

SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF35 Frauen - Donne

Infos a: edmund.lanziner@gmail.com

60m	9"25	Niedermayr Erika (61)	Ancona	28/02/15
100m	12"3	Schäfer Renate (56)	Brunico	29/05/91
200m	25"24	Rossi Erica (55)	Trento	13/05/90
400m	56"07	Rossi Erica (55)	Bolzano	16/06/90
800m	2'18"70	Pirhofer Rosita (56)	Cesenatico	10/09/98
1500m	4'28"46	Moser Elisabeth (61)	Milano	04/07/97
3000m	9'22"25	Weissteiner Silvia (79)	Caprino Verone	31/05/14
5000m	15'36"36	Weissteiner Silvia (79)	Gavardo	17/05/15
10000m	35'52"18	Moser Elisabeth (61)	Gateshead	31/07/99
21,097km	1h13'28	Weissteiner Silvia (79)	Bologna	13/09/15
Marathon	2h32'35	Weissteiner Silvia (79)	Torino	04/10/15
5km Gehen/marcia				
60Hs	10"14	Niedermayr Erika (61)	Ancona	28/02/15
100Hs (h.0,84)	14"00**	Niedermayr Erika (61)	Trento	05/07/96
200Hs (h.0,76)	28"63**	Niedermayr Erika (61)	Brescia	08/09/96
400Hs (h.0,76)				

	1,50	Mattedi Waltraud (60)	Giglioli Bolzano	01.10.95
Hoch/alto	1,50	Marzia (77)	Modena	05.07.14
Weit/lungo	5,57	Niedermayr Erika (61)	Lana	28/09/96
Drei/triplo	9,35	Gang Judy (73)	Orvieto	29/06/13
Stab/asta				
Kugel/peso (4kg)	12,73	Schäfer Renate (56)	Trento	13/04/91
Diskus/disco (1kg)	44,64	Mattedi Waltraud (60)	Wattens	23/09/95
Hammer/martello (4kg)	38,20	Mattedi Waltraud (60)	Trento	13/04/96
Speer/giavelotto (600g)	48,34	Mattedi Waltraud (60)	Bolzano	01/10/95
Martellone (9,08 kg)				
Siebenkampf/eptatlon				
Fünfkampf/pentathlon				

4x100m	57"38	SUEDTIROL TEAM CLUB Niedermayr Erika (61)- Ploner Inge (62)- Prast Renate (61) - Senfter Irene (71)	Merano	06/06/12
4x400m	4'32"04	SUEDTIROL TEAM CLUB Senfter Irene (71) - Mattedi Waltraud (60) – Barbi Lanziner Rosanna (58) – Niedermayr Erika (61)	Cosenza	02/10/11
4x800m	10'30"02	SUEDTIROL TEAM CLUB Barbi Lanziner Rosanna (58)- Ploner Inge (62) – Senfter Irene (71) - Teissl Christina (66)	Gorizia	09/06/13
100+200+300+400	2'40"61	SUEDTIROL TEAM CLUB Prast Renate (61) – Ploner Inge (62) - Barbi Lanziner Rosanna (58) - Teissl Christina (66)	Gorizia	09/06/13

* Indoor

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SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF40 Frauen - Donne

Infos a: edmund.lanziner@gmail.com

60m	9"25	Niedermayr Erika (61)	Ancona	28/02/15
100m	13"66	Veronesi Johanna (74)	Montecassiano	16/09/17
200m	28"46	Veronesi Johanna (74)	Salò (BS)	30/09/17
400m	1'05"98	Teissl Christina (66)	Bastia Umbra	19/09/15
800m	2'18"70	Pirhofer Rosita (56)	Cesenatico	10/09/98
1500m	4'53"75	Teissl Christina (66)	Comacchio	24/06/12
3000m	10'35"51	Teissl Christina (66)	Trento	05/08/08
5000m	18'57"62	Teissl Christina (66)	Rovereto	30/06/11
10000m	39'45"28	Pircher Petra (71)	Lana	22/06/11
21,097km	1h21"22	SCHWEIGKOFER Andrea (84)	Brescia	10/03/24
Marathon	2h56'33	Thaler Edeltraud (66)	Berlin	30/09/12
60Hs	10"14	Niedermayr Erika (61)	Ancona	28/02/15
80Hs (h.0,76)	12"62	Niedermayr Erika (61)	Cattolica	29/06/09
100Hs (h.0,84)				
200Hs (h.0,76)	32"29	Niedermayr Erika	Merano	07/06/12
400Hs (h.0,76)	1'23"21	Senfter Irene (71)	Rovereto	30/06/11
2000s	8'17"08	Senfter Irene (71)	Cosenza	01/10/11
Hoch/alto	1,46	Deromedi Giuliana (65)	Bastia Umbra	20/09/15
Weit/lungo	4,60	Deromedi Giuliana (65)	Merano	17/06/15
Drei/triplo	9,35	Gang Judy (73)	Orvieto	29/06/13
Stab/asta				
Kugel/peso (4kg)	7,97	Ricci Francesca (62)	Rovereto	29/06/11
Diskus/disco (1kg)	41,87	Mattedi Waltraud (60)	Trento	01/07/00
Hammer/martello (4kg)				
Speer/giavelotto (600g)	45,37	Mattedi Waltraud (60)	Trento	01/07/00
Kurzer Hammer- Martellone (9,08 kg)				
Siebenkampf/eptatlon				
Fünfkampf/pentathlon				
SÜDTIROL TEAM CLUB				
4x100m	57"38	-Niedermayr Erika (61)- Ploner Inge (62)- Prast Renate (61) - Senfter Irene (71)	Merano	06/06/12
SÜDTIROL TEAM CLUB -Senfter				
4x400m	4'32"04	Irene (71) - Mattedi Waltraud (60) – Barbi Lanziner Rosanna (58) – Niedermayr Erika (61)	Cosenza	02/10/11
SÜDTIROL TEAM CLUB -Barbi				
4x800m	10'30"02	Lanziner Rosanna (58)- Ploner Inge (62) – Senfter Irene (71) - Teissl Christina (66)	Gorizia	09/06/13
SÜDTIROL TEAM CLUB -Prast				
100+200+300+400	2'40"61	Renate (61) – Ploner Inge (62) - Barbi Lanziner Rosanna (58) - Teissl Christina (66)	Gorizia	09/06/13
* Indoor				

SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF45 Frauen - Donne

Infos a: edmund.lanziner@gmail.com

60m	9"25	Niedermayr Erika (61)	Ancona	28/02/15
100m	13"83	Niedermayr Erika (61)	Cattolica	20/06/09
200m	28"59	Niedermayr Erika (61)	Cattolica	21/06/09
400m	1'05"98	Teissl Christina (66)	Bastia Umbra	19/09/15
800m	2'25"67	Teissl Christina (66)	Trento	30/07/13
1500m	4'53"75	Teissl Christina (66)	Comacchio	24/06/12
3000m	10'47"87	Pircher Petra (71)	Bozen	03/06/17
5000m	18'36"62	Egger Waltraud (50)	Riccione	07/09/07
10000m				
21,097km	1h22"22	Pircher Petra (71)	Verona	18/02/18
Marathon	2h55"50	WEISSTEINER Doris (77)	Hamburg	28/04/24
60Hs	10"14	Niedermayr Erika (61)	Ancona	28/02/15
80Hs (h.0,76)	12"62**	Niedermayr Erika (61)	Cattolica	29/06/09
200Hs (h.0,76)	32"29	Niedermayr Erika	Merano	07/06/12
400Hs (h.0,76)				
2000s				
Hoch/alto	1,46	Deromedi Giuliana (65)	Bastia Umbra	20/09/15
Weit/lungo	4,60	Deromedi Giuliana (65)	Merano	17/06/15
Drei/triplo	8,91	Ploner Inge (62)	L'Aquila	18/09/16
Stab/asta				
Kugel/peso (4kg)	7,97	Ricci Francesca (62)	Rovereto	29/06/11
Diskus/disco (1kg)	36,18	Mattedi Waltraud (60)	Comacchio	23/06/12
Hammer/martello (4kg)				
Speer/giavelotto (600g)	35,13	Mattedi Waltraud (60)	St. Christina	04/06/11
Martellone (9,08 kg)				
Siebenkampf/eptatlon				
Fünfkampf/pentathlon				
		SUEDTIROL TEAM CLUB		
4x100m	57"38	-Niedermayr Erika (61)- Ploner Inge (62)- Prast Renate (61) - Senfter Irene (71)	Merano	06/06/12
		SUEDTIROL TEAM CLUB		
4x400m	4'32"04	-Senfter Irene (71) - Mattedi Waltraud (60) – Barbi Lanziner Rosanna (58) – Niedermayr Erika (61)	Cosenza	02/10/11
		SUEDTIROL TEAM CLUB -Barbi		
4x800m	10'30"02	Lanziner Rosanna (58)- Ploner Inge (62) – Senfter Irene (71) - Teissl Christina (66)	Gorizia	09/06/13
		SUEDTIROL TEAM CLUB -Prast		
100+200+300+400	2'40"61	Renate (61) – Ploner Inge (62) – Barbi Rosanna (58) - Teissl Christina (66)	Gorizia	09/06/13

* Indoor

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SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF50 Frauen - Donne

Infos a: edmund.lanziner@gmail.com

60m	9"25	Niedermayr Erika (61)	Ancona	28/02/15
100m	14"13	Niedermayr Erika (61)	Rovereto	29/06/11
200m	28"74	Niedermayr Erika (61)	Comacchio	24/06/12
400m	1'08"13	Barbi Rosanna (58)	Cosenza	30/09/11
800m	2'28"77**	Egger Waltraud (50)	Aarhus	30/07/04
1500m	4'53"89**	Egger Waltraud (50)	Potsdam	21/08/02
3000m	10'55"74**	Egger Waltraud (50)	Salerno	02/10/05
5000m	18'36"62	Egger Waltraud (50)	Riccione	07/09/07
10000m	43'27"24	Pattis Rosa (52)	Riccione	12/09/07
21,097km	1h26'05	Egger Waltraud (50)	Salzburg	14/10/01
Marathon	3h26'07	Doris Gritsch (72)	Rotterdam	14/04/24
60Hs	10"14	Niedermayr Erika (61)	Ancona	28/02/15
80Hs (h.0,76)	12"86**	Niedermayr Erika (61)	Rovereto	29/06/11
200Hs (h.0,76)	32"29**	Niedermayr Erika (61)	Merano	07/06/12
300Hs (h.0,76)	50"73 **	Niedermayr Erika (61)	Comacchio	23/06/12
Hoch/alto	1,46	Deromedi Giuliana (65)	Bastia Umbra	20/09/15
Weit/lungo	4,60	Deromedi Giuliana (65)	Merano	17/06/15
Drei/triplo	8,91	Ploner Inge (62)	L'Aquila	18/09/16
Stab/asta				
Kugel/peso (3kg)	10,95	Schäfer Renate (56)	Rovereto	29/06/11
Diskus/disco (1kg)	36,35	Mattedi Waltraud (60)	Trento	20/06/14
Hammer/martello (3kg)	39,92	Mattedi Waltraud (60)	Jesolo	20/09/14
Speer/giavelotto (500g)	36,86 **	Mattedi Waltraud (60)	Novara	30/09/12
Speer/giavelotto (600g)	35,13**	Mattedi Waltraud (60)	St. Christina	04/06/11
Kurzer Hammer-				
Martellone (7,26 kg)	10,95	Mattedi Waltraud (60)	Catania	08/10/16
Siebenkampf/eptatlon	4.731	Niedermayr Erika (61)	Gorizia	09/06/13

13.46 (0.3) / 874 1.39 / 855 8.80 / 601 30.63 (-0.3) / 762 4.25 (-0.2) / 648 20.58 / 421 3:04.00 / 570

Fünfkampf/pentathlon

SUEDTIROL TEAM CLUB - Niedermayr Erika (61) - Ploner Inge (62) - Prast Renate (61) - Teissl Christina (66)				
4x100m	58"34		Merano	12/06/13
SC MERAN - PIRCHER Caecilia Maria (54) - EGGER Waltraud (50) - GANG Judy - LANG Edith				
4x200m	2'26"39		Ancona	01/03/15
SUEDTIROL TEAM CLUB - Senfter Irene (71) - Mattedi Waltraud (60) - Moser Elisabeth (61) - Ploner Inge (62)				
4x400m	4'41"02		Jesolo	21/09/14
SUEDTIROL TEAM CLUB -Teissl Christina (66) - Barbi Lanziner Rosanna (58) - Mattedi Waltraud (60) - Moser Elisabeth (61)				
4x800m	10'35"05 **		Bologna	13/05/12
SUEDTIROL TEAM CLUB -Prast Renate (61) - Ploner Inge (62) - Barbi Lanziner Rosanna (58) - Teissl Christina (66)				
100+200+300+400	2'40"61		Gorizia	09/06/13

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SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF55 Frauen - Donne

Infos a edmund.lanziner@gmail.com

60m	10"18	Zorzi Ingeborg (48)	Dornbirn	26/02/12
100m	14"34	Prast Renate (61)	Grosseto	11/06/22
200m	31"49	Prast Renate (61)	Merano	17/06/16
400m	1'10"07	Barbi Rosanna (58)	Trento	24/09/13
800m	2'32"07**	Egger Waltraud (50)	Misano Adriatico	09/09/07
1500m	5'07"30* **	Egger Waltraud (50)	Linz	20/03/06
3000m	10'55"74**	Egger Waltraud (50)	Salerno	02/10/05
5000m	18'36"62	Egger Waltraud (50)	Riccione	07/09/07
10000m	43'27"24.	Pattis Rosa (52)	Riccione	12/09/07
21,097km	1h35'51	Pattis Rosa (52)	Caldaro	01/04/07
Marathon	3h33'19	Pattis Rosa (52)	Lucca	23/10/11
60Hs	12"05	Zorzi Ingeborg (48)	Linz	17/03/06
80Hs	13"69 **	Niedermayr Erika (61)	Arezzo	07/09/16
200Hs (h.0,76)	33"79 **	Niedermayr Erika (61)	Gavardo (BS)	10/09/16
300Hs (h.0,76)	54"37 **	Niedermayr Erika (61)	Arezzo	08/07/16
Hoch/alto	1,34	Zorzi Ingeborg (48)	Misano Adriatico	09/06/06
Weit/lungo	3,80	Zorzi Ingeborg (48)	Misano Adriatico	02/10/05
Kugel/peso (3kg)	10,97	Mattedi Waltraud (60)	Arezzo	01/07/18
Diskus/disco (1kg)	36,04 **	Mattedi Waltraud (60)	Ancona	28/02/15
Hammer/martello (3kg)	36,73	Mattedi Waltraud (60)	Catania	08/10/16
Speer/giavelotto (500g)	34,80	Mattedi Waltraud (60)	Catania	08/10/16
Martellone (7,26 kg)	10,95	Mattedi Waltraud (60)	Catania	08/10/16
Siebenkampf/eptatlon WMA 2010	4.991 **	Zorzi Ingeborg (48)	Riccione	05/09/07
<i>80hs0.76 15"74 (5.8)-1.33-Peso (3) 8.09-33"89 (0.6)-3.50 (-3.2)-Giav (500) 23.11-3'14"31</i>				
Fünfkampf/pentathlon WMA 2010	3.076 * **	Zorzi Ingeborg (48)	Linz	17/03/06
<i>60hs(0.76x7) 12"05-1.25-Peso (3) 7.73-3.75-3'24"39</i>				
Werfer Fünfkampf - pentathlon lanci	4.186 **	Mattedi Waltraud (60)	Catania	08/10/16
<i>Peso 9,79 - Disco 34,74 - Martello 36,73 - Martello MC 10,95 - Giavelotto 34,80</i>				
4x100m	58"12	SUEDTIROL TEAM CLUB - VERONESI Johanna(74) - PRAST Renate(61) - MATTEDI Waltraud(60) - NIEDERMAYR Erika(61)	Tivoli	04/07/21
2x200m	2'21"76	SC MERAN - GANG Juddy (73) - EGGER Waltraud (50) - ZORZI Ingeborg (48) - LANG Edith (68)		
4x400m	4'52"5	SUEDTIROL TEAM CLUB - BARBI Rosanna(58) - SENFTER Irene(71) - MOSER Elisabeth(61) - TEISSEL Christina(66)	Abbadia San Salvatore (SI)	26/05/19
4x800m	11'15"76 **	SUEDTIROL TEAM CLUB Ploner Inge (62) - Moser Elisabeth (61) - Pattis Rosi (52) - Barbi Rosanna (58)	Desenzano	25/05/14
100+200+300+400	2'53"02	SUEDTIROL TEAM CLUB Mattedi Walli (60) Niedermayr Erika (61)- Barbi Rosanna(58)- Moser Lisi (61)	Ancona	23/05/15

SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF60 Frauen - Donne

Infos a edmund.lanziner@gmail.com

60m	8"82 * **	Prast Renate (61)	Ancona	10/02/22
100m	14"34	Prast Renate (61)	Grosseto	11/06/22
200m	32"43	Niedermayr Erika (61)	Bolzano	02/06/24
400m	1'11"64	Barbi Rosanna (58)	Ariano Irpino (AV)	27/09/19
800m	2'39"58**	Egger Waltraud (50)	Nyiregyhaz	23/07/10
1500m	5'31"52**	Moser Elisabeth (61)	Trento	06/07/21
3000m	11'49"10	Egger Waltraud (50)	Rovereto	19/06/10
5000m	19'55"46**	Egger Waltraud (50)	Roma	11/06/10
10000m	45'16"13	Pattis Rosa (52)	Gorizia	08/06/13
21,097km	1h34'40	GAGLIARDI Paola (63)	Verona	11/02/24
Marathon				
60Hs	11"60 *	Zorzi Ingeborg (48)	Ancona	28/03/09
80Hs H 68.6	14"13**	Niedermayr Erika (61)	Agordo (BL)	24/07/21
200Hs	36,53	Niedermayr Erika (61)	Bolzano	08/05/22
300Hs	56"87	Niedermayr Erika (61)	Roma	21/06/24
2000s				
Hoch/alto	1,30 * **	Zorzi Ingeborg (48)	Clermont Ferrand	17/03/08
Weit/lungo	3,98	Niedermayr Erika (61)	Tivoli	03/07/21
Drei/triplo	7,88	Ploner Inge (62)	Bolzano	12/05/24
Stab/asta				
Kugel/peso (3kg)	10.44**	Mattedi Waltraud (60)	Pistoia	08/10/22
Diskus/disco (1kg)	31.97	Mattedi Waltraud (60)	Bolzano	04/06/21
Hammer/martello (3kg)	33.63	Mattedi Waltraud (60)	Bologna	05/10/24
Speer/giavelotto (400g)	32,67 **	Mattedi Waltraud (60)	Acireale (CT)	24/06/23
Kurzer Hammer-				
Martellone (5,45 kg)	13,46	Mattedi Waltraud (60)	Pescara	28/09/23
Siebenkampf/eptatlon	5413	Zorzi Ingeborg (48)	Lubiana (Slo)	25/07/08
	80hs0.68 15"37 (2.2)-1.28-Peso (3) 7.60-33"44-3.48 (-0.5)-Giav (400) 22.96-3'14"60			
Fünfkampf/pentathlon	3.970**	Zorzi Ingeborg (48)	Ancona	08/03/13
	60hs(0.68x7) 12"06-1.24-Peso (3) 8.25-3.34-3'23"87			
Werfer/Pentathlon/lanci	4328**	Mattedi Waltraud (60)	Pistoia	09/09/21
	Peso Kg 3.000/9.93 / 854	Disco Kg 1,000/31.43 / 854	Martello Kg 3.000/35.92 / 1047	Martello MC Kg 5.450/12.16 / 784
				Giavelotto Gr 500/28.74 / 789
		SÜEDTIROL TEAM CLUB – PRAST Renate(61) – BARBI Rosanna(58) – NIEDERMAYR Erika(61)-VERONESI Johanna(74)	SAN BIAGIO DI CAI	13/07/24
4x100m	1'00"84			
		SÜEDTIROL TEAM CLUB – BARBI Rosanna(58) – PLONER Inge(61) - MOSER Elisabeth(61) – VERONESI Johanna(74)	Bozen	12/05/24
4x400m	5'14"88			
4x800m				
100+200+300+400				

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SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF65 Frauen - Donne

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60m	10"63	Zorzi Ingeborg (48)	Padova	23/02/14
100m	17"12	Zorzi Ingeborg (48)	Trento	07/09/13
200m	35"11	Zorzi Ingeborg (48)	Izmir (Turchia)	22/08/14
400m	1'16"51	Barbi Rosanna (58)	Lignano	07/10/23
800m	2'57"56	Barbi Rosanna (58)	Rovereto	06/09/23
1500m	5'54"96**	Egger Waltraud (50)	Lion (F)	14/08/15
3000m	12'37"38 **	Egger Waltraud (50)	Bastia Umbra	20/09/15
5000m	22'07"54	Egger Waltraud (50)	Lion (F)	07/08/15
10000m				
21,097km				
Marathon				
60Hs	11"77 *	Zorzi Ingeborg (48)	San Sebastian (E)	23/03/13
80Hs (h.0,68)	16"72	Zorzi Ingeborg (48)	Izmir (Turchia)	22/08/14
200Hs				
400Hs				
2000s				
Hoch/alto	1,24 *	Zorzi Ingeborg (48)	Ancona	08/03/13
Weit/lungo	3,77 * **	Zorzi Ingeborg (48)	San Sebastian (E)	21/03/13
Drei/triplo				
Stab/asta				
Kugel/peso (3kg)	9,32	Schäfer Renate	Bolzano	04/06/21
Diskus/disco (1kg)	21,86	Steiner Ingeborg (48)	Montecassiano	22/09/13
Hammer/martello (3kg)				
Speer/giavelotto (400g)	23,85**	Zorzi Ingeborg (48)	Montecassiano	22/09/13
Kurzer Hammer-				
Martellone (5,45 kg)				
Siebenkampf/eptatlon	5244**	Zorzi Ingeborg (48)	Izmir (Turchia)	23/08/14
80hs-16"72; Alto-1,22m; Peso(3)-7,50; 200m-35"11; Lungo-3,62m; Giavelotto-21,71m; 800m-3'34"48.				
Fünfkampf/pentathlon	3.970**	Zorzi Ingeborg (48)	Ancona	08/03/13

60hs(0.68x7) 12"06-1.24-Peso (3) 8.25-3.34-3'23"87

* Indoor

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SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF70 Frauen - Donne

Infos a edmund.lanziner@gmail.com

60m				
100m				
200m	37"44	Zorzi Ingeborg (48)	Arezzo	02/06/18
400m				
800m	3'31"78	Pattis Rosa (52)	Ancona	11/02/22
1500m	6'59"79	Pattis Rosa (52)	Ancona	10/02/22
3000m	14'28"48	Pattis Rosa (52)	Bolzano	08/05/22
5000m				
10000m				
21,097km				
Marathon				
60Hs	12"58*	Zorzi Ingeborg (48)	Ancona	24/02/18
80Hs (h.0,68)	17.17	Zorzi Ingeborg (48)	Grossetto	03/06/18
200Hs				
400Hs				
2000s				
Hoch/alto	1.18	Zorzi Ingeborg (48)	Malaga	10/09/18
Weit/lungo	3.28*	Zorzi Ingeborg (48)	Ancona	23/02/18
Drei/triplo				
Stab/asta				
Kugel/peso (3kg)	7.56	Zorzi Ingeborg (48)	Ancona	22/02/19
Diskus/disco (1kg)				
Hammer/martello (3kg)				
Speer/giavelotto (400g)	19,54	Zorzi Ingeborg (48)	Arezzo	03/06/18
Kurzer Hammer-				
Martellone (5,45 kg)				
Siebenkampf/eptatlon	5269	Zorzi Ingeborg (48)	Arezzo	03/06/18
37.44 (-1.1) / 757; 3:49.36 / 633; 17.17 (1.0) / 994; 1.06 / 818; 3.13 (0.3) / 643; 7.31 / 765; 18.85 / 659;				
Fünfkampf/pentathlon	4.084	Zorzi Ingeborg (48)	Ancona	23/02/18

60hs(0.68x7) 12"85-1.15-Peso (3) 7.52-3.28-3'43"53

* Indoor

** Italienrekord

SÜDTIROL - ALTO ADIGE Landesrekorde/Primati Provinciali

MF75 Frauen - Donne

Infos a edmund.lanziner@gmail.com

60m					
100m					
200m					
400m					
800m	4'13"67	Zorzi Ingeborg (48)	Ancona	09/03/23	
1500m					
3000m					
5000m					
10000m					
21,097km					
Marathon					
60Hs	14"42**	Zorzi Ingeborg (48)	Ancona	10/03/23	
80Hs (h.0,68)					
200Hs					
400Hs					
2000s					
Hoch/alto	1,13**	Zorzi Ingeborg (48)	Ancona	11/03/23	
Weit/lungo	3,06**	Zorzi Ingeborg (48)	Ancona	10/03/23	
Drei/triplo					
Stab/asta					
Kugel/peso (2kg)	8,70	Zorzi Ingeborg (48)	Ancona	09/03/23	
Diskus/disco (1kg)					
Hammer/martello (3kg)					
Speer/giavelotto (400g)	18,92**	Zorzi Ingeborg (48)	Pescara	21/09/23	
Kurzer Hammer- Martellone (5,45 kg)					
Siebenkampf/eptatlon					
Fünfkampf/pentathlon	3713**	Zorzi Ingeborg (48)	Pescara	09/03/23	
	Hs	Alto	Peso	Lungo	800 m
	551	806	747	578	426
	15.75s	1.09m	8.70m	3.00m	4:13.67

* Indoor

** Italienrekord