA Great Lakes Regional XC; 188 NCAA XC
- 561 RODRIGUEZ Laura ESP 22y**
Full name-Laura Rodriguez Botella // 10,000 pb: 37:39.02 -22. 5000 pb: 17:12.75 -20. 1500 pb: 4:28.42 -22. Coach-Pedro Ruiz
In 2022: 4 Catalonian indoor 1500 (6 3000); 6 Spanish under-23 indoor 1500; 4 L'Hospitalet de Llobregat 1500; 2 Mataró 3000; 1 Lloret de Mar 3000 (2 1000); 1 Catalonian under-23 1500; 4 Spanish under-23 1500
- 562 ROMERO Andrea ESP 22y**
Full name-Andrea Romero Escandell // 5000 pb: 16:09.70 -21. 3000 pb: 9:26.70 -22. 1500 pb: 4:18.28 -22. At EXC: 2017-41J, 2019-63J, 2021-30u23. Coach-José Antonio Redolat
In 2022: 1 Spanish under-23 XC; 7 Sabadell Catalonian International 3000; 1 Spanish under-23 indoor 3000; 10 Spanish indoor 3000; 13 WSG XC; 1 Sagunto 3000; 4 Ibiza 2000; 9 Andújar 5000; 11 Sagunto 800; 4 Castellón 1500 'B'; 4 Spanish 1500; 2 Spanish Autonomous 3000; 1 Spanish under-23 5000; 4 Mediterranean under-23 5000; 5 Maliaño 10K; 13 Seville XC
- 566 VICIOSA Angela ESP 20y**
Full name-Angela Viciosa Valla // 5000 pb: 16:26.68 -21. 3000 pb: 9:29.01 -21. 1500 pb: 4:26.63 -21. 11 EJC 5000 2021. At EXC: 2019-30J, 2021-8J. She is one of eight children, seven of which are athletes. "It's like having a High Performance Centre at home" says father Isaac Viciosa (1 ECH 5000 98, former European record holder at 3000m). Coach-Eladio Barredo
In 2022: 5 Valladolid XC; 2 Spanish under-23 XC; 3 San Sebastián 10K; 2 Spanish under-23 indoor 3000; 9 Nerja 5000; 4 Spanish Universities 1500; 2 Valladolid 3000; 18 Huelva 1500; 3 Los Corrales de Buelna 1500; 9 Ordizia 1500; 7 Spanish Autonomous 3000; 4 Spanish under-23 5000; 2 Valladolid Road Mile (her younger sister Maria 11); 6 Amorebieta XC
- 569 BLOMQUIST Nathalie FIN 21y**
1500 pb: 4:10.25 -22. 800 pb: 2:07.62 -19. 7 European Youth 1500 2018; 6 Youth Olympic 1500/XC combined 2018 (7th in the 1500m, 16th in the cross country); 4 EJC 3000 2019; 7 ETCh 3000 2019; ht WCH 1500 2022; ht ECH 1500 2022. At EXC: 2019-25J, 2021-14u23. 1 Finnish indoor 800/1500 2020
In 2022: 2 Finnish indoor 3000; 2 Karlsruhe 'Long Run Night'; 2 Oordegem IFAM 1500; 2 Manchester International 1500; 2 Espoo 1500; 1 Oulu 1500; 12ht WCH 1500; 4 Jyväskylä 1500; 12ht ECH 1500; 1 Nordic XC
- 581 CROISSANT Léatitia FRA 21y**
5000 pb: 16:57.97 -22. 18 European Junior Mountain Running Champs 2019
In 2022: 5 Le Plessis Robinson 3000; 1 Saint-Maur 5000; 2 French under-23 5000; 3 Fretin 10K; 4 Epinal 5000; 6 Rennes 10K; 15 Gujan-Mestras XC
- 583 GUILLONNET Anaëlle FRA 22y**
3000 pb: 9:44.64 -22. 1500 pb: 4:22.58 -22
In 2022: 3 French under-23 indoor 1500; 3 Vénissieux 800; 1 Montélimar 800; 4 Oordegem IFAM 1500 'C'; 3 Décines-Charpieu 1500 'B'; 4 French under-23 1500; 3 Ninove Flanders Cup 1500 'B'; 1 Saint-Etienne 3000; 2 Dijon 3000
- 586 LORAIN Eugénie FRA 22y**
10,000 pb: 34:04.56 -21. 5000 pb: 16:39.15 -21. 3000 pb: 9:50.93 -19. 10 under-23 ECH 10,000 2021. At EXC: 2021-39u23
In 2022: 6 Reims 1500; dnf Dutch 10,000; 2 Halluin 5000; 3 French under-23 5000; 2 Saint Laurent 10K; 2 Roissy-en-Brie 10K
- 592 QUESADA Floriane FRA 21y**
3000SC pb: 9:54.33 -21. 3000 pb: 9:23.19 -22. 2 Mediterranean under-23 3000SC 2022. 4 French 3000SC 2022; 1 French under-23 3000SC 2022
In 2022: 3 Lyon Elite 3000 'B'; 15 WSG XC; 1 Mâcon 1500; 2 Châlon-sur-Saone 1500; 6 Oordegem IFAM 3000SC; 1 French Universities 1500; 3 Décines-Charpieu 3000SC; 3 Strasbourg 3000; 4 French 3000SC; 1 French under-23 3000SC; 2 Mediterranean under-23 3000SC; 1 Chevigny Saint Sauveur 10K; 6 Gujan-Mestras XC
- 593 RENOARD Flavie FRA 22y**
2021 European under-23 Steeplechase Champion // 3000SC pb: 9:36.59 -22. 1500 pb: 4:13.23 -22. 1 under-23 ECH 3000SC 2021; 6 Mediterranean Games 3000SC 2022; ht ECH 3000SC 2022; 1 Mediterranean under-23 3000SC 2022. At EXC: 2019-10J, 2021-18u23. 1 French 3000SC 2021. She was named as France's best young female athlete of 2021. Coach/father-Alain Renouard
In 2022: 11 Málaga 5K; 1 Caen 3000; 2 Le Plessis Robinson 1500; 3 Manchester International; 2 Décines-Charpieu 1500; 10 Paris Diamond 3000SC; 2 French 3000SC; 6 Mediterranean Games 3000SC; 9ht ECH 3000SC; 1 Mediterranean under-23 3000SC; 5 Gujan-Mestras XC
- 596 TRAPP Manon FRA 22y**
Twice French Cross Country Champion // 5000 pb: 15:25.97 -22. 3000 pb: 9:05.93 -20. 1500 pb: 4:17.38 -22. 7 EJC 3000 2019; 6 ETCh 3000 2021; 5 under-23 ECH 5000 2021; 19 ECH 5000 2022. At WXC: 2019-50J, At EXC: 2018-58J, 2019-9J, 2021-4u23. 1 French XC 2021/2022 & 5000 2022. Coach-Abdel Kader Fadi
In 2022: 1 French XC; 1 Villeurbanne 10K; 1 Vénissieux 1500; 1 Tours 3000; 8 Manchester International 5000; 3 Carquefou 5000; 1 French 5000; 7 Liège 5000; 19 ECH 5000; 3 Gujan-Mestras XC
- 599 CARSON Grace GBR 22y**
5000 pb: 15:57.95 -22. 3000 pb: 9:16.12 -22. 1 Ulster Schools 3000 2018. Coach-Bill Foster
In 2022: 9 Dundonald Northern Irish International XC; 5 Manchester Trafford 10K; 3 British Universities 5000; 18 UK 10,000; 3 Belfast Mary Peters Gold 50th Anniversary 5000; 1 Stretford Trafford Grand Prix 3000 (Jun 14); 2 Stretford Trafford Grand Prix 3000 (Jun 28); 9 Stretford BMC Grand Prix; 2 Milton Keynes XC; 6 Liverpool XC
- 606 GOODALL Alice GBR 21y**
2022 Scottish Universities Cross Country Champion, representing Edinburgh University
3000 pb: 10:12.00 -18. 1500 pb: 4:35.18 -18. 2 Scottish short course XC 2018 (2022-4). Coach-Mark Nixon
In 2022: 2 Fife Festival Trail Running 10K; 4 Scottish short course XC; 1 Scottish Universities XC; 13 Liverpool XC
- 610 KEITH Megan GBR 20y**
2021 European Junior Cross Country Champion // 5000 pb: 15:53.34 -22. 3000 pb: 9:06.85 -21. 1500 pb: 4:17.26 -22. 4 EJC 3000 2021. At EXC: 2019 -27J, 2021-1J. 1 Scottish 1500 2022. Coach-Ross Cairns
In 2022: 5 Dundonald Northern Irish International XC; 5 WSG XC; 6 North Belfast Harriers 5000; 3 Birmingham University BMC Grand Prix 5000; 3 Loughborough International; 6 Glasgow BMC Regional 3000; 4 Espoo 5000; 3 Watford International BMC 'B'; 16 UK 5000; 1 Glasgow Miler Meet 1500; 1 Scottish 1500; 6 Loughborough BMC 1500; 6 Cardiff XC; 15 Spanish Clubs XC; 15 Atapuerca XC; 2 Liverpool XC

- 611 MARGHINI Yasmin GBR 20y**
5000 pb: 16:07.23 -22. 1500 pb: 4:22.39 -22. 5 English 'National' under-20 XC 2020; 1 Middlesex junior XC 2022; 5 English Schools XC 2020; Attends Boise State University. Coach-Wayne Vinton
In 2022: 2 Middlesex XC; 8 Stanford Invitational 5000; 8 Azusa Clay Invitational; 1 Fresno 5000; 4 Mountain West Conference 5000; 9ht NCAA West 5000; 46 Notre Dame Plane Invitational 'Blue' 5K XC; 44 Wisconsin Invitational XC; 2 Mountain West Conference XC; 10 NCAA West Regional XC; 35 NCAA XC; 11 Liverpool XC
- 614 MILLARD Alexandra GBR 20y**
2022 English 'National' under-20 Cross Country Champion // 5000 pb: 15:47.78 -22. 3000 pb: 9:15.79 -22. 1500 pb: 4:12.95 -22. 1 English under-23 1500 2022; 6 UK 1500 2022. Coach-Bill Foster
In 2022: 10 Elgöbar XC; 1 English 'National' under-20 XC; 4 British Universities 1500; 2 Birmingham University BMC Grand Prix 5000; 1 Loughborough International 3000; 4 Manchester BMC Grand Prix; 5 Watford International BMC 1500; 1 Loughborough BMC Regional 800; 6 UK 1500; 2 University of Birmingham Festival 1500; 1 English under-23 1500; 2 Eitham BMC Regional 800; 4 Schifflange 1500; 1 Milton Keynes XC; 8 Liverpool XC
- 620 WALKER Eloise GBR 21y**
Scottish Commonwealth Games representative // 5000 pb: 15:25.21 -22. 1500 pb: 4:09.97 -22. 11 EJC 3000 2019; 20 COM 5000 2022. At WXC: 2019 -51J. At EXC: 2021-19u23. 2 English under-15 1500 2015; 1 Scottish under-20 XC 2018/2019; 3 Scottish indoor 1500 2020 & short course XC 2021. Coach-Trevor Painter
In 2022: 1 Karlsruhe 'Long Run Night' 5000; 8 Montreuil International 5000; 7 University of Birmingham Festival; 2 Stretford BMC Grand Prix; 20 COM 5000; 5 Milton Keynes XC; 15 Liverpool XC
- 625 BROMMEL Rahel GER 20y**
10,000 pb: 35:48.56 -22. 5000 pb: 17:05.50 -21. 1500 pb: 4:21.44 -22. 2 German junior 3000 2020; 3 German under-23 1500 2023
In 2022: 5 German indoor 1500; 10 Berlin Invitational 10K 'B'; 4 German under-23 10,000; 10 Karlsruhe 'Long Run Night' 1500; 6 Oordegem IFAM 1500 'B'; 12 Rehlingen 1500; 7 German 1500; 12 Heusden Night of Athletics national 800 'B'; 12 Kortrijk national 800; 3 German under-23 1500
- 628 DREES Annasophie GER 20y**
10K pb: 36:48 -21. 5000 pb: 17:14.86 -19. 3000 pb: 9:48.38 -19. dnf European Youth 2000SC 2018. At EXC: 2018-64J
In 2022: 4 Pfungstadt 3000; 2 Göttingen 5000; 8 German under-23 5000; 2 Bergisch Gladbach 5000 (4 1500); 17 German 10K
- 630 HECKEL Emma GER 20y**
2021 European junior bronze at 5000m, then again at cross country when she led German to team golds
10,000 pb: 33:05.02 -22. 5000 pb: 15:41.07i -21, 15:52.78 -22. 3000 pb: 9:18.64 -21. 1500 pb: 4:26.33 -21. 3 EJC 5000 2021. At EXC: 2021-3J. 2 German junior 5000 2021. Attends University of New Mexico
In 2022: 14 NCAA indoor 5000; 5 Stanford Invitational 10,000 'B'; 10 Azusa Clay Invitational 5000; 2 Mountain West Conference 5000 (3 10,000); 14 NCAA 10,000 (18 5000); 9 German 5000; 3 Bavarian 1500; 3 German under-23 5000; 16 Notre Dame Plane Invitational 'Blue' 5K XC; 26 Wisconsin Invitational XC; 3 Mountain West Conference XC; 9 NCAA Mountain Regional XC; 38 NCAA XC; 6 German XC
- 632 JURENKA Mia GER 20y**
Junior team gold (& 7th individually) at 2021 European Cross Country Championships
10K pb: 34:01 -21. 5000 pb: 16:50.58 -22. 3000 pb: 9:35.79 -21. 1500 pb: 4:35.56 -21. At EXC: 2021-7J
In 2022: 9 Dortmund 5000; 13 German 5000; 8 German Half Mar; 25 German 10K; 2 Darmstadt XC; 7 German XC
- 641 VORTMEIER Anneke GER 20y**
Junior team gold (& 5th individually) at 2021 European Cross Country Championships
10K pb: 34:08 -21. 5000 pb: 16:44.19 -21. 3000 pb: 9:18.06 -21. 8 European Youth 3000 2018; 6 EJC 3000 2021. At EXC: 2018-38J, 2019-29J, 2021-5J. 1 German junior 3000 2020
In 2022: 2 Hannover Half Mar; 4 German under-23 1500; 1 Bochum 10K; 9 German XC
- 646 LAVASA Dáfní-Eftihía-Tereza GRE 21y**
5000 pb: 16:23.51 -22. 3000 pb: 9:24.02 -22. 1500 pb: 4:25.27 -22. 14 EJC 5000 2019. At EXC: 2018-68J, 2021-47u23
In 2022: 1 Coral Gables Hurricane Invitational 1500/3000 (Mar18/19); 1 Coral Gables Hurricane Invitational 1500; 1 Florida Relays 5000; 1 Coral Gables Hurricane Invitational 1500 (Apr 9); 3 Baton Rouge LSU Alumni Gold; 3 Jacksonville Invitational Invite 5000; 7 Atlantic Coast Conference 10,000; 20 Atlantic Coast Conference 5000; 17ht NCAA East 10,000; 5 Greek 1500
- 657 DONEGAN Danielle IRL 21y**
10,000 pb: 36:19.21 -21. At EXC: 2019-84J, 2021-31u23. Club-University College Dublin. Coach-Emmet Dunleavy
In 2022: 15 Dundonald Northern Irish International XC; 3 Irish Universities indoor 3000; 9 Irish indoor 3000; 5 Belfast IMC 5000; 11 Irish 5000; 11 Irish XC
- 665 HEALY Sarah IRL 21y**
European Youth Champion at 1500m & 3000m in 2018, then 2019 European junior silver at 1500m
3000 pb: 8:46.14 -22. 1500 pb: 4:02.86 -22. 800 pb: 2:02.76 -18. 1 European Youth 1500/3000 2018; 2 EJC 1500 2019; ht OLY 1500 2021; ht WCH 1500 2022; ht ECH 1500 2022. 1 Irish 1500 2019/2021 & indoor 3000 2022. At EXC: 2018-9J, 2021-5u23. She turned down offers from US Universities, instead accepting a place at University College Dublin. Coach-Eoghan Marnell
In 2022: 1 Irish indoor 3000; 5ht WIC 1500; 2 London Millicent Fawcett Mile; 11 Birmingham Diamond 1500; 6 Ostrava Golden Spike 1500; 4 Irish 800; 6 Stockholm Diamond 1500; 2 Dublin Morton Games Mile; 1 Cork City Sports 3000; 12ht WCH 1500; 11ht ECH 1500; 1 Irish XC
- 668 MCCANN Jodie IRL 22y**
2019 Irish Junior Cross Country Champion // 3000 pb: 9:34.53 -19. 1500 pb: 4:22.85 -17. At EXC: 2016-72J, 2017-34J, 2018-35J, 2019-46J, 2021-49u23. 1 Irish under-23 indoor 1500 2020. Club-Dublin City Harriers. Coach-Clark McCann
In 2022: 4 Belfast XC; 20 Irish XC
- 671 MOONEY Laura IRL 20y**
Irish junior record holder at 5000m // 10,000 pb: 33:23.95 -22. 5000 pb: 16:09.43 -22. 6 EJC 5000 2021. At EXC: 2021-55J. 1 Irish junior 5000 2021. Club-Tullamore H. Coach-Ray Treacy. Attends Providence College
In 2022: 1 Providence Friar Invitational 5000; 2 Penn Relays Championship 10,000; 5 Big East Conference 5000; 177 Wisconsin Invitational XC; 46 NCAA Northeast Regional XC; 12 Irish XC
- 674 O'CUILL Aoife IRL 21y**
(Aoife pronounced like "Eefa", O'Cuill pronounced like O'Cool) // 10,000 pb: 34:41.36 -21. 5000 pb: 16:12.26 -22. 22 under-23 ECH 10,000 2021. At EXC: 2019-62J, 2021-32u23. 1 Irish youth 3000 2018. Club-St Coca's. Coach-Joe Ryan
In 2022: 2 Irish Indoor Games 1500; dnf Irish indoor 3000; 1 Irish Universities 5000; 7 Belfast 5000; 7 North Belfast Harriers 5000; 20 Carquefou 5000; dnf Irish 5000; 16 Irish XC
- 675 O'MAHONY Niamh IRL 20y**
5000 pb: 16:56.66 -22. 3000 pb: 9:52.27 -18. 1500 pb: 4:48.10 -18. 1 Irish Schools under-18 3000 2019. Attends Providence College
In 2022: 24 Dundonald Northern Irish International XC; 1 Irish Universities 3000 (3 5000); 1 County Kerry 3000; 7 Dublin IMC 5000; 1 Munster under-23 3000; 1 Munster 5000; 9 Irish 5000; 1 Irish under-23 5000; 2 Belfast Half Mar; 133 Wisconsin Invitational XC; 13 'Big East' Conference XC; 14 NCAA Northeast Regional XC; 157 NCAA XC
- 690 ARNAUDO Anna ITA 22y**
Under-23 team gold at 2021 European Cross Country Championships // 10,000 pb: 32:09.54 -22. 5000 pb: 15:39.02 -21. 3000SC pb: 9:45.86 -21. 10 EJC 3000 2019; 9 World Junior Mountain Running Champs 2019; 2 under-23 ECH 10,000 2021. At EXC: 2019-32J, 2021-6u23. 1 Italian 5000 2021 & 10,000 2022. Student of Computer Engineering at Turin Polytechnic. Coach-Gianni Crepaldi
In 2022: 9 San Giorgio Legnano XC; 5 San Vittore Olona XC; 2 Italian XC; 6 Milan Walk & Middle Distance Night; 1 Italian 10,000; 7 ECP 10,000; 10 Carquefou 5000; 7 Italian 5000; 10 Mediterranean Games 3000SC; 1 Modena 5000/3000SC; 1 Brescia 5000; 7 Italian Half Mar; 1 Turin La Mandria 'Test' XC
- 692 BADO Aurora ITA 20y**
2022 Mediterranean under-23 5000m Champion // 10K pb: 34:15 -21. 5000 pb: 16:01.21 -22. 3000 pb: 9:59.99 -20. 3000SC pb: 10:47.48 -21. ht EJC 3000SC 2021; 1 Mediterranean under-23 5000 2022. At EXC: 2021-33J
In 2022: 13 San Vittore Olona XC; 10 Italian XC; 2 Turin Half Mar; 1 Brescia 10,000; 5 Italian 10,000; 3 Milan Half Mar; 1 Saronno 1500/5000; 2 Italian under-23 5000 (3 1500); 4 Italian 5000; 2 Boissano 800; 2 Canegrate 5K; 1 Mediterranean under-23 5000; 8 Italian Half Mar; 5 Turin La Mandria 'Test' XC
- 693 BATTOCLETTI Nadia ITA 22y**
DEFENDING EUROPEAN under-23 CROSS COUNTRY CHAMPION
Seventh in 2021 Olympic 5000m
5000 pb: 14:46.29 -21. 3000 pb: 8:50.66 -22. 1500 pb: 4:09.38 -21. 6 European Youth 3000 2016; 3 EJC 3000 2017; 8 WJC 3000 2018; 2 EJC 5000 2019; 1 ETC 5000 2021; 1 under-23 ECH 5000 2021; 7 OLY 5000 2021; 7 ECH 5000 2022. At WXC: 2017-34J. At EXC: 2017-5J, 2018-1J, 2019-1J, 2021-1u23. 1 Italian 5000 2018 (she became the first became the first athlete born in the 2000s to win a senior Italian title) / 2020. 1 Italian 1500 2021. Her coach/father Giuliano Battocletti was 17th in the 2001 World Cross Country Championships (and also 1994 World Junior 5000m bronze & 1998 EXC 7th & team gold)
In 2022: 6 San Giorgio Legnano XC; 2 Val-de-Reuil 3000; 1 Italian XC; 1 Milan Walk & Middle Distance Night 2M; 6 Herzogenaurach 5K; 11 Doha Diamond 3000; dnf Birmingham Diamond 5000 (shin splints – she was forced to withdraw from Eugene); 1 Nembro 3000 (9:12.15); 7 ECH 5000; 6 Atapuerca XC; 2 Alcobendas XC
Rested for a month after Munich, when she discovered she had glandular fever; resumed training in October

- 695 CAVALLI Ludovica ITA 21y**
Under-23 team gold at 2021 European Cross Country Championships // 1500 pb: 4:05.79 -22. 3000 pb: 9:05.95i -21, 9:19.98 -20. 5000 pb: 16:02.63 -20. 800 pb: 2:03.71 -22. ht WJC 3000SC 2018; 6 EJC 3000SC 2019; ht EIC 3000 2021; 12 under-23 ECH 1500 2021; 12 ECH 1500 2022. At EXC: 2017 -54J, 2018-22J, 2019-15J, 2021-36u23. 2 Italian 1500/5000 2020. 1 Italian indoor 3000 2022
In 2022: 1 Italian under-23 indoor 1500/3000; 1 Italian indoor 3000 (2 1500); 1 Italian XC; 7 Málaga 5K; 1 Rome Marmi Gala 1500; 13 Rome Diamond League 1500; 4 Sollentuna Folksam 1500; 1 Italian 1500; 3 Mediterranean Games 1500; 1 Nembro 800; 12 ECH 1500; 1 Brescia 1500 (3 800)
- 702 NESTOLA Sara ITA 21y**
Under-23 team gold at 2021 European Cross Country Championships // Half Mar pb: 76:35 -21. 5000 pb: 16:42.07 -21. 3000 pb: 9:37.44 -21. At EXC: 2021-33u23
In 2022: 20 Italian XC; 1 Correggio 10,000; 2 Italian Universities 5000; 4 Italian under-23 5000 (6 1500); 9 Arezzo 5K; 17 Italian 10K; 5 Zola Predosa 5K; 13 Italian Half Mar; 7 Turin La Mandria 'Test' XC
- 707 SELVA Giovanna ITA 22y**
Under-23 team gold (& 11th individually) at 2021 European Cross Country Championships
10K pb: 34:06 -21. 10,000 pb: 33:47.41 -22. 5000 pb: 15:59.00 -21. 7 World Junior Mountain Running Champs 2019. At WXC: 2021-11u23
In 2022: 7 San Vittore Olona XC; 2 Ala' Dei Sardi XC; 3 Italian XC; 3 Milan Walk & Middle Distance Night; dnf Italian 10,000; 1 Nembro; 4 Milan Mile; 9 Italian 1500; 7 Mediterranean Games 5000; 1 Canegrate 5K; 9 Nembro 3000; 6 Arezzo 5K; 7 Italian 10K; 1 Lugano 10K; 7 Pettinengo 9.6K; 7 San Sebastián XC
- 713 KARINAUSKAITE Greta LTU 21y**
2x Lithuanian Champion // 3000SC pb: 9:50.26 -22. 5000 pb: 15:58.91 -22. 3000 pb: 9:38.43 -22. 9 European Youth Olympic Festival 3000 2017; 6 under-23 ECH 3000SC 2021; ht ECH 3000SC 2022. At EXC: 2017-92J, 2018-57J, 2019-40J, 2021-42u23. 1 Lithuanian 3000SC 2020/2022. Attends California Baptist University (in Riverside, California)
In 2022: 1 Riverside City College Invitational 3000; 1 Fullerton Brown Invitational 5000; 1 Fresno West Coast Relays 3000SC; 3 Mt SAC Relays 5000; 1 Fresno 3000SC; 1 Western Athletic Conference 3000SC (2 5000); 1 Lithuanian 3000SC; 9ht ECH; 5 Weis-Crockett Invitational XC; 3 Western Conference XC; 39 NCAA West Regional XC; 214 NCAA XC
- 717 MAATOUG Amina NED 20y**
800 pb: 2:05.70 -20. 1500 pb: 4:14.52 -22. At EXC: 2021-21J. 1 Dutch indoor 800 2022. Attends Duke University in Durham, North Carolina
In 2022: 1 Dutch indoor; 2 Lisse Specke Cup 1000; 1 Heerhugowaard 1500 (4 400); 8 Oordegem IFAM 800 'B'; 1 Leiden Golden Spike 800; 5 Dutch 800; 1 Heusden Night of Athletics national 1500; 1 Bergen op Zoom 800 (5 400); 10 Kortrijk 800 'B'; 6 Ninove Flanders Cup 1500; 1 Virginia Invitational XC; 2 Bethlehem PA 'Gold' XC; 28 Wisconsin Invitational XC; 4 Atlantic Coast Conference XC; 6 NCAA Southeast Regional XC; 28 NCAA XC
- 723 ENGESÆTH Andrea Modin NOR 21y**
10K pb: 33:59 -20. 3000SC pb: 9:57.95 -20. 5000 pb: 16:00.99i, 16:17.00 -21. 1500 pb: 4:23.06 -20. 14 under-23 ECH 3000SC 2021. 1 Norwegian 3000SC 2020 & XC 2022. Attends University of New Mexico.
In 2022: 11 Albuquerque New Mexico Team Open Mile; 3 Bergen 3000; 1 Norwegian XC
- 725 RØD Kristine Meinert NOR 21y**
Half Mar pb: 76:34 -22. 10,000 pb: 34:41.38 -22. 5000 pb: 16:14.85 -22. 1 Nordic under-23 5000 2022; 2 Nordic XC 2022
In 2022: 1 Oslo 10,000 'C'; 2 Trondheim 5000 (3 3000); 9 Tønsberg 3000; 4 Norwegian 10,000 (5 5000); 5 Oslo Boysen Memorial 5000; 1 Nordic under-23; dnf Jessheim 3000; 3 Norwegian under-23 3000; 1 Trondheim Half Mar; 2 Norwegian XC; 4 Hole 10K; 2 Nordic XC
- 728 KORALEWSKA Julia POL 20y**
3000SC pb: 10:02.11 -22. 5000 pb: 16:21.64 -22. 1500 pb: 4:22.21 -22. 9 EJC 3000SC 2021; 15 WJC 3000SC 2021. At EXC: 2021-32J
In 2022: 24 WSG XC; 6 Polish 10,000; 2 Polish under-23 5000; 2 Olesnica 2000SC; 10 Oordegem IFAM 3000SC; 8 Chorzów Kusocinski 1500; 5 Polish 5000 (6 3000SC); 1 Białogard 2000SC (2 1500); 2 Polish under-23 3000SC; 1 Győr under-23 International 3000; 2 Walcz 2000SC; 9 Bydgoszcz XC; 5 Polish XC
- 731 BORBA Inês POR 20y**
5000 pb: 16:29.53 -22. 1500 pb: 4:28.36 -22. 1 Portuguese junior 3000 2020. Attends Boise State University
In 2022: 6 Stanford Invitational 5000 'B'; 12 Azusa Clay Invitational 5000 'B'; 9 Fresno State Invitational; 9 Mountain West Conference; 2 Lisbon Pereira Memorial; 7 Castellón 5000; 6 Braga 1500; 7 Portuguese 5000; 1 Vendas Novas 1500; 2 Portuguese under-23 5000 (41500); 181 Wisconsin Invitational XC
- 736 LEMOS Lia POR 21y**
5000 pb: 16:08.33 -21. 3000 pb: 9:23.94 -21. 1500 pb: 4:23.44 -21. 11 European Youth 3000 2018; 14 EJC 3000 2019; 7 ETCh 3000 2021; 9 under-23 ECH 5000 2021. At EXC: 2018-49J, 2019-18J, 2021-24u23
In 2022: 17 European Clubs Cup XC; dnf Málaga 5K; 11 Nerja 5000; 2 Braga 3000; 2 Maia Ribeiro Gala 10,000; 2 Lisbon 5K; 2 Portuguese 5000 (5 1500); 1 Portuguese under-23 5000 (3 1500); 5 Pontevedra 5000; 4 Maia 1500; 2 Leiria Portuguese Clubs 3000; 10 Nembro 3000; 8 Amorebieta XC; 14 Portuguese 10K; 11 Soria XC
- 737 MACHADO Mariana POR 22y**
Bronzes at the last two European Cross Country Championships // 5000 pb: 15:18.09 -22. 3000 pb: 8:58.61 -19. 1500 pb: 4:10.61 -19. 7 European Youth 1500 2016; 4 WJC 1500 2018; 2 EJC 3000 3019 (4 1500); 11 EIC 3000 2021; ht WCH 5000 2022. At EXC: 2017-24J, 2018-15J, 2019-3J, 2021 -3u23. 1 Portuguese indoor 1500/3000 2021. 1 Portuguese 10K/XC 2021. Her mother Albertina Machado was fifth at the 1988 World Cross Country Championships (also 7 WCH 10,000 87 & 9 OLY 10,000 88). Coach-Sameiro Araújo
In 2022: 2 Portuguese Universities 1500 (3 800); 1 Guimarães 800/1500; 4 Manchester International 5000; 1 Lisbon 5K; 8 Castellón 1500; 1 Braga 3000; 1 Portuguese 5000 (3 1500); 7 Mediterranean Games 1500; 12ht WCH 5000; 10 Seville XC
- 750 SAJN Liza SLO 20y**
10K pb: 35:05 -22. 5000 pb: 17:30.12 -22. 3000 pb: 9:49.82 -21. 1500 pb: 4:39.85 -21. ht EJC 3000 2021. At EXC: 2021-53J. 3 Slovenian 1500 2021. Law student at Portland State University
In 2022: 10 Pordenone 1500; 2 Ljubljana 5000 (3 3000); 1 Ljubljana 10K
- 756 HARING Sibylle SUI 22y**
3000SC pb: 10:05.09 -21. 5000 pb: 16:48.82 -21. 1500 pb: 4:23.67 -22. 10 European Youth 2000SC 2016; ht WJC 3000SC 2018; 5 EJC 3000SC 2019 (2017-13); 9 under-23 ECH 3000SC 2021. At EXC: 2017-35J, 2018-12J, 2019-8J
- 759 McTIGHE Agnès SUI 21y**
Clocked 9:28.35 for 3000m at age 13, a world age best at the time
5K pb: 16:28 -21. 5000 pb: 16:53.11 -21. 3000 pb: 9:25.61 -16. 1500 pb: 4:22.22 -20. 2 English 'National' under-13 XC 2015; 10 Swiss 1500 2021. Born-Warwickshire (England), her family moved to Switzerland in 2008. Attends Florida State University
In 2022: 36 Notre Dame Plane Invitational 'Blue' 5K XC; 111 Wisconsin Invitational XC; 18 Atlantic Coast Conference XC; 14 NCAA South Regional XC; 84 NCAA XC
- 762 SONNING Aina SUI 22y**
10K pb: 34:30 -22. 10,000 pb: 35:00.46 -21. 5000 pb: 16:29.73 -21. 1500 pb: 4:28.57 -21. 13 under-23 ECH 10,000 2021. At EXC: 2019-53J. 1 Swiss under-23 5000 2021
In 2022: 3 Swiss 10K; dnf London Parliament Hill 10,000 'B'
- 767 LILLEMO Emilia SWE 22y**
3000SC pb: 9:46.97 -22. 3000 pb: 9:41.64 -21. 1500 pb: 4:27.29 -21. 4 EJC 3000SC 2019; 13 under-23 ECH 3000SC 2021; ht ECH 3000SC 2022. At EXC: 2021-35u23. 1 Swedish under-23 1500 2020/2021; 1 SWE v FIN 3000SC 2021
In 2022: 4 Swedish indoor 3000; 1 Täby 2000SC; 1 Täby 3000SC; 7 Manchester International 3000SC; 1 Swedish Club Champs 3000SC; 10 Stockholm Diamond 3000SC; 2 Swedish 3000SC; 13ht ECH 3000SC; 1 Stockholm 10K
- 769 NIELSEN Wilma SWE 21y**
2021 European under-23 bronze at 800m // 1500 pb: 4:22.56 -21. 800 pb: 2:02.29 -21. 3 under-23 ECH 800 2021. 1 Swedish junior 800 2019; 1 Swedish junior 1500/3000/2000SC 2020; 1 Swedish 800 2022 (3 1500); 1 Swedish under-23 800/1500 2022
In 2022: 1 Normal IL Redbird Invite 800; 5 Oxford MS Walker Invitational 800; 9 Azusa Clay 800; 1 Missouri Valley Conference 1500 (2 800); 3 Bergen Games 800; 2 Sollentuna Folksam 800; 3 Kuortane Games 800; 2 Swedish Club Champs 1500; 1 Karlstad 800; 1 Hallsberg 800; 1 Nordic under-23 1500 (2 800); 4 Söderhamn 800; 4 Gothenburg Folksam 800; 1 Swedish 800 (3 1500); 2 Gothenburg 400; 1 Swedish under-23 800/1500 (2 2000SC, 4 400); 4 FIN v SWE 800; 113 Notre Dame XC; 5 Missouri Valley Conference XC; 23 NCAA Midwest Regional XC
- 774 GUZELYURT Sabriye TUR 22y**
Half Mar pb: 75:01 -22. 10K pb: 34:53 -22. 10,000 pb: 36:35.00 -21. 20 World Junior Mountain Running Champs 2018. At EXC: 2018-78J
In 2022: 3 Adana 10K; 6 Trabzon Half Mar; 2 Turkish Universities indoor 3000; 3 Tirana Half Mar; 2 Izmir Half Mar
- 782 ONISIMOVA Kateryna UKR 20y**
3000SC pb: 10:45.71 -22. 5000 pb: 17:38.40 -21. 3000 pb: 9:51.63 -18. 10 European Youth 2000SC 2018. At EXC: 2019-76J. 1 Ukrainian junior 3000SC 2020/2021
In 2022: 1 Roanne 1500; 1 Tassin-la-Demi-Lune 3000SC; 4 Ambilly 1500; 11 Décines-Charpieu 3000SC; 1 Saint-Égrève 1500; 6 Aubièze 3000; 2 Bron 1500; 4 French under-23 3000SC; 5 Epinal 3000SC; 3 Saran 2000; 10 Volvic XC
- 783 POTAPCHUK Ivanna UKR 21y**
(Née Kukh) // 3000SC pb: 10:58.93 -19. 3000 pb: 9:47.40 -20. 1500 pb: 4:23.76 -22. At WXC: 2019-79J. At EXC: 2018-76J, 2019-65J. 1 Ukrainian junior indoor 3000 2019; 1 Ukrainian junior XC 2019
In 2022: 3 Conegliano 3000; 1 Lutsk 1500/5000 (Jun 24/25); 1 Lutsk 800 (Jul 14); 1 Ukrainian Cup 1500; 4 Ukrainian 5000 (5 1500); 1 Ukrainian Teams 1500 (2 800)

Women's Race

12:33

72 Entrants
23 Countries

Six to run, three to score

7662m – Start + 2 short laps + 4 long laps + Finish

(10m+970m+970m+1440m+1440m+1440m+1346m+46m)

Age

- 503** **MAYER Julia AUT** **29y**
Multiple Austrian Champion on track, road and country // 10,000 pb: 33:16.76 -22. 5000 pb: 16:02.41 -22. 3000 pb: 9:22.46 -19. 18 ECH 10,000 2022. At EXC: 2019-22, 2021-39. 1 Austrian 5000 2017/2019/2022, 10,000 2020/2022 & Half Mar 2020. 1 Austrian indoor 3000 2020/2021 & 10K 2021/2022; 1 Austrian XC 2021/2022
In 2022: 5 Málaga Half Mar; 1 Austrian 10K; 1 Austrian 5000/10,000; 5 Vienna 5K; 3 Karlovac 10K; 4 Oslo Boysen Memorial 5000; 18 ECH 10,000; 1 Austrian XC; 6 Tilburg XC
- 506** **DALEMANS Eline BEL** **31y**
3x Belgian Steeplechase Champion // 3000SC pb: 9:46.50 -22. 3000 pb: 9:09.99 -22. At EXC: 2008-62J, 2009-70J. Did not compete in 2010-2015 (maternity & injuries). 1 Belgian 3000SC 2020/2021/2022
In 2022: 21 Hannut XC; 3 Brussels XC; 1 Sint-Niklaas 3000; 1 Belgian 3000SC; 2 Barcelona 3000SC; 4 Ninove Flanders Cup 3000SC; 1 Goes 3000; 16ht ECH 3000SC; 1 Utrecht 10K; 5 Mol XC
- 508** **GORISSEN Mieke BEL** **40y**
Top 20 at both the 2022 World & 2022 European Marathons, just 28 days apart (clocking 2:31:06 then 2:31:48)
Marathon pb: 2:28:31 -21. 10,000 pb: 34:32.58 -20. 5000 pb: 16:28.82 -20. 1 Belgian over-35 5000 2020. Began competing at age 35 after taking part in a fun run and discovering she was quite good at it. Full-time teacher of maths & physics. Coach-Gilbert Simal
Marathons include: 7 Enschede 2021, 28 OLY 2021, 19 WCH 2022, 13 ECH 2022
In 2022: 8 Hannut XC; 1 Brussels XC; 19 WCH Marathon; 13 ECH Marathon; 3 Mol XC
[It is reported that she has withdrawn from the championships with a foot injury]
- 512** **ROOMS Lisa BEL** **26y**
2x Belgian Champion at 5000m // 10,000 pb: 33:20.50 -22. 5000 pb: 15:50.59 -22. 3000 pb: 9:11.02 -22. 1500 pb: 4:17.89 -21. 3000SC pb: 10:15.76 -19. 9 WSG 3000SC 2019. At EXC: 2015-51J, 2016-33u23, 2018 -44u23. 1 Belgian 5000 2019/2022 & 10,000 2022
In 2022: 7 Hannut XC; 2 Brussels XC; 1 Belgian 10,000; 4 Karlsruhe 'Long Run Night' 5000; 3 Espoo 5000; 1 Belgian 5000; 7 Cork City Sports 3000; 15 ECH 5000; 3 Groningen 4M; 9 Mol XC; 1 Roeselare XC
- 516** **VERBRUGGEN Hanne BEL** **29y**
Marathon pb: 2:29:14 -20. Half Mar pb: 71:46 -22. 10,000 pb: 33:30.67 -19. 5000 pb: 15:48.00 -20. Biology teacher who did not take up running until 2015. 1 Belgian 5000 2017 & 10,000 2020. Coach-Frans Mattens
Marathons (6): 6 Düsseldorf 2019; dnf Berlin 2019, 20 Valencia 2020, 49 OLY 2021, 17 Seville 2022, 8 ECH 2022
In 2022: 9 Santa Pola Half Mar; 17 Seville Marathon; 10 Brussels XC; 17 Istanbul Half Mar; 4 Riga Half Mar; 4 Oelde 10K; 2 Olomouc Half Mar; 8 ECH Marathon; 5 Breda Half Mar; 4 Roeselare XC
- 520** **MIRCHEVA Militsa BUL** **28y**
Fifteenth at 2015 World Championship Marathon. Bulgarian record holder at 10,000m & Half Mar
Marathon pb: 2:29:23 -22. Half Mar pb: 71:14 -19. 10,000 pb: 32:30.07 -19. 5000 pb: 15:43.30i, 15:45.97 -19. 12 EJC 5000 2013; 8 under-23 ECH 10,000 2015; 65 World Half Mar 2016. At WXC: 2013-39J. At EXC: 2013 -32J, 2014-2u23, 2015-12u23, 2016-30u23, 2017-46, 2018-40, 2021-62. 1 Bulgarian 1500 2019 & 5000 2016/2019/2020 & 3000SC 2015. Pursuing a degree in social science at Florida State University
Marathons (9): 1 Sofia 2015, 3 Podgorica 2015, 108 OLY 2016, 1 Kyustendil 2021, 2 Sofia 2021, 19 Houston 2022, 5 Copenhagen 2022, 15 WCH 2022, dnf ECH 2022
In 2022: 19 Houston Marathon; 1 Bulgarian indoor 3000; 1 Stara Zagora Half Mar; 5 Copenhagen Marathon; 1 Bulgarian 5000 (4 1500); 7 European Uphill Mountain Running Champs; 15 WCH Marathon (28 days before August 15); dnf ECH Marathon; 1 Bulgarian XC
- 527** **BOVE Nanna DEN** **27y**
Half Mar pb: 71:49 -22. 10,000 pb: 37:36.97 -21. 5000 pb: 15:59.79 -22. 1 Danish 10,000 2021 & 5000 2022
In 2022: 29 Berlin Half Mar; 2 Danish 10K; 1 Copenhagen 5K; 3 Copenhagen Road Mile; 8 Copenhagen Games 3000; 1 Danish 5000; 2 Oslo Boysen Memorial 5000; 10 Stretford BMC Grand Prix 5000; 19 Copenhagen Half Mar; 12 Berlin 10K; 4 Nordic XC; 1 Danish XC
- 529** **HVID Juliane DEN** **24y**
Half Mar pb: 78:19 -22. 3000SC pb: 10:36.42 -22. 1 Danish 3000SC 2022
In 2022: 3 Copenhagen 10K; 2 Hillerød 5K; 37 Berlin Half Mar; 8 Danish 10K; 1 Copenhagen 3000SC; 1 Danish 3000SC; 57 Copenhagen Half Mar; 9 Nordic XC; 55 Copenhagen Half Mar; 33 World Military XC; 2 Danish XC
- 533** **KRISTENSEN Sara Schou DEN** **25y**
Half Mar pb: 73:51 -22. 10K pb: 34:47 -22. At EXC: 2017-54u23, 2018 -68u23. 1 Danish XC 2018
In 2022: 2 Copenhagen 10K; 5 Hillerød 5K; 24 Berlin Half Mar; 3 Danish 10K; 1 Aarhus Half Mar; 5 Danish 5000; 25 Copenhagen Half Mar; 6 Aarhus 5000 'B'; 1 Herlev 10K; 4 Danish XC
- 534** **MILLENAAR Carolien DEN** **25y**
5000 pb: 16:36.24 -22. 3000SC pb: 10:22.37 -21. At EXC: 2021-63. 3 Danish 3000SC 2021. Student of Biology at the University of South Alabama
In 2022: 4 Raleigh Relays 10,000 'B'; 7 Durham NC Duke Invite 5000
- 536** **SAUGSTRUP Annie DEN** **26y**
Half Mar pb: 78:33 -22. 10K pb: 36:35 -22
In 2022: 6 Copenhagen 10K; 12 Danish 10K; 10 Copenhagen 5000 (May 23); 5 Copenhagen 5000 (Aug 23); 46 Copenhagen Half Mar; 8 Nordic XC; 3 Danish XC
- 540** **AIT ALIBOU Naima ESP** **23y**
Naima Ait Alibou Ouahda // 1500 pb: 4:14.46 -22. 10K pb: 35:04 -19. 1 Catalonian under-23 800/1500 2021. Born-Morocco. Coach-Fernando García Herbera
In 2022: 19 Spanish XC; 9 Atapuerca XC; 6 Soria XC
- 542** **BARREIRO Isabel ESP** **23y**
Full name-Isabel Barreiro García // 10K pb: 34:44 -19. 5000 pb: 15:40.60 -21. 3000 pb: 9:28.86 -21. 1500 pb: 4:19.26 -21. 9 European Youth 3000 2016; 4 under-23 ECH 5000 2021-17. At EXC: 2016-75J, 2017-80J, 2018-30J, 2019 -21u23, 2021-22u23. 1 Spanish youth 3000 2016. Coach-Carlos Francisco Rionda
In 2022: 19 Elgóibar XC; 1 L'Hospitalet de Llobregat 3000; 5 Andújar 5000; 2 La Nucia Spanish Clubs 'Iberdrola' Division of Honour 3000; 3 Castellón 5000; 3 Spanish 5000; 2 Pontevedra 5000; 3 Maliaño 10K; 1 Valencia 15K; 1 Amorebieta XC; 10 Atapuerca XC; 8 San Sebastián XC; 4 Seville XC
- 551** **GARCIA Marta ESP** **24y**
Full name-Marta García Alonso // 5000 pb: 15:23.36 -22. 3000 pb: 8:51.04 -22. 1500 pb: 4:07.31 -22. 4 EJC 5000 2017 (7 3000); ht EIC 3000 2021; 12 ECH 5000 2022. At WXC: 2017-54J. At EXC: 2016-28J, 2017-13J, 2018 -12u13. 1 Spanish indoor 3000 2021 & Spanish 5000 2022. Coach-Uriel Reguero
In 2022: 4 Jumilla 10K; 7 European Clubs Cup XC; 2 Spanish 10K; 11 Birmingham Diamond 5000; 4 Huelva; 8 Rabat Diamond 3000; 7 'Meeting Madrid' 1500; 1 Spanish 5000; 5 Stretford BMC Grand Prix 5000; 3 Lignano Sabbiadoro 1500; 12 ECH 5000; 9 Zurich Diamond 5000; 13 Zagreb Mile; 1 Madrid Road Mile; 13 Atapuerca XC; 2 Soria XC; 5 Seville XC
- 554** **MARQUES Agueda ESP** **23y**
Full name-Agueda Marqués Muñoz // 1500 pb: 4:07.51 -22. 800 pb: 2:04.32 -21. 7 under-23 ECH 1500 2009; dq EIC 1500 final 2021 (for obstruction, otherwise 7th); 4 under-23 ECH 1500 2021. At EXC: 2021-15u23. 2 Spanish 1500 indoors & out 2022. Coach-Arturo Martín
In 2022: 2 Spanish indoor 1500; 1 Avilés Road Mile; 1 Ibiza 2000; 2 Huelva 1500; 9 Andújar 800; 7 Castellón 1500; 10 'Meeting Madrid' 1500; 2 Spanish 1500; 4 Stockholm Diamond 1500; 1 Barcelona 1500; 11ht ECH 1500; 11 Atapuerca XC; 11 Seville XC
- 560** **ROBLES Carolina ESP** **31y**
Full name-Carolina Robles Campos
Full name-Carolina Robles Campos
2021 Olympic Steeplechase finalist (she was advanced from the heats after having been accidentally brought down by another athlete in her heat)
3000SC pb: 9:28.24 -22. 5000 pb: 15:37.98 -22. 10,000 pb: 34:34.21 -19. 14 OLY 3000SC 2021; ht WCH 3000SC 2022. At EXC: 2011-28u23, 2021-18. 1 Spanish 3000SC 2022. Coach-Antonio Serrano
In 2022: 12 Elgóibar XC; 7 Spanish XC; 2 Nerja 5000; 1 Zaragoza 3000; 6 Ibero-American 3000SC; 11 Hengelo FBK Games 3000SC; 1 La Nucia Spanish Clubs 'Iberdrola' Division of Honour 3000SC; 3 'Meeting Madrid' 3000SC; 1 Spanish 3000SC; 1 Spanish Autonomous 5000; 9ht WCH 3000SC; 7ht ECH; 11 ECH 3000SC; 14 Atapuerca XC; 6 San Sebastián XC; 7 Seville XC
- 563** **SANCHEZ-ESCRIBANO Irene ESP** **30y**
Full name-Irene Sánchez-Escribano Figueroa
6x Spanish Steeplechase Champion
3000SC pb: 9:23.94 -22. 5000 pb: 15:33.29 -21. 3000 pb: 9:13.80i, 9:15.33 -18. 1500 pb: 4:17.55 -19. ht WCH 3000SC 2017/2019/2022; 8 ECH 3000SC 2018 (2016-ht, 2022-8); 2 ETCh 3000SC 2019 (2017/2021-3). 1 Spanish 3000SC 2015/2017/2018/2019/2020/2021. At WXC: 2011-87J, 2019-25. At EXC: 2011-55J, 2012-60u23, 2016-50. Coach-Antonio Serrano
She was selected for Tokyo 2021, but withdrew after fracturing a bone in her foot the week before she was due to travel to the Games
In 2022: 2 Iberian Trophy 10,000; 5 Nerja 5000; 2 Ibero-American 3000SC; 10 Hengelo FBK Games 3000SC; dnf 'Meeting Madrid' 3000SC; 2 Spanish 3000SC; 1 Spanish Autonomous 3000SC; 10ht WCH 3000SC; 12 Monaco Diamond 3000SC; 10 ECH 3000SC; 13 Brussels Diamond 3000SC; 12 Atapuerca XC; 4 San Sebastián XC; 8 Seville XC
- 568** **MAASIK Laura EST** **29y**
Former Estonian Champion at 400m Hurdles // Marathon pb: 3:05:13 -19. 10,000 pb: 35:21.94 -22. 5000 pb: 16:54.45 -21. 3000 pb: 9:20.98i, 9:25.17 -21. At EXC: 2021-72. 1 Estonian indoor 3000 2018 (2020/2021-2). 1 Estonian 400H 2012; 1 Estonian indoor 3000 2018; 1 Estonian 3000SC 2018/2020; 1 Estonian XC 2020/2022
Marathons (3): 45 Oslo 2015, 24 Dublin 2016, 3 Tallinn 2019
In 2022: 1 Estonian short course XC; 1 Kohila 2000; 5 Lahti 3000; 2 Rapla 10K; 1 Espoo 1500 'B'; 2 Tallinn 1000; 2 Rakvere 1500; 3 Jõhvi 800; 1 Estonian 3000SC; 2 Pärnu Beach 800; 1 Kääriku 400; 7 Ninove Flanders Cup 3000SC; 1 Pärnu 800; 1 Baltic Team Champs 3000SC (4 800); 1 Viljandi 3000; 2 Kehtna 600; 3 Tallinn 10K; 8 Lidingöloppet 30K XC; 1 Estonian XC; 1 Baltic Team Champs XC

- 572 PEIPONEN Johanna FIN 31y**
2015 Nordic Cross Country Champion // Half Mar pb: 74:50 -20. 10,000 pb: 31:42.9 -16. 5000 pb: 15:43.84 -16. 4 European Youth Olympic Festival 3000 2007; 16 ECH 10,000 2016. At EXC: 2015-10, 2021-28. 1 Nordic XC 2015. 1 Finnish indoor 3000 2008 & 5000 2014; 1 Finnish 10K/Half Mar 2020. She is a qualified beautician and masseuse. Coach/mother-Aira Peiponen
In 2022: 6 Finnish indoor 3000; 4 Lahti 3000; 6 Espoo 5000; 7 Kuortane Games 3000; 2 Oulu 10,000; 2 Finnish 10,000; 4 FIN v SWE 10K (6 5000); 5 Nordic XC
- 573 RICHARDSSON Camilla FIN 29y**
4x Finnish Steeplechase Champion, but now concentrating on the flat
Marathon pb: 2:30:45 -21. Half Mar pb: 70:51 -21. 10,000 pb: 32:19.27 -22. 5000 pb: 15:16.71 -22. 4 under-23 ECH 3000SC 2015 (9 5000); ht WCH 3000SC 2015/2017/2019; 4 ETCh 3000SC 2019 (2015-5); ht WCH 5000 2022. 1 Finnish 3000SC 2017/2018/2019/2021, 5000 2022 & 10,000 2016. Coach-Jukka Keskiälä (1 ECH 3000SC 2006)
Marathon (1): 20 Valencia 2021
In 2022: 9 UK 10,000; 13 ECP 10,000; 2 Espoo 5000; 2 Kuortane Games 3000; 1 Oulu 5000; dnf/ht WCH 5000 ("I just couldn't stand this heat"); 1 Finnish 5000 (2 1500); 9 ECH 10,000 (10 5000) (personal bests in both events)
- 575 ALLIER Mélanie FRA 22y**
5000 pb: 16:08.40 -22. 1500 pb: 4:27.92 -22. 1 French under-23 5000 2021; 1 French 5K 2022
In 2022: 1 Lyon Elite 3000 'B'; 4 French 10K; 1 Saint-Etienne 800; 5 Karlsruhe 'Long Run Night' 5000; 7 Décines-Charpieu 1500 'B'; 8 French 5000; 2 Vénissieux 800; 1 French 5K; 7 Gujan-Mestras XC
- 576 BOUCHARD Marie FRA 29y**
Marathon pb: 2:48:56 -22. Half Mar pb: 72:19 -20. 3000SC pb: 9:41.32 -18. 5000 pb: 15:32.95 -18. 1500 pb: 4:19.28 -18. 6 Mediterranean Games 5000 2017. St WXC: 2019-62. At EXC: 2015-20u23, 2018-17. 1 French under-23 3000SC 2015
Marathon (1): 20 Frankfurt 2022
In 2022: 14 Valencia 10K; 2 French XC; 6 Pacé 10,000; 3 French Half Mar; 1 Paimpol 10K; 8 Paris 20K; 20 Frankfurt Marathon; 4 Alonnes XC; 2 Gujan-Mestras XC
- 584 JAROUSSEAU Cecile FRA 29y**
Half Mar pb: 74:25 -22. 5000 pb: 16:25.04 -19. 1500 pb: 4:30.87 -15. At EXC: 2011-72J, 2012-24J, 2013-40u23, 2015-24u23
In 2022: 4 French XC; 10 Barcelona Half Mar; 24 Valencia Half Mar; 8 Gujan-Mestras XC
- 587 MADELEINE Sarah FRA 24y**
1500 pb: 4:13.18 -22. 800 pb: 2:06.96 -20. 3 French indoor 1500 2022
In 2022: 3 French indoor 1500; 1 Versailles 1500; 1 Le Plessis Robinson 800; 5 Oordegem IFAM 1500; 9 Marseille International 1500; 4 Gujan-Mestras XC
- 588 MITARD Alice FRA 24y**
1500 pb: 4:15.48 -22. 3000 pb: 9:54.13 -19. 3000SC pb:10:21.90 -19. At EXC: 2017-33J, 2018-35u23
In 2022: 1 French Universities indoor 1500; 10 French indoor; 2 French short course XC; 1 Blois 1000; 1 Saran 800/1500; 2 Oordegem IFAM 1500 'B'; 1 Romorantin Lanthenay 800; 4 Décines-Charpieu 1500; 12 French 1500; 1 Saint-Maur 1500; 1 Gujan-Mestras XC
- 595 TONNEAU Sophie FRA 28y**
5000 pb: 16:15.08 -22. 3000 pb: 9:29.41 -22. 1500 pb: 4:20.61 -22. At EXC: 2016-32u23
In 2022: 1 Brumath 5000; 1 Tomblaine 1500; 4 Strasbourg 3000; 9 French 5000; 1 Saarbrücken 1500; 2 Epinal 5000; 9 Schifflange 1500; 9 Gujan-Mestras XC
- 600 DONNELLY Abbie GBR 26y**
Thirteenth, then 12th at the last two European Cross Country Championships
10,000 pb: 32:20.82 -22. 5000 pb: 15:42.65 -21. 3000 pb: 9:18.12 -19. At WXC: 2015-80J. At EXC: 2018-17u23, 2019-13, 2021-12. 1 English Schools XC 2015; 2 English under-23 5000 2018. Coach-Rob Lewis
In 2022: 10 Dundonald Northern Irish International XC; 1 British Universities 5000 (2 300); 13 UK 10,000; 9 ECP 10,000; 2 Leicester 'Podium' 5K; 4 Milton Keynes 'PB Special' 5000; 1 Lincoln 10K; 3 Liverpool XC
- 605 GIBBON Jessica GBR 26y**
2022 English 'National' Cross Country Champion // 10,000 pb: 32:27.95 -22. 5000 pb: 16:10.07 -22. At EXC: 2013-11J, 2021-11 (team golds both time). 1 South of England XC 2020; 1 English 'National' XC 2021. In 2020 she became the first woman to win the 10K at Goring-on-Thames, defeating the first man by a full minute. Was at the University of Bath. Self-coached
In 2022: 7 Dundonald Northern Irish International XC; 4 Diest XC; 1 English 'National' XC; 1 Bath 5K; 1 'Great' Birmingham 10K; 1 Cardiff 5000; 10 UK 10,000; 23 ECP 10,000; 3 Cardiff XC; 3 Milton Keynes XC; 5 Liverpool XC
- 609 HUGHES Cari GBR 23y**
2018 British Universities Champion at 1500m // 5K pb: 15:57 -22. 5000 pb: 16:18.30 -22. 1500 pb: 4:13.70 -22. At WXC: 2017-64J. At EXC: 2017-9J, 2018-13J, 2019-dnf/u23, 2021-16u23. 1 English under-15 800 2013; 1 Welsh 1500 2017; 1 British Universities 1500 2018. Attends Loughborough University. Coach-Andrew Walling
In 2022: 3 Battersea Park 'Podium' 5K; 5 UK indoor 3000; 1 Stanford Jordan Invitational 'B'; 14 San Juan Capistrano 'Track Meet' 5000 'B'; 1 Lucerne 1500; 3 Düsseldorf Road Mile; 4 Milton Keynes XC; 9 Liverpool XC
- 612 MARKOVIC Amy-Eloise GBR 27y**
(Née Neale)
Markovic is pronounced like "Mark-oats" (she advises)
2021 European Indoor Champion at 3000m
Half Mar pb: 71:12 -22. 10,000 pb: 31:25.57 -22. 5000 pb: 14:56.60 -22. 3000 pb: 8:40.32 -22. Mile pb: 4:27.13 -21. 1500 pb: 4:08.68i -22, 4:09.31 -19. 11 World Youth 2000SC 2011; 5 EJC 3000SC 2016; 11 WJC 3000SC 2014; 1 EIC 3000 2021; ht OLY 5000 2021; ht WCH 5000 2022; 4 COM 5000 2022; 5 ECH 5000 2022. At WXC: 2013-21J. At EXC: 2017-4u23. 2 NCAA XC 2017. 1 UK indoor 3000 2022; 1 UK 5000 2022. Was at University of Washington, she has dual citizenship with the USA (She was born in Stockport, her family moved to Washington when she was two). Lives-Charlottesville, Virginia. Coach-Rob Denmark
Husband-Jernej Markovic SLO (2012 European Rowing Championships bronze at Quadruple Sculls, now retired)
In 2022: 4 Birmingham Gold Tour 1500 (outright pb 4:08.68); 1 UK indoor 3000; 15 WIC 3000; 2 UK 10,000; 2 Rabat Diamond 3000; 1 UK 5000; 12ht WCH 5000; 4 COM 5000 (< 15 for first time); 5 ECH 5000; 8 Zürich Diamond 5000; 6 'Great' North Half Mar; 6 Milton Keynes XC; 4 Liverpool XC
- 618 TANK Poppy GBR 25y**
10,000 pb: 32:50.57 -21. 5000 pb: 15:45.07 -21. At EXC: 2018-9u23, 2019-18u23. 9 NCAA 10,000 2021. Studied Biology at University of Utah. Coaches-Alistair Cragg and Amy Cragg
In 2022: 8 Battersea Park 'Comeback' 5000; 12 'Bolder' Boulder 10K; 7 Boston 10K; 7 Liverpool XC
- 621 WARNER-JUDD Jessica GBR 27y**
Led Britain to team golds at 2021 European Cross Country Championships
Half Mar pb: 67:52 -22. 10,000 pb: 30:35.93 -22. 5000 pb: 14:57.19 -22. 3000 pb: 8:43.24 -17. 1500 pb: 4:03.73 -17 (4:07.93 -22). 800 pb: 1:59.77 -14. 3 World Youth 800 2011; 2 WJC 800 2012 (5 1500); 1 ETCh 800 2013; ht WCH 800 2013; 4 COM 800 2014; 7 ECH 800 2014; sf WCH 1500 2017; 14 COM 1500 2018; 1 WSG 5000 2019; 6 ETCh 1500 2019; ht WCH 5000 2019; 17 OLY 10,000 2021 (ht 5000); 11 WCH 10,000 2022 (13 5000); 5 COM 10,000 2022. At EXC: 2012-12J, 2014-2J, 2016-12u22, 2017-3u23, 2018-4 Relay, 2019-6. 2021-4. 1 UK 5000 2020/2021. Coach/father-Mick Judd. 1.80 tall
Her younger sister Jodie Judd was 6th at 5000m at the 2019 European under-23 Championships
In 2022: 5 Houston Half Mar; 1 Manchester Trafford 10K; 4 Mt SAC Relays Elite 5000; 1 Tempe Twilight; 1 British Universities 1500; 1 UK 10,000; 6 Birmingham Diamond 5000; 1 Loughborough International 1500; 2 Watford International BMC 1500; 13 Oslo Diamond 5000; 2 UK 5000; 11 WCH 10,000 - setting a 45-second pb - (13 5000); 5 COM 10,000; 10 ECH 10,000; Married British 14:08.54 5000m runner Rob Warner on September 10, 2022, he also changed his name to Warner-Judd; 1 Leeds 10K; 1 Liverpool XC
- 627 DATTKE Miriam GER 24y**
Close fourth at 2022 European Championship Marathon // Marathon pb: 2:26:50 -22. Half Mar pb: 69:43 -20. 10,000 pb: 31:33.77 -21. 10K pb: 31:43 -22. 12 World Youth 3000 2015; 1 EJC 5000 2017; 2 under-23 ECH 10,000 2019 (4 5000). At EXC: 2016-34J, 2018-3J, 2019-6u23. 1 German Half Mar 2021. Coach-Kurt Ring
Marathons (3): dnf Frankfurt 2019, 11 Seville 2022, 4 ECH 2022
In 2022: 11 Seville Marathon; dnf Bavarian 10,000; 1 Regensburg Challenge 3000; 11 Herzogenaurach 5K (pb 15:47); 1 Regensburg Gala 3000; 1 Berlin 'City Night' 10K (pb 31:43); 4 ECH Marathon (pipped for the bronze by Nienke Brinkmann NED, both clocked the same time of 2:28:52); 3 German XC
- 629 GRANZ Caterina GER 28y**
2019 World Student Games Champion at 1500m // 1500 pb: 4:05.60 -19. 5000 pb: 15:46.64 -18. ht WJC 1500 2012; 12 EJC 1500 2013; ht ECH 1500 2018; 1 WSG 1500 2019; 2 ETCh 1500 2019; ht WCH 1500 2019; ht EIC 1500 2021; sf OLY 1500 2021. At EXC: 2012-41J, 2013-36J, 2016-6u23, 2017-55, 2018-25. 1 German 1500 2019. She lived and trained in the UK (Ealing) on her gap year in 2012/2013. she was a member of the Ealing Southall & Middlesex club (and 2nd English junior 1500 2013)
In 2022: 4 German 1500; 11 Stockholm Diamond 1500; 1 Frankfurt am Main 1500; 5 Pfungstadt 1500; 6 Düsseldorf Road Mile; dnf Szczecin 800; 4 German XC
- 634 KLEIN Hanna GER 29y**
2017 World 1500m finalist. 2021 European indoor bronze at 1500m // 1500 pb: 4:02.58 -21. 3000 pb: 8:44.61i -22, 8:45.00 -19. 5000 pb: 14:51.71 -22. 7 Youth Olympic 1000 2010; 8 EJC 800 2011; 8 under-23 ECH 1500 2015; 9 EIC 3000 2017; 2 ETCh 3000 2017; 11 WCH 1500 2017 (2019-ht, 2022-sf); 1 WSG 5000 2017; ht WIC 1500 2018; dnf ECH 5000 2018; 3 EIC 1500 2021; ht OLY 1500 2021; 11 WIC 3000 2022; 5 ECH 1500 2022. At EXC: 2018-31. 1 German 5000 2018 & 1500 2020/2021/2022. 1 German indoor 1500 2019/2020 & 3000 2020/2021/2022. Coach-Isabelle Baumann
In 2022: 1 German indoor 3000; 11 WIC 3000; 1 Stanford Jordan Invitational 1500; 4 San Juan Capistrano 'Track Meet' 5000; 5 Birmingham Diamond 5000; 11 Rome Diamond League 1500; 2 Marseille International 1500; 1 German 1500 (dnf 5000); 8sf WCH 1500; 1 Pfungstadt 800; 5 ECH 1500; 2 Düsseldorf Road Mile; 1 Tübingen 9K; 1 Munich XC; 5 Nijmegen 'Seven Hills' 15K; 2 German XC

- 635 KLOSTERHALFEN Konstanze GER 25y**
 ("Koko")
 2022 European Champion at 5000m. 2019 World 5000m bronze. German record holder at Mile, 2000m, 3000m, 5000m & 10,000m
 10,000 pb: 31:01.71 -21. 5000 pb: 14:26.76 -19. 3000 pb: 8:20.07 -19. 1500 pb: 3:58.92 -17. 800 pb: 1:59.65 -17. 4 Youth Olympic 1500 2014; 3 EJC 1500 2015; 3 WJC 3000 2016; sf OLY 1500 2016; 2 EIC 1500 2017/2019; 1 under-23 ECH 1500 2017; sf WCH 1500 2017; 7 WIC 3000 2018; 3 WCH 5000 2019 2022-ht); 8 OLY 10,000 2021; 1 ECH 5000 2022 (4 10,000). At EXC: 2014-28J, 2015/2016-1J, 2017-2u23, 2021-5. 1 German 1500 2016/2017/2018, 5000 2019, indoor 1500 2017/2018 & indoor 3000 2019. She can play the piano and the flute. She says "When I run, I imagine I'm flying."
 In 2022: 1 College Station Nelson 800/3000; 3 New York Gold Tour Mile; 7 Walnut 1500; 4 Eugene Diamond 2M; 4 Montreuil International 1500; 8 Oslo Diamond 5000; 8ht WCH 5000; In between Oslo and Eugene she caught Covid and missed the German Championships; 7 Chorzów Diamond 3000; 1 ECH 5000 (4 10,000); Five weeks in Kenya; 1 Valencia Half Mar (début, clocked 65:41, beat strong field)
 [In the Munich 5000m, she reeled in long-time leader Yasemin Can on the penultimate lap]
- 639 REH Alina GER 25y**
 2018 European 10,000m bronze, 2021 European Cross Country bronze // Half Mar pb: 69:31 -18. 10,000 pb: 31:19.87 -19. 5000 pb: 15:04.10 -19. 1 EJC 3000/5000 2015; 9 WJC 5000 2016; 8 EIC 3000 2017; 3 ETCh 5000 2017; 2 under-23 ECH 5000 2017/2019; 3 ECH 10,000 2018; 1 under-23 ECH 10,000 2019 (2 5000); dnf WCH 10,000 2019; 2 ECP 10,000 2022; ht WCH 5000 2022; 8 ECH 10,000 2022 (dnf 5000). At EXC: 2013-5J, 2014-4J, 2015-3J, 2016-4J, 2017-1u23, 2021-3. 1 German indoor 3000 2018, 5000 2020/2022 & 10,000 2022
 In 2022: 1 German 10,000; 2 ECP 10,000; 15 Oslo Diamond 5000; 1 German 5000; 10ht WCH 5000; 8 ECH 10,000 (dnf 5000); 2 Munich XC; 1 German XC
- 647 PANAYIOTOPOULOU Ismini GRE 23y**
 Half Mar pb: 78:49 -22. 10,000 pb: 36:17.08 -22. 5000 pb: 16:49.32 -22. At EXC: 2021-56u23
 In 2022: 3 Greek XC; 2 Athens Half Mar; 1 Thessaloníki 10K; 1 Sérres 5000; 2 Greek 10,000; 1 Leiden Half Mar; 1 Thessaloníki 3000; 6 Greek 5000; 2 Athens 10K
- 648 PAPADIMATOU Evyenia GRE 27y**
 10,000 pb: 37:23.20 -21. 5000 pb: 17:18.27 -21. 3000SC pb: 10:38.79 -22. 3 Greek 3000SC 2022
 In 2022: 9 Greek XC; 3 Chalkida 2000SC; 3 Greek 3000SC
- 649 TSOUPAKI Irini GRE 28y**
 10,000 pb: 34:58.67 -22. 5000 pb: 16:32.74 -22. 1 Greek 10,000 2022
 In 2022: 4 Baden-Württemberg indoor 3000; 2 Greek XC; 1 Gerlingen 10,000; 1 Greek 10,000 (2 5000); 14 Karlsruhe 'Long Run Night' 5000; 17 ECP 10,000 'B'; 2 Hockenheim 10K; 3 Athens 10K
- 650 BOHM Lilla HUN 28y**
 Twice Hungarian Champion at 10,000m // 10,000 pb: 34:13.54 -22. 5000 pb: 16:01.28 -22. 1500 pb: 4:19.03 -17. 13 World Military Games 5000 2019. 1 Hungarian XC 2019/2020/2021; 1 Hungarian 10,000 2020/2022 & 5000 2021
 In 2022: 1 Hungarian 10,000; 3 Miskolc 5000; 2 Hungarian 5000; 1 Hungarian Super League Final 5000; 1 Hungarian Teams 5000 (3 1500)
- 658 FINN Michelle IRL 32y**
 8x Irish Steeplechase Champion // 3000SC pb: 9:29.25 -21. 5000 pb: 15:42.79 -20. 3000 pb: 9:05.89 -20. 35 World Junior Mountain Running Champs 2007; 16 European Junior Mountain Running Champs 2008; 4 WSG 3000SC 2013 (2017-14); ht WCH 3000SC 2015/2019; 7 ECH 3000SC 2016 (2018-ht, 2022-14). At EXC: 2014-23, 2015-54, 2016-33, 2017-40, 2018-51, 2021-46. 1 Irish 2012/2013/2016/2018/2019/2020/2021/2022 & 5000 2020. Studied Communications in Western Kentucky University and then the University of Limerick. In 2019 took a career break to move to Australia and train for Tokyo 2020/2021. Club-Leevale. Coach-Feidhlim Kelly
 In 2022: dnf Sheffield BMC 5000; 5 European Clubs Cup XC; 1 Irish Indoor Games 3000; 2 Irish indoor 3000; 1 Bohermeen Half Mar; 10 San Juan Capistrano 'Track Meet' 5000 'B'; dnf Poznań 2000SC; 2 Rehlingen; 6 'Meeting Madrid' 3000SC; 1 Irish 3000SC; 14 ECH 3000SC; 1 'Great' Scottish Half Mar; 4 Forli 5K; 4 'Great' South 10M; 3 Irish XC
- 659 FLANAGAN Eilish IRL 25y**
 2019 European under-23 steeplechase silver (behind Anne Emilie Møller) 3000SC pb: 9:34.86 -21. 5000 pb: 15:40.14 -20. 2 under-23 ECH 3000SC 2019. ht OLY 3000SC 2021; 6 COM 3000SC 2022; ht ECH 3000SC 2022. At EXC: 2018-16u23, 2019-9u23, 2021-15. 1 NCAA div 2 2021. Was at Adams State University in Alamosa, Colorado, as does her twin sister Roisin Flanagan (15:38.27 for 5000), Roisin is three minutes younger. Club-Finn Valley. Coach-Damon Martin
 In 2022: 2 Boston Hemery 5000 'B'; dnf Grand Junction Maverick Invite 10,000; 2 Nashville Festival 3000SC; 6 COM 3000SC (for Northern Ireland); 12ht ECH 3000SC; 5 Germantown 'Sugar Run' 5K
 She replaces Ciara Mageean (ill) in the Irish squad for Turin
- 660 FLANAGAN Roisin IRL 25y**
 2021 Northern Irish 1500m Champion // 10,000 pb: 36:02.72 -22. 5000 pb: 15:26.76 -22. 3000 pb: 8:57.79 -21. 1500 pb: 4:15.50 -21. 11 COM 5000 2022. At EXC: 2018-41u23, 2019-17u23, 2021-26. 2 NCAA div 2 indoor Mile 2018/2019. Attends Adams State University in Alamosa, Colorado, as does her twin sister Eilish Flanagan (2 under-23 ECH 3000SC 2019), Eilish is three minutes older. Club-Finn Valley. Coach-Damon Martin
 In 2022: 2 Grand Junction Maverick Invite 10,000; 10 Mt SAC Relays Elite 5000; 18 San Juan Capistrano 'Track Meet' 5000; 2 Eagle Rock Oxy Invitational 1500; 2 Pueblo Colorado State University 'Last Chance'; 2 NCAA div 2 1500 (3 3000); 3 Nashville Festival 5000; 11 COM 5000; 14 ECH 5000; 2 'Boulderthon' Half Mar; 4 Germantown 'Sugar Run' 5K
- 669 McGLYNN AnnMarie IRL 42y**
 (Née Larkin)
 Northern Irish record holder at Half Marathon // Marathon pb: 2:29:34 -21. Half Mar pb: 71:40 -20. 10,000 pb: 33:16.73 -17. 5000 pb: 15:46.08 -22. 42 World Half Mar 2020. At EXC: 97-20J, 98-50J, 99-62J, 2013-48, 2014-46, 2018-57. 1 Northern Irish 800 2013. Son-Alfie, she retired in 2008-2012. Coach-Teresa McDavid
 Marathons (7): 16 Rotterdam 2019, 9 Dublin 2019, 31 Valencia 2020, 3 Pulford 2021, dnf Bad Loipersdorf 2021, 29 ECH 2022, 4 Dublin 2022
 In 2022: 1 Omagh Half Mar; 2 North Belfast Harriers 5000; 25 ECP 10,000; 29 ECH Marathon; 4 Dublin Marathon; 4 Irish XC
She is the oldest female athlete entered for Turin 2022
- 672 MULHARE Mary IRL 29y**
 Half Mar pb: 77:38 -22. 5000 pb: 16:29.03 -18. At EXC: 2009-58J, 2011-70J, 2012-40J, 2014-55u23, 2019-35. 2 Irish XC 2019
 In 2022: 20 Dundonald Northern Irish International XC; 2 'Great' North 10K; 2 Larne Half Mar; 10 Cardiff XC; 7 Milton Keynes XC; 5 Irish XC
- 677 RICHARDSON Aoibhe IRL 26y**
 (Aoibhe pronounced "A-vah") // 10,000 pb: 32:56.52 -21. 5000 pb: 15:43.58 -21. At EXC: 2016-61J, 2018-25u23, 2019-17, 2021-23. Was at University of Portland
 In 2022: 9 Atlanta 5K; 6 Stanford Jordan Invitational 10,000; 28 ECP 10,000; 1 Rockaway NJ 5K; 11 Cape Elizabeth 'Beach to Beacon' 10K; 18 Falmouth Heights 7M; 5 Amorebieta XC; 2 New York 5K; 6 Irish XC
- 684 HALABI Karawan ISR 27y**
 Israeli record holder at 1000m // 10,000 pb: 33:45.87 -22. 5000 pb: 16:48.27 -22. 1500 pb: 4:18.92 -22. 1000 pb: 2:43.99 -22. 3000SC pb: 9:55.76 -22. 4 Balkan 1500 2022. 2 Israeli 10,000 2022
 In 2022: 1 Tel Aviv 1000 (Feb 5); 1 Tel Aviv 1000 (Feb 15); 1 Tel Aviv 10K; 1 Kfar Saba 10K; 1 Jerusalem 10K; 2 Israeli 10,000; 1 Tel Aviv 1500 (May 10); 1 Tel Aviv 3000SC (May 23); 10 ECP 10,000 'B'; 1 Pontoise 1500; 1 Israeli AA Cup 3000SC; 4 Balkan 1500 (5 3000SC); 1 Maccabiah Games 3000; 1 Beernem 3000SC; 1 Rishon Letzion 3000SC
- 687 OPHIR Hadar ISR 25y**
 Full name-Hadar Ophir Forer // 10,000 pb: 36:03.64 -22. 5000 pb: 17:12.17 -22. 1500 pb: 4:34.79 -22. 3 Israeli 5000 2022
 In 2022: 4 Israeli 10,000; 2 Tel Aviv 5000 (May 2); 3 Tel Aviv 1500 (May 10); 2 Tel Aviv 1500 (May 23); 2 Israeli AA Cup 1500; 3 Israeli 1500 (6 800); 2 Antwerp Flanders Cup 5000; 2 Maccabiah Games 3000
- 688 TEFERI Selamawit ISR 28y**
 Broke the Israeli 5000m record to reach the 2021 Olympic final // Half Mar pb: 68:29 -19. 10,000 pb: 31:19.50 -21. 5000 pb: 14:53.43 -21. 6 EIC 3000 2021; 10 OLY 5000 2021 (23 10,000); 12 WIC 3000 2022; ht WCH 5000 2022; 5 ECH 10,000 2022 (8 5000). At EXC: 2021-7. 1 Israeli 1500/5000 2019 & 1500/10,000 2021. Emigrated from Ethiopia in 2017, gained Israeli citizenship in April 2019. Husband Maru Teferi is a 2:06:58 marathoner & 11 WCH 2022 & 2 ECH 222 for Israel. Coach-Dan Salpeter
 In 2022: 12 WIC 3000; 1 Jerusalem Half Mar; 1 Tel Aviv 1500; 1 Jerusalem Half Mar; 14ht WCH 5000; 5 ECH 10,000 (8 5000); 2 Breda Half Mar; 4 Atapuerca XC
- 696 COLLI Gaia ITA 23y**
 10,000 pb: 33:44.90 -21. 5000 pb: 16:00.26 -22. 7 European Junior Mountain Running Champs 2018 (2017-8); 9 World Junior Mountain Running Champs 2018; 14 World Mountain Running Champs 2019; 4 under-23 ECH 10,000 2021. At EXC: 2019-37u23, 2021-64. 1 Italian Mountain Running Champs 2020. Coach-Rento Gotti
 In 2022: 7 Italian XC; 2 Brescia 2000; 1 Rodengo Saiano 3000; 5 Milan Walk & Middle Distance Night; 3 Italian 10,000; 1 Bergamo 5000; dnf ECP 10,000 'B'; 1 Florence Challenge 5000; 5 Milan Mile; 3 Italian 5000; 1 Trento 5000 (4 1500); dnf Italian 10K; 1 Levico Terme XC; 4 Turin La Mandria 'Test' XC
- 700 MOLTENI Cristina ITA 22y**
 10K pb: 34:16 -21. 5000 pb: 16:55.55 -21. 3000 b: 9:30.43 -21
 In 2022: dnf Rodengo Saiano 3000 'B'; 2 Morbegno 10K; 9 Forli 5K; 3 Levico Terme XC; 10 Turin La Mandria 'Test' XC
- 701 MORETTON Michela ITA 22y**
 Under-23 team gold at 2021 European Cross Country Championships // 10K pb: 34:41 -21. 10,000 pb: 34:28.62 -22. 5000 pb: 16:06.15 -22. 2 Mediterranean under-23 5000 2022. At EXC: 2021-48u23
 In 2022: 10 San Vittore Olona XC; 2 Italian under-23 indoor 3000; 17 Italian XC; 2 Conegliano 3000; 6 Italian 10,000; 2 Padua 1500; 3 Zogno 5000; 1 Italian under-23 5000 (4 1500); 6 Italian 5000; 2 Mediterranean under-23 5000; 3 Zola Predosa 5K; 2 Levico Terme XC

- 703 REINA Nicole ITA** 25y
Full name-Nicole Svetlana Reina
Fourth in 2014 Youth Olympic Steeplechase
Half Mar pb: 74:42 -15. 10,000 pb: 34:09.14 -18. 5000 pb: 16:11.12 -20. 3000SC pb: 10:12.91 -14. 5 World Youth 2000SC 2013; 4 Youth Olympic 2000SC 2014; 7 EJC 3000SC 2015; ht WJC 3000SC 2016. At EXC: 2014 -18J. 1 Italian 3000SC 2013 (at age 15, she improved by half a minute). Born-Ukraine, adopted in Italy at age 5. Coach-Giorgio Rondelli
In 2022: 2 Italian short course XC; 3 Nembro 1500; 2 Bergamo 1500/5000; 3 Brescia 5000 (5 1500); 2 Milan 10K; 3 Turin La Mandria 'Test' XC
- 709 SUBANO Maria Gorette ITA** 30y
Her mother Lucia Subano was a 69:24 half marathoner, 19 World Champs 1997 and winner of that year's 'Great' North Run
First came to Italy (Milan) in 2016 but concentrated first on her studies in business administration and making a living as a model. Gained Italian citizenship and trained in Kenya with the group of Eliud Kipchoge. Coach-Giorgio Rondelli, so she trains with Nicole Reina
In 2022: 1 Garda Trentino 10K (unexpected win in 33:55); 9 Turin La Mandria 'Test' XC
- 711 ZANNE Federica ITA** 25y
5000 pb: 16:05.36 -19. 3000 pb: 9:23.39 -22. 11 World Junior Mountain Running Champs 2016; 9 under-23 ECH 5000 2019. At EXC: 2016-40J, 2017-28u23, 2018-23u23, 2019-5u23, 2021-40. Her twin sister Giulia is also an international distance runner. Their coach-Adriano Serina
In 2022: 14 San Giorgio Legnano XC; 9 San Vittore Olona XC; 5 Padua 3000; 22 Italian XC; 4 Bergamo 1500; 2 Trento 1500; 8 Nembro 3000; 2 Brescia 5000; 22 World Military XC; 7 Osimo XC; 6 Turin La Mandria 'Test' XC
- 715 BAKKER Veerle NED** 25y
3s Dutch Steeplechase Champion // 3000SC pb: 9:47.37 -22. 5000 pb: 15:54.19 -22. 3000 pb 9:11.90 -22. 4 EJC 3000SC 2015; 9 ETCh 3000SC 2017; 15 under-23 ECH 3000SC 2017; 12 WSG 3000SC 2017. At EXC: 2015-68J, 2016-13J. 1 Dutch 3000SC 2014/2016/2022. Her younger sister Jasmijn Bakker is also an international distance runner (1 European Youth Olympic Festival 2000SC 2015)
In 2022: 2 Portland L&C Spring Break Open 1500 (dnf 3000SC); 12 Stanford Invitational 5000; 7 Mt SAC Relays Elite 3000SC; 7 Azusa Clay Invitational 1500; dnf Oregon State High Performance Meet 10,000; 4 Eugene Oregon Twilight 3000SC; 1 Portland Distance Carnival 1500; dnf Portland Distance Carnival 5000; 8ht NCAA West 3000SC; 1 Dutch 3000SC (7 1500); 1 Bergen op Zoom 3000; 4 Barcelona 3000SC; 3 Jyväskylä 3000SC; 2 Pápa 3000SC; 1 Barendrecht 3000 (2 800); 6 Mol XC; 4 Tilburg XC
- 716 JONKMAN Silke NED** 25y
10,000 pb: 32:25.14 -22. 1500 pb: 4:22.22 -21. 11 ECP 10,000 2022; 11 ECH 10,000 2022
In 2022: 6 UK 10,000; 11 ECP 10,000; 2 Dutch 10,000; 11 ECH 10,000; 7 Amsterdam to Zaandam 10M; 1 Groningen 4M; 2 Mol XC; 2 Tilburg XC
- 719 VAN ES Diane NED** 23y
2021 European under-23 5000m bronze // 5000 pb: 15:07.52 -21. 3000 pb: 8:49.55 -22. 1500 pb: 4:09.74 -22. 12 EJC 3000 2017; 3 under-23 ECH 5000 2021; ht OLY 5000 2021; 13 ECH 5000 2022. At EXC: 2018-29J, 2019 -11u23, 2021-43u23. 1 Dutch 5000 2020/2022. Coach-Martien Droog
In 2022: dnf San Juan Capistrano 'Track Meet' 5000; 4 Oordgem IFAM 1500; 1 Manchester International 5000; dnf Samorin PTS 5000; 1 Dutch 5000; 1 Pfungstadt 1500 (pb); 2 Schifflange 1500; 13 Chorzów Diamond 3000 (pb); 13 ECH 5000; dnf Berlin ISTAF 5000; 6 Amsterdam to Zaandam 10M; 4 Tilburg 10K; 4 Breda Half Mar; 2 Groningen 4M; 6 Nijmegen 'Seven Hills' 15K; 3 Tilburg XC
[It is reported that she has withdrawn from the championships with illness]
- 720 GRØVDAL Karoline Bjerkeli NOR** 32y
DEFENDING EUROPEAN CROSS COUNTRY CHAMPION // Half Mar pb: 68:07 -22. 5000 pb: 14:31.07 -22. 3000 pb: 8:33.47 -21. 1500 pb: 4:03.07 -21 (4:05.83 -22). 3000SC pb: 9:13.35 -17. 3 World Youth 2000SC 2007; 1 EJC 3000SC 2007/2009 & 5000 2009; ht WCH 3000SC 2009; 9 ECH 5000 2010 (2014-12, 2022-dnf); ht OLY 5000 2012; 20 World Half Mar 2014; 3 ECH 10,000 2016 (2010-dnf); 7 OLY 5000 2016 (9 10,000); 3 ECH 3000SC 2018; 5 EIC 3000 2019; 13 WCH 3000SC 2019; 14 OLY 5000 2021; 8 WCH 5000 2022 (2013-13, 2015/2019-ht). At WXC: 2010-dnf. At EXC: 2006-2J, 2009 -1J, 2013-5, 2015-3, 2016-3, 2017-3, 2018-3, 2019-2, 2021-1. Her cousin Her cousin Havard Bjerkeli was an international cross-country skier (2003 World Championship sprint silver)
In 2022: 2 Valencia 10K; 3 New York Half Mar; 4 Birmingham Diamond 5000; 7 Rome Diamond League; 4 Oslo Diamond 5000 (14:31.07 to break Ingrid Kristiansen's 36 year-old Norwegian record); 8 WCH 5000;
She was entered for the 1500m, 5000m, and 10,000 in Munich 2022; dnf ECH 5000 (back injury); 1 Jessheim 5K (14:58); 1 Hole 10K (31:00, 23 seconds quicker than in 2021). She has been preparing for Turin at altitude in Flagstaff
- 727 JARZĄBEK Sabina POL** 29y
10,000 pb: 33:58.00 -22. 5000 pb: 16:29.98 -20. 1 Polish 5K & XC 2022
In 2022: 8 Polish 10,000; 1 Polish 5K; 2 Polish 10K; 1 Polish XC
- 745 PRISECARU Claudia ROU** 25y
Sixth at 2022 European Championship steeplechase // 5000 pb: 16:13.91 -21. 3000SC pb: 9:33.41 -22. ht World Youth 2000SC 2013; 11 EJC 3000SC 2015; 3 under-23 ECH 3000SC 2019 (2017-4); 6 ECH 3000SC 2022. At EXC: 2017-68, 2018-66, 2019-24, 2021-52. 1 Romanian 3000SC 2018/2019/2022
In 2022: 2 Romanian indoor 3000 'B'; 4 Huelva 3000SC; 4 Manchester International 3000SC; 2 Balkan 3000SC; 1 Romanian 3000SC; 6 ECH 3000SC
- 748 FINK Anja SLO** 25y
Marathon pb: 2:45:31 -21. 10K pb: 33:54 -22. 10,000 pb: 36:20.47 -21. 5000 pb: 17:21.93 -22. 1 Slovenian 3000/5000 2021, 10,000 2021, Half Mar 2021 & XC 2021
Marathon (1): 2 Ljubljana 2021
In 2022: 2 Split Half Mar; 3 Zagreb Half Mar; 4 Karlovac 10K; 1 Slovenian 3000/5000; 1 Ljubljana Half Mar; 1 Zagreb 5000; 1 Zagreb 10K
- 763 BAHTA Meraf SWE** 33y
2014 European Champion at 5000m. European cross country silver in 2021
10,000 pb: 31:08.05 -21. 5000 pb: 14:49.95 -16. 3000 pb: 8:37.50 -17. 1500 pb: 4:00.49 -17. 5 WJC 1500 2006; 7 African Games 5000 2007 (9 1500); 1 ETCh 5000 2014; 1 ECH 5000 2014 (2016-2); 6 OLY 1500 2016; 4 EIC 1500 2017; 9 WCH 1500 2017; 10 WIC 1500 2018 (12 3000); dq ECH 10,000 2018 (originally 3rd); 4 EIC 3000 2021; 18 OLY 10,000 2021; 17 WIC 3000 2022. 1 Swedish 800 2017, 1500 2017/2021, 5000 2011/2020/2021, 10,000 2020. 1 Swedish indoor 3000 2022. At WXC: 2005-32J, 2006-12J, 2007-6J, 2008-43. At EXC: 2014-3, 2017-2, 2021-2
Allegiance transferee from Eritrea – resident in Sweden since February 2009 after seeking asylum as a political refugee. Gained Swedish citizenship on December 23, 2013 and cleared by World Athletics to represent Sweden from January 14, 2014
Declared ineligible for one year from September 2018 after three whereabouts failures. Sixteen months of her results were annulled, including her 2018 European 10,000m bronze and road 10K marks of 31:09 & 31:38 (meaning that her 2017 31:44 is the Swedish record)
In 2022: 5 Valencia 10K; 1 Swedish indoor 3000; 17 WIC 3000; 3 Montreuil International 5000; 19 Ethiopian World Championship Trial (in Hengelo) 10,000. Withdrew from the European Championships ("she is not where she wants to be form-wise after her [hamstring] injury", we were told). 1 FIN v SWE 10K
- 764 CHRISTIANSSON Sara SWE** 25y
2017 & 2021 Nordic Cross Country Champion // 10,000 pb: 33:54.55 -18. 5000 pb: 15:39.58 -21. 3000 pb: 9:01.42 -19. 1500 pb: 4:11.31 -21. 15 under -23 ECH 5000 2019. At EXC: 2016-27J, 2017-21u23, 2019-16u23, 2021-30. 1 Nordic XC 2017/2021
In 2022: 1 Vänersborg 5K; 1 Lerum 3000; 9 Karlsruhe 'Long Run Night' 5000; 1 Söderköping 5K; 2 Swedish 5000; 1 Gothenberg 5000 (dnf 10,000); 2 FIN v SWE 5000 5000; 2 Swedish short course XC (dnf long course); 6 Nordic XC
- 765 DENISOVA Anastasia SWE** 29y
Full name-Anastasia Denisova Thor
Allegiance transferee from Belarus. Gained Swedish citizenship in September 22, 2021 and cleared by World Athletics to compete for Sweden from September 3, 2022
10K pb: 33:15 -22. 10,000 pb: 33:27.33 -21. 5000 pb: 16:01.37 -19. 3000 pb: 9:12.77 -19. 3 World Orienteering Championships Sprint 2016 (for Belarus). 1 Swedish 10K 2021/2022
In 2022: 1 Mjölby 6K; 1 Västervik 10K; Norrköping 10K; 1 Swedish 10K; 3 FIN v SWE 5000/10K; 1 Swedish short course XC (dnf long course)
- 766 LAHTI Sarah SWE** 27y
Swedish record holder at Half Marathon // Half Mar pb: 68:19 -20. 10,000 pb: 31:11.12 -21. 5000 pb: 15:04.87 -22. 1500 pb: 4:08.00 -21. 3000SC pb: 10:32.61 -12. ht WJC 3000SC 2012; ht WIC 1500 2016; 9 ECH 10,000 2016 (2022-14); 12 OLY 10,000 2016 (2021-dnf); 2 under-23 ECH 10,000 2017 (3 5000); dnf WCH 10,000 2017 (Achilles); ht WCH 5000 2022. At EXC: 2012 -46J, 2015-6u23. 1 Swedish 5000 2016 & indoor 3000 2013/2015/2016
In 2022: 1 Ibiza 10K; 3 Swedish indoor 3000; dnf Berlin Invitational 10K; 2 Málaga 10K; dnf UK 10,000; 7 Birmingham Diamond 5000; 6 Montreuil International 5000; 11 New York 'Mini' 10K; 9 Stockholm Diamond; 1 Utrecht 3000; 10ht WCH 5000; 14 ECH 10,000; dnf Valencia Half Mar; 1 Mol XC; 1 Tilburg XC; 1 Swedish XC
- 768 MENGSTEAB Samrawit SWE** 32y
(Mengsteab aka Mengisteab)
2019 European XC bronze, then sixth in 2021
10,000 pb: 32:33.48 -21. 5000 pb: 15:50.41 -19. 3000 pb: 9:11.65 -19. 3 Youth Olympic Games 3000 2010 (when she was evidently over-age, having been entered by Eritrea with a birthdate of 15 Nov 94); 11 African Games 1500 2011; ht EIC 3000 2021. At EXC: 2018-23, 2019-3, 2021-6. 1 Swedish 10,000 2019/2021/2022. 1 Swedish 5000 2022. 1 indoor 3000 2020 & 1500 2021. 1 Swedish Half Mar & XC 2022
Allegiance transferee from Eritrea – gained Swedish citizenship on March 31, 2017 after living for years in Gothenburg, cleared by World Athletics to represent Sweden on November 2, 2018
Mother of two, her husband is Samuel Tsegay Tesfamariam (ERI), the 2014 World Half Marathon silver medallist. Her brother Awet Mengsteab was the Swedish under-23 at 2000m Steeplechase in 2017. Coach-Ulf Friberg
In 2022: 1 Stockholm 10K; 2 Swedish 10K; 1 Swedish 5000/10,000/Half Mar; 1 FIN v SWE 5000 (2 10K); 21 Copenhagen Half Mar; 2 Lidingsöppet 30K XC; 1 Swedish short course XC; 1 Swedish XC

772 CAN Yasemin TUR 26y

Four successive European Cross Country titles, then 14th in 2021. European 5000m & 10,000m Champion in 2016, then 10,000m again in 2022

Half Mar pb: 66:20 -20. 10,000 pb: 30:26.41 -16. 5000 pb: 14:36.82 -17. 3000 pb: 8:33.29 -19. 1 ECH 5000/10,000 2016; 6 OLY 5000 2016 (7 10,000); 2 EIC 3000 2017; 1 under-23 ECH 5000/10,000 2017; 11 WCH 10,000 2017 (ht 5000); 3 ECH 5000 2018 (4 10,000); 7 World Half Mar 2020; 8 OLY 5000 2021 (11 10,000); 1 ECP 10,000 2022. At WXC: 2017-3 Relay; At EXC: 2016 -1, 2017-1, 2018-1, 2019-1, 2022-14. 1 Turkish indoor 3000/5000 2016; 1 Turkish 10,000 2016. Allegiance transferee from Kenya – formerly Vivian Jemutai. Has lived in Turkey since March 13, 2015, acquired Turkish citizenship on May 25, 2015 and cleared by World Athletics to represent Turkey from March 13, 2016

Not to be confused with the Turkish-born Yasemin Can Arslan (1 Aug 92) who was the World Junior Mountain Running Champion in 2010

In 2022: 1 Serradilla XC; 5 Istanbul Half Mar; 14 Herzogenaurach 10K; 4 Doha Diamond 3000; 1 ECP 10,000; 1 Turkish Super League #1 3000/5000; 9 Oslo Diamond 5000; 1 Mediterranean Games 5000; 1 Islamic Solidarity Games 5000/10,000; 1 ECH 10,000 (2 5000); 1 Turkish Super League #2 3000/5000; 9 Valencia Half Mar; 8 Atapuerca XC; 1 Seville XC

[In the Munich 10,000m she broke clear in the 8th kilometre with a 67.81 lap; she used a similar tactic in the third km of the 5000m, but then was caught by Konstanze Klosterhalfen]

HER 26th BIRTHDAY ON SUNDAY, DECEMBER 11, 2022

775 KAYA ALICI Ozlem TUR 32y

2016 European steeplechase bronze // 3000SC pb: 9:30.23 -15. 10,000 pb: 33:51.32 -12. 5000 pb: 16:16.20 -14. 11 under-23 ECH 3000SC 2011; ht OLY 3000SC 2012/2016; ht EIC 3000 2015; 3 WSG 3000SC 2015/2017; 13 WCH 3000SC 2015 (2017-ht, 2019-ht); 3 ECH 3000SC 2016 (2012-ht, 2014 -14, 2018-ht); ht EIC 1500 2019; 1 Balkan 3000SC 2019. At EXC: 2006-70J, 2008-25J, 2009-59J, 2013-31, 2014-28, 2016-13, 2017-26, 2018-24

In 2022: 1 Adana 10K; 2 Turkish indoor 3000; 4 Balkan indoor 3000; 2 Turkish Super League #1 3000SC; 2 Turkish 3000SC; 2 Turkish Super League #2 3000SC

776 MECHAAL Emine Hatun TUR 27y

(Née Tuna)

2014 European Junior Cross Country Champion // 10,000 pb: 33:43.41 -15. 5000 pb: 16:03.90 -17. 3000 pb: 9:06.85 -14. 12 World Youth 3000 2011; ht WJC 1500 2012; 2 EJC 3000 2013 (4 5000); 6 WJC 3000 2014 (ht 1500, dnf 5000); 6 under-23 ECH 10,000 2015; 4 under-23 ECH 5000 2017. 1 Balkan 3000 2022. At EXC: 2011-77J, 2012-92J, 2013-9J, 2014-1J, 2015-27u23, 2016-23u23

In 2022: 17 Elgoibar XC; 4 Ibiza 10K; 2 Valencia Grand Prix 3000; 6 Sabadell Catalonian International; 1 Turkish indoor 3000 (2 1500); 2 Balkan indoor 3000; 6 Andújar 5000; 2 Turkish Super League #1 3000/5000; 1 Balkan 3000; 2 Turkish Super League #2 5000; 8 Mediterranean Games 5000; 17 San Sebastián XC; 34 Seville XC

[Her husband Adel Mechaal ESP (5 OLY 1500 2021) just missed selection for Turin]

781 NEMCHENKO Maryna UKR 26y

Marathon pb: 2:35:31 -21. Half Mar pb: 73:14 -22. 10,000 pb: 33:44.13 -17. 5000 pb: 16:08.72 -17. 12 World Youth 3000 2013; 5 under-23 ECH 10,000 2017 (10,1000). At EXC: 2015-74J, 2016-31u23, 2017-29u23, 2018-62u23

Marathon (1): 1 Bila Tserkva 2022 (Ukrainian Championships), 51 ECH 2022
In 2022: 6 Poznań 10K; 51 ECH Marathon; 1 Ukrainian short course XC; 29 World Military XC; 10 Bydgoszcz XC; 1 Ukrainian XC; 5 Boulogne-Billancourt Half Mar (pb 73:14)