

INTERNATIONAL MATCHES ITA – FRA INDOOR U20 & LONG THROWS U20/U23

ANCONA - SATURDAY, 2 MARCH 2019

TEAM MANUAL

Version 28.02.2019

1. GENERAL PROGRAM

Friday 1st March

	Team arrival	Falconara Airport
17:00	Visit of the facilities	Palaindoor
18:00	Technical Meeting	Palaindoor
19:00 – 20:30	Dinner for the teams	Hotel

Saturday, 2nd March

07:00-10:30	Breakfast	Team Hotel
10:00-17:30	Long throws match	Dorico Stadium
11:30-14:00	Lunch	Palaindoor
11:30-11:45	Opening Ceremony	Palaindoor
12:00-18:00	Indoor match	Palaindoor
20:00	Closing Banquet & Awards Ceremony	Touring Hotel

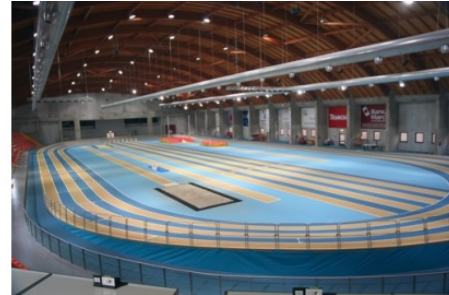
Sunday, 3rd March

Departure of the delegations: Transfer from the hotel to the Ancona airport will be arranged according to the flight schedules submitted by the teams.

2. COMPETITION SITES

Indoor Match:

Palaindoor Ancona
Via della Montagnola 72 – 60127 Ancona



Long Throws Match:

Dorico Stadium - Ancona
Via della Montagnola 72 – 60127 Ancona

3. TECHNICAL INFORMATION - SIGNED CONTRACTS EXTRACTS

3.1 Indoor Match U20 Men and Women

Arena Palaindoor - 6 lanes – 8 on straight
Events 60m – 60m Hurdles – 200m – 400m - 800m – 1500m – HJ – PV – LJ – TJ – SP (6kg men & 4kg women) – walk (5000m men & 3000m women) – 4x200m
60m & 60h two rounds; addition of both times of the athlete, the winner will be the athlete with the fastest aggregate time. DQ or failing to finish will score 10 seconds.
200m lanes 3-4-5-6
LJ, TJ, SP 6 attempts
Number of athletes: 2 per event (+1 out of quota – Team decision) - (1 team 4x200m)
Rankings 5pts – 3 – 2 – 1 (max 2 scores per team) (relay: 4 – 2). Athletes (relay teams) DQ or failing to finish will not score any points. 3 rankings : men + women + mixed
In case of tie: Number of first places (and the 2nd places ...)
Seeding Lanes and orders will be assigned by a predetermined grid drew in the technical meeting (see appendix 3)

3.2 Long Throws Match U20/U23 Men and Women

Venue Dorico Stadium
Events and Implements

	U20M	U23M	U20W	U23W
DT	1.750kg	2kg	1kg	1kg
HT	6kg	7.260kg	4kg	4kg
JT	800g	800g	600g	600g

Number of athletes: 3 including a minimum of 2 U20
Number of throws: 6
Ranking addition of 8 best performances by gender
 3 rankings: men + women + mixed

Seeding Orders will be assigned by a predetermined grid draw in the technical meeting (see appendix 3)

4. OTHER TECHNICAL INFORMATION

4.1 Entries

Teams are invited to send the Forms by **Wednesday 20 February**.

The start lists will be distributed to the Team Leaders after the Technical Meeting.

. After the Technical Meeting, justified changes due to injury, illness or other uncontrollable matters, certified by the medical doctor of the competition, will be possible until the athlete leaves the call room.

. The final confirmation of members of the relay teams and their order will be accepted at the Technical Information Centre (TIC) no later than 60 minutes prior to the start of the relay.

4.2 Technical Meeting

The Technical Meeting will be held on Friday 1st March at 18H00 in the Palaindoor.

Detailed agenda will be distributed upon arrival.

4.3 Implements

. The organisation will provide those which are listed in appendix 4.

. **Poles** shall be presented at the call room in the indoor arena. Poles and pole bags should be clearly marked with the athlete's name and country.

. **Personal Implements** shall be allowed, providing that they:

- have IAAF certification
- are not already on the official list
- are in good conditions and the brand is easily recognised.
- are made available to all the other competitors until the end of the competition

• will be submitted for checking to the TIC at latest one hour before the event.

. **Long Throws**: each athletes will compete with the implement of his/her age category - U20 or U23 (see 3.2 above)

4.4 Spikes

In the Palaindoor the **maximum length of the spikes is 6mm**.

4.5 Competition bibs

After the Technical Meeting, team leaders will receive two bib numbers per athlete: two to be pinned on the front and back (in accordance with IAAF Rules).

4.6 Competition Clothing

IAAF Rule 143 will be applied. Clothing and items not conforming to this Rule and the current IAAF Advertising Regulations will be removed at the Call Room. The competitors must wear the Member Federation's official team clothing. All team members must wear the same uniform. A competitor wearing any other clothing has no access to the competition area and will not be allowed to compete.

The clothing will be checked in the Call Room before entering the infield.

4.7 Timetable

The competition timetable is attached (Appendix 2)

4.8 Call Room

Location

Indoor: it will be located in a specific zone of the Warm Up Track (0 floor)

Long Throws: in the stadium close to the finish line

Athletes arriving late at the Call Room **will** be excluded from participating in the event (r. 142.5)

Competition bibs, Competition clothing, Competition shoes will be checked; it is not permitted to take competition equipment (implements) or any technical devices (radio, walkman, cellular phone, etc.) into the competition arena.

Timetable

Events	Reporting time	Entrance to the venue
Races, hurdles, relays	20 minutes	10 minutes
LJ/TJ/SP	30 minutes	20 minutes
HJ/PV	40 minutes	30 minutes
Long throws	30 minutes	25 minutes

4.9 Starter's Commands

The starter's commands will be given in English.

4.10 Drinking Stations

Water is provided in the Competition site.

4.11 Protests and Appeals

Protests and appeals are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself

or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board). Any

written appeal to the Jury of Appeal must be made in accordance with Rule 146.5 and signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee. When submitting an appeal form, a deposit of EUR 75 must be paid. If the protest is unsuccessful, the deposit will not be returned. The Jury's decision will be provided in writing.

5. ACCOMMODATION

5.1 General Information

The LOC has made accommodation arrangements for team members in 2 hotels of similar standard.

The hotels will be open with full services from Friday 1 march. If members of your federation are planning to arrive earlier, please contact FIDAL (email: internationaldept@fidal.it) well in advance to make sure specific arrangements are made.

5.2 Official Hotels

The official hotels for the INTERNATIONAL MATCHES - Ancona 2019 are indicated below:

Touring Hotel

Via degli Spagnoli, 18, 60015 Falconara Marittima AN

Tel.: +39 071 913136

<https://www.touringhotel.it>

Concorde Hotel

Via Aspigo Terme, 191, 60021 Camerano AN

Tel.: +39 071 95270

<https://www.hotelconcordeancona.com>

5.3 Accommodation Costs

For all athletes within the Quota, the LOC will pay for full board accommodation, for a period limited to the number of competition days plus two.

The official period is thus 1 night¹: check-in on Friday 1 march and check-out on Sunday 3 march.

The following rates apply for team members. Rates include full board accommodation and apply to any additional days for Athletes and:

Groups	Single room	Twin/Triple
Athletes and Official outside the quota	90,00	75,00
Additional night	90,00	75,00

Rates are per person, per night in euros. All prices include VAT.

6. TRANSPORTATION

6.1 Travel to Ancona

6.1.1 Official Airport - Arrival Information

The official airport (AOI Ancona-Falconara), located 10 km from Ancona, where the LOC will provide adequate welcome services. Upon arrival the teams will be met by LOC crew.

After collecting their luggage, team members will be escorted to the official buses by the LOC staff.

The transfer time from AOI airport to the official hotels is approximately 20 minutes.

6.1.2 Arrival by Train

There will be no welcome desk at the main railway station in Ancona. Teams arriving by train will be met by LOC representatives and taken to the team hotel, according to the arrival times given in the final entry system.

6.2 Local Transportation

Transportation between the team hotels and the various venues, including official and social functions, will be guaranteed by the LOC shuttle service.

6.3 Transportation of Equipment

The LOC will provide transport for the delivery of vaulting poles. Upon arrival to the airport, athletes are responsible for taking their vaulting poles to the welcome desk, where LOC team members will assist with the check in. Vaulting poles will then be transported to the warm-up/training venue Palaindoor. LOC will provide a dedicated lorry for this service.

7. MEDICAL AND DOPING CONTROL

7.1 Medical

General

- . It is assumed that each team will have its own medical structure
- . On duty doctor will be available on demand, phone number will be given during the accreditation process.
- . In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112 (free of charge).

At the competition site

- . There will be a room for medical attention. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention.
- . There will also be first aids squad supervised by a doctor.

7.2 Doping Controls

Doping controls will be conducted in accordance with IAAF Rules and Anti-doping Regulations.

Additional athletes may present themselves for testing. These athletes must report to the TIC. The cost of this control will be recharged (527 euros) by the FIDAL to the relevant National Federation.

8. PROTOCOL

8.1 Opening Ceremony

The Opening Ceremony will take place at 11:30 in the Palaindoor. Teams are invited to nominate four athletes to take part: 2 men and 2 women.

8.2 Awards Ceremonies

There will be no individual victory ceremony after each event.

Trophies will be handed over for the winning teams at the final banquet.

- Indoor: men – women – overall
- Long throws: men – women – overall

8.3 Closing Banquet

The Closing Banquet will take place on Saturday at 20:00 at the Touring Hotel.

9. CONTACTS

ITALIAN ATHLETICS FEDERATION

Via Flaminia Nuova, 830
00191 - ROMA

Team Liaison

Barbara Greco

Mobile: +39 351 0219303

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10. APPENDIXES

Appendix 1: Map of Ancona

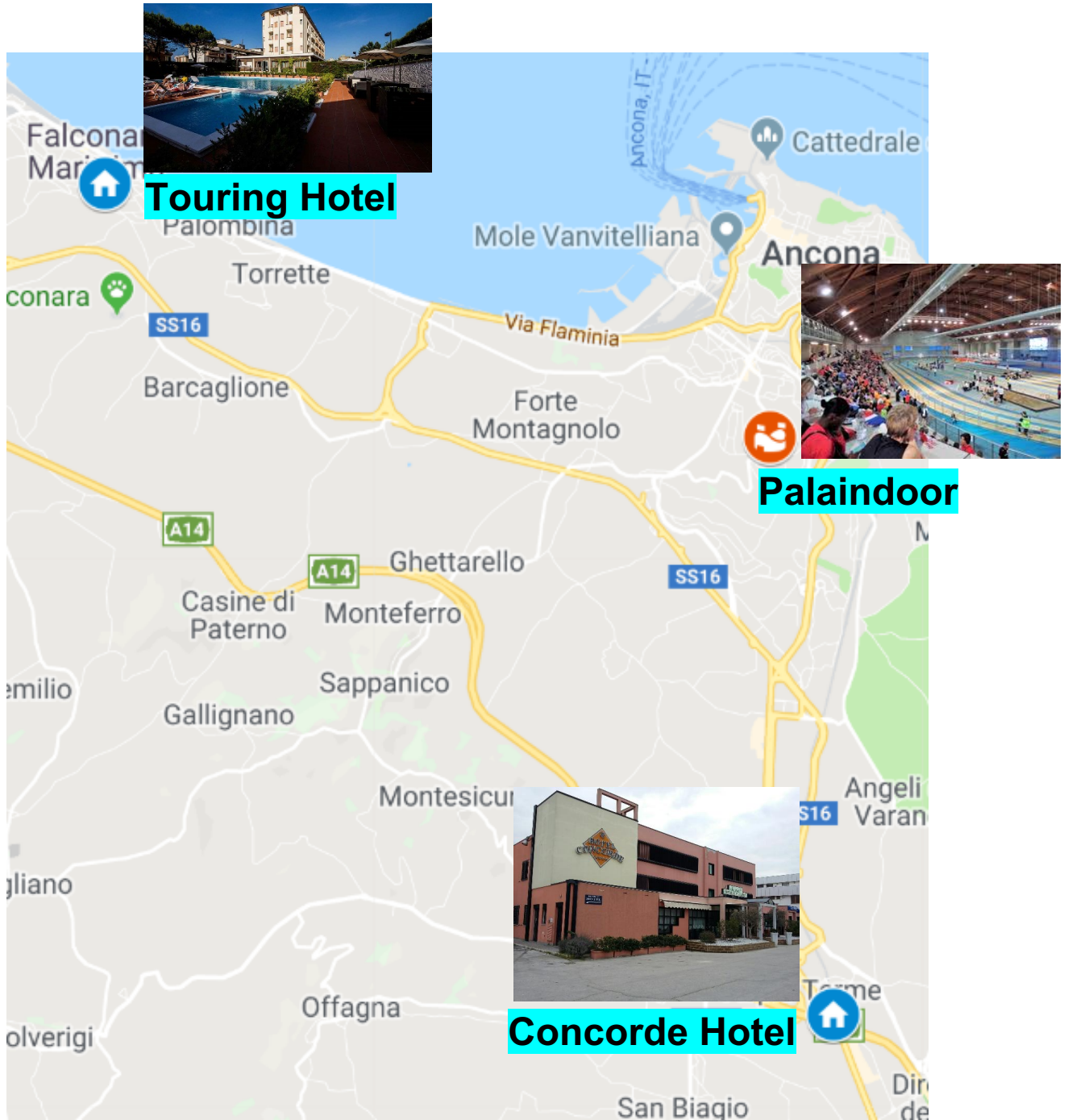
Appendix 2: Timetable

Appendix 3: Seedings

Appendix 4: Entry Forms (4 sheets)

APPENDIX 1

Map of Ancona





APPENDIX 2

Timetable Saturday, 02.03.2019		
Indoor Match FRA-ITA		
	Junior Men U 20	Junior Women U 20
12:05		3000 m Race Walk
12:10	Long Jump	
12:10		Shot Put
12:20	High Jump	
12:30	5000 m Race Walk	
13:05		200 m
13:10	Shot Put	
13:20	200 m	
13:30		Long Jump
13:40		1500 m
13:50		High Jump
13:55	1500 m	
14:15		400 m
14:30	400 m	
14:40	Pole Vault	
15:00		60 m (Round 1)
15:00	Triple Jump	
15:15	60 m (Round 1)	
15:35		60 m H (Round 1)
15:50	60 m H (Round 1)	
16:10		60 m (Round 2)
16:20	60 m (Round 2)	
16:30		Pole Vault
16:30		Triple Jump
16:35		60 m H (Round 2)
16:50	60 m H (Round 2)	
17:00		800 m
17:15	800 m	
17:30		4x200 m Relay
17:45	4x200 m Relay	
Winter Throwing Match FRA-ITA		
	Junior Men U 20 / U 23	Junior Women U 20 / U23
11:15	Javelin Throwing	
12:15		Javelin Throwing
13:30	Hammer Throwing	
14:30		Hammer Throwing
15:45	Discus Throwing	
16:45		Discus Throwing