

TIMETABLE

DAY 1 p.m. - Saturday, 10 September				DAY 2 a.m./p.m. - Sunday, 11 September			
16:55	Javelin Throw	W	F	09:00	20km walk	M	F
17:05	Long Jump	W	F	09:00	20km walk	W	F
17:10	Pole Vault	W	F				
17:20	200m	M	SF	16:50	400mH	W	VC 15
17:40	800m	W	F	16:45	Discus Throw	W	VC 16
17:40	Javelin Throw	W	F	17:10	20km walk	M	VC 17
17:45	Shot Put	M	F	17:19	20km walk	W	VC 18
17:48	Javelin Throw	W	VC 1	17:00	Hammer Throw	M	F
17:55	110m H	M	F	17:05	400m H	M	F
18:05	800m	W	VC 2	17:10	Pole Vault	M	F
18:15	400m	W	F	17:15	400m	M	F
18:20	Javelin Throw	M	VC 3	17:21	400m extra race	M	
18:25	High Jump	M	F	17:20	Shot Put	W	F
18:30	3000m SC	W	F	17:25	800m	M	F
18:40	Long Jump	M	F	17:30	400m H	M	VC 19
18:43	Long Jump	W	VC 4	17:40	100m H	W	F
18:47	110m H	M	VC 5	17:45	400m	M	VC 20
18:51	400m	W	VC 6	17:45	Triple Jump	W	F
18:55	200m	W	F	17:55	100m	M	F
18:55	Discus Throw	W	F	18:00	800m	M	VC 21
18:58	Shot Put	M	VC 7	18:00	Hammer Throw	W	F
19:05	200m	M	F	18:05	100m	W	F
19:08	Pole Vault	W	VC 8	18:07	100m extra race	W	F
19:12	3000m SC	W	VC 9	18:09	Hammer Throw	M	VC 22
19:20	5000m	M	F	18:13	100m H	W	VC 23
19:39	200m	W	VC 10	18:20	1500m	M	F
19:44	200m	M	VC 11	18:26	Shot Put	W	VC 24
19:50	400m H	W	F	18:29	Triple Jump	W	VC 25
19:54	Long Jump	M	VC 12	18:30	High Jump	W	F
19:58	5000m	M	VC 13	18:34	100m	M	VC 26
20:02	High Jump	M	VC 14	18:40	3000m SC	M	F
				18:45	Triple Jump	M	F
				18:51	100m	W	VC 27
				18:55	1500m	M	VC 28
				19:00	5000m	W	F
				19:05	Discus Throw	M	F
				19:22	Hammer Throw	W	VC 29
				19:26	Pole Vault	M	VC 30
				19:30	4 X 100	M	F
				19:33	Triple Jump	M	VC 31
				19:37	3000m SC	M	VC 32
				19:45	4 X 400	W	F
				19:51	5000m	W	VC 33
				19:55	Discus Throw	M	VC 34
				19:59	High Jump	W	VC 35
				20:04	4 X 100	M	VC 36
				20:08	4 X 400	W	VC 37